COPY 2

Columbia University
in the City of New York

THE LIBRARIES

Medical Library

Digitized by the Internet Archive
in 2010 with funding from
Open Knowledge Commons

http://www.archive.org/details/columbiauniversi194546colu

Serial
C
1945/46-1958/59
COPY 2
Spec-611
M-611

Columbia University

IN THE CITY OF NEW YORK

FACULTY OF MEDICINE

The Psychoanalytic and Psychosomatic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

Social C
.N145/N6
Cop 2

COLUMBIA-PRESBYTERIAN MEDICAL CENTER
630 WEST 168TH STREET
NEW YORK 32, N. Y.

FACULTY OF MEDICINE

OFFICERS OF THE FACULTY

Nicholas Murray Butler, LL.D. (Cantab.), D.Litt. (Oxon.), Hon.D. (Paris) — *President of the University*

Willard Cole Rappleye, A.M., M.D., Sc.D. . . . . *Dean*

STAFF OF PSYCHOANALYTIC AND PSYCHOSOMATIC CLINIC

Nolan D. C. Lewis, M.D.
Professor of Psychiatry; Executive Officer, Department of Psychiatry; Director of the New York State Psychiatric Institute and Hospital

George E. Daniels, M.D. . . . . *Chief of Psychosomatic Service*
Clinical Professor of Psychiatry

Sandor Rado, M.D. . . . . *Chief of Psychoanalytic Services for In-Patients and Out-Patients (Director of the Clinic)*
Clinical Professor of Psychiatry

David M. Levy, M.D. . . . . *Chief of Psychoanalytic Service for Children*
Assistant Clinical Professor of Psychiatry

Abram Kardiner, M.D. . . . . *Chairman of the Seminar on Comparative Analysis of Cultures*
Assistant Clinical Professor of Psychiatry

Viola W. Bernard, M.D. . . . . *Associate Psychoanalyst*
Assistant in Psychiatry

Nathan W. Ackerman, M.D. . . . . *Associate Psychoanalyst*
Instructor in Psychiatry

Robert Bak, M.D. . . . . *Associate Psychoanalyst*
Instructor in Psychiatry

GRADUATE RESIDENCY TRAINING IN PSYCHOANALYSIS AND PSYCHOSOMATIC MEDICINE

FOR QUALIFIED PHYSICIANS
LEADING TO THE
DEGREE OF DOCTOR OF MEDICAL SCIENCE (MED.SC.D.)

The Psychoanalytic and Psychosomatic Clinic for Training and Research, established in the Department of Psychiatry of Columbia University in January, 1945, has the following objectives:

1. Graduate residency training for qualified physicians in psychoanalysis and psychosomatic medicine;
2. Research in the field of psychoanalysis and psychosomatic medicine.

For the purposes of training and research, and also to serve the needs of the community, the Clinic maintains four interrelated therapeutic services: (*a*) a psychoanalytic service for in-patients; (*b*) a psychoanalytic service for out-patients; (*c*) a psychosomatic service; and (*d*) a psychoanalytic service for children. These services are located at the New York State Psychiatric Institute and Hospital, the Vanderbilt Clinic, and Babies Hospital at the Columbia-Presbyterian Medical Center.

This Clinic is under the supervision of Dr. Nolan D. C. Lewis, Executive Officer of the Department of Psychiatry, and Director of the New York State Psychiatric Institute and Hospital.

REQUIREMENTS FOR ADMISSION

1. Graduation from a medical school approved by Columbia University.
2. Completion of an internship of not less than one year in a hospital approved by Columbia University.
3. Completion of a personal analysis with an accredited psychoanalyst.

This personal analysis is a basic and indispensable preparation for psychoanalytic training. In this analysis the prospective candidate undertakes a penetrating psychological study of himself. He is expected to explore resolutely and thoroughly the unconscious reaches of his mind, trace his development back to the formative experiences of his childhood, and arrive at a better knowledge and more realistic appraisal of himself as an individual and as a product of a given period and culture. He is expected to overcome his personal difficulties and acquire a greater measure of self-direction, psychological and critical independence, and a more mature outlook upon life.

Prospective applicants should consult the Psychoanalytic and Psychosomatic

Clinic for Training and Research, Department of Psychiatry, Columbia University, for preliminary approval of their contemplated personal analyses. Such preliminary approval does not constitute admission to graduate training.

As a temporary transitional provision, otherwise acceptable candidates may be allowed to complete their personal analyses during the period of graduate training.

4. Approval of application by the Psychoanalytic and Psychosomatic Clinic for Training and Research, Department of Psychiatry, and by the Committee on Graduate Clinical Instruction of the University.

REQUIREMENTS FOR AWARD OF DEGREE

1. Completion of a period of residency training of not less than three years in hospitals and clinics recognized by Columbia University, not less than one year of which must be spent in the Psychoanalytic and Psychosomatic Clinic for Training and Research, Department of Psychiatry, Columbia University, such study to include:

a) A systematic program of lectures and seminars:

Freud's Work: historical review of Freud's writings

Psychodynamics as a Basic Science of Human Behavior: life cycle; sex differentiation; normal, neurotic, and psychotic behavior; experimental psychodynamics

Psychosomatics: the problem of correlation; physiological aspect of behavior; psychodynamic aspect of physiological functions in health and disease

Technique: detection of unconscious processes: dream analysis, interpretation of primitive thought and symbolic expression; action dynamics of analytic therapy: reconstructive technique (psychoanalysis proper), briefer and psychosomatic methods; choice of approach

Psychodynamics and Treatment of Children

Comparative Analysis of Cultures

Methodology: guiding preconceptions and methods of psychological research; comparative synopsis of terminologies

Survey of Literature

Related Subjects

b) Supervised clinical work in the psychoanalytic service for out-patients, minimum six months; in the psychoanalytic service for in-patients, minimum four months; in the psychosomatic service, minimum six months; and in the psychoanalytic service for children, minimum two months.

c) Supervised psychoanalytic treatment (reconstructive technique) of selected patients, minimum of eighteen months.

d) Attendance at case demonstrations and clinical conferences.

e) During the balance of time, throughout the first and second years, residency work in the other branches of psychiatry at the New York State Psychiatric Institute and Hospital, or at another hospital approved by Columbia University.

2. Written, oral, and practical examinations in the theory and practice of psychoanalysis and psychosomatic medicine and the related basic medical sciences.

3. A dissertation on the clinical aspects of psychoanalysis or psychosomatic medicine. The dissertation should be previously unpublished and represent the results of original clinical (or laboratory) investigation, involving the experimental or critical analytic method. It should show evidence of an interest which extends beyond the clinical limits of the specialty and familiarity with the basic medical science which is related to the problem. It is not essential that the investigation be carried out in the laboratory of a basic science department, but it is desirable that a member of a basic science department be one of the advisers and be familiar with its progress. Series of case reports are not considered acceptable.

POSTGRADUATE (NON-DEGREE) PROGRAM

Postgraduate training in psychoanalysis and psychosomatic medicine is offered as a temporary wartime provision. Its primary purpose is to meet the needs of physicians returning from military service. With the closing of the demobilization period, postgraduate training in psychoanalysis and psychosomatic medicine will be discontinued. (Postgraduate instruction in this field then will be limited to brief "orientation" courses for qualified physicians and to brief "refresher" courses for trained specialists.)

REQUIREMENTS FOR ADMISSION

Acceptable for postgraduate training in psychoanalysis and psychosomatic medicine are physicians who otherwise meet the requirements listed above under admission to graduate training, but have completed their internships more than two years prior to application.

ADMISSION TO ADVANCED STANDING

Postgraduate students will be allowed credit for:

a) Work done previously in psychoanalysis and psychosomatic medicine, provided such work satisfies the standards of this Clinic;

b) Work in the other branches of psychiatry done previously at hospitals and clinics approved by Columbia University.

COMPLETION OF POSTGRADUATE TRAINING

Postgraduate students are not required to take the examinations in the basic medical sciences nor to write a dissertation. They must, however, meet the same requirements for admission and obtain the same training and experience required of the regular graduate students.

STUDENT TIME SCHEDULE

First Year

For 32 weeks (Oct.–May):

Tuesday, 9–11 Lectures
Thursday, 9–11 Lectures
Saturday, 9–11 Case Demonstrations

During the balance of time, throughout the entire year:

Residency work in the other branches of psychiatry at the New York State Psychiatric Institute and Hospital, or at another hospital approved by Columbia University.

Second Year

For 32 weeks (Oct.–May):

Tuesday, 9–11 Lectures
Thursday, 9–11 Lectures
Saturday, 9–11 Clinical Conferences

Tuesday, Thursday, and Saturday, 11–1: Supervised clinical work (briefer methods) in the Therapeutic Services, beginning February, throughout remainder of year.

Time to be arranged: Supervised psychoanalytic treatment (reconstructive type) of selected patients, about 11 hours weekly, including sessions with supervising instructor, beginning February, throughout remainder of year.

During the balance of time, throughout the entire year:

Residency work in the other branches of psychiatry at the New York State Psychiatric Institute and Hospital, or at another hospital approved by Columbia University.

Third Year

Tuesday, 9–11 Lectures and Seminars—for 16 weeks (Oct.–Jan.)
Saturday, 9–11 Clinical Conferences—for 32 weeks (Oct.–May)

Tuesday, Thursday, and Saturday, 11–1: Supervised clinical work (briefer methods) in the Therapeutic Services, throughout the entire year.

Time to be arranged: Supervised psychoanalytic treatment (reconstructive type) of selected patients, about 22 hours weekly, including sessions with supervising instructor, throughout the entire year.

PROGRAM OF LECTURES, SEMINARS, CASE DEMONSTRATIONS, AND CLINICAL CONFERENCES

1. Freud's work. 32 hours (one two-hour session weekly). First year (Oct.–Jan.). Instructor to be announced.

Historical review of Freud's writings. Discussion of assigned reading material.

2. Psychodynamics as a basic science of human behavior. 64 hours (one two-hour session weekly). First year (Oct.–May). Dr. RADO and other members of the staff.

Life cycle. Sex differentiation. Normal, neurotic, and psychotic behavior. Experimental psychodynamics.

3. Psychosomatics. 64 hours (one two-hour session weekly). Second year (Oct.–May). Dr. DANIELS and other members of the staff.

Problem of correlation. Physiological aspect of behavior. Psychodynamic aspect of physiological functions in health and disease.

4. Technique I. 32 hours (one two-hour session weekly). First year (Feb.–May).

Detection of unconscious processes: dream analysis, interpretation of primitive thought and symbolic expression.

Technique II. 32 hours (one two-hour session weekly). Second year (Oct.–Jan.). Dr. RADO and other members of the staff.

Action dynamics of analytic therapy; reconstructive technique (psychoanalysis proper); briefer and psychosomatic methods. Choice of approach.

5. Psychodynamics and treatment of children. 16 hours (one two-hour session weekly). Second year (Feb.–Mar.). Dr. LEVY and other members of the staff.

6. Comparative analysis of cultures. 16 hours (one two-hour session weekly). Second year (Apr.–May). Dr. KARDINER and other members of the staff.

7. Methodology. 16 hours (one two-hour session weekly). Third year (Oct.–Nov.). Dr. KARDINER and other members of the staff.

Guiding preconceptions and methods of psychological research. Synopsis of terminologies.

8. Seminar on survey of literature. 16 hours (one two-hour session weekly). Third year (Dec.–Jan.). Instructor to be announced.

9. Case demonstrations. 64 hours (one two-hour session weekly). First year (Oct.–May). Chiefs of Services and staff.

10. Clinical conferences. 128 hours (one two-hour session weekly). Second and third years (Oct.–May). Chiefs of Services and staff.

PROGRAM OF SUPERVISED CLINICAL WORK IN THE THERAPEUTIC SERVICES

1. Briefer methods.

Tu., Th., and S., 11–1, for 18 months, beginning February of second year, by assignment:

a) In the Psychoanalytic Service for Out-Patients, for 6 months.
b) In the Psychoanalytic Service for In-Patients, for 4 months.
c) In the Psychosomatic Service, for 6 months.
d) In the Psychoanalytic Service for Children, for 2 months.

2. Psychoanalytic treatment (reconstructive type) of selected patients. 18 months, beginning February of second year:

a) For the first 6 months, about 11 hours weekly, time to be arranged.
b) For the following 12 months, about 22 hours weekly, time to be arranged.

GENERAL INFORMATION

APPLICATIONS

Application forms may be secured from the Psychoanalytic and Psychosomatic Clinic for Training and Research, Department of Psychiatry, Columbia University, 630 West 168th Street, New York 32, New York.

REGISTRATION

After their applications have been approved by the Psychoanalytic and Psychosomatic Clinic for Training and Research, the Department of Psychiatry, and the Committee on Graduate Clinical Instruction of the Faculty of Medicine, candidates must register in person at the Office of the Registrar, B–405, 630 West 168th Street, New York 32, New York, on October 1.

FEES

The fees for the entire three-year course of graduate training including application for the degree total $1,580, as follows:

(a) University Fees	
$10 for each Winter and Spring Session or any part thereof	
Total for three-year period	$60
(b) Tuition Fees	
$500 for each year, payable semiannually at beginning of each Winter and Spring Session	
Total for three-year period	1,500
(c) Fee for application for the degree	20
TOTAL	$1,580

University fees (non-refundable) and tuition fees are payable semiannually in advance. Registration will not be complete until such fees are paid. Checks should be drawn to the order of Columbia University and presented to the Cashier. (Personal analysis is not a part of graduate training, and charges therefor are not included in the fees listed above.)

Since postgraduate students are not eligible for the degree, they do not pay the fee for the application for the degree. Otherwise their fees are the same as the fees itemized above for graduate students.

Studentships, Scholarships, Residencies, Fellowships and Revolving Loan Fund

PERSONAL ANALYSIS STUDENTSHIPS

Purpose: To defray in full or in part the expenses of the personal analysis (for the minimum requirement of 12 months).

Amount: Full studentship, monthly $250 for 12 months; total $3,000;
Half studentship, monthly $125 for 12 months; total $1,500.

Requirements for award: (i) Tentative pre-admission to graduate training, (ii) high psychological aptitude and scholastic record. Preference will be given to applicants who are preparing for, or are engaged in, an academic (teaching and research) career in psychiatry.

Sponsors: Lester N. Hofheimer Estate.

GRADUATE SCHOLARSHIPS

Purpose: To defray in full or in part the expenses of the graduate training course.

Amount: Full scholarship, first year, $520; second year, $520; third year, $540; total, $1,580;
Half scholarship, first year, $260; second year, $260; third year, $270; total, $790.

Requirements for award: (i) Admission to graduate training, (ii) high psychological aptitude and scholastic record. Preference will be given to applicants who are preparing for, or are engaged in, an academic (teaching and research) career in psychiatry.

Sponsors: Lester N. Hofheimer Estate.

PSYCHOANALYTIC AND PSYCHOSOMATIC RESIDENCIES

Purpose: To give financial assistance to the student during the graduate training course.

Amount: Senior residency, $2,400 per year;
Junior residency, $1,800 per year.

Requirements for award: (i) Admission to graduate training, (ii) high psychological aptitude and scholastic record. Preference will be given to applicants who are preparing for, or are engaged in, an academic (teaching and research) career in psychiatry.

Sponsors: Lester N. Hofheimer Estate.

CLINICAL AND RESEARCH FELLOWSHIPS

Purpose: To compensate for clinical, teaching, and research responsibilities undertaken after the completion of the three-year graduate training course.

Amount: From $1,000 to $2,400 per year.

Requirements for award: (i) Completion of graduate training, (ii) high ability and scholastic record. Preference will be given to applicants who are preparing for, or are engaged in, an academic (teaching and research) career in psychiatry.

Sponsors: Lester N. Hofheimer Estate.

REVOLVING LOAN FUND

Purpose: To assist the student in financing the personal analysis, or graduate training course, or both.

Amount: Loans up to a total of $6,000 to any one applicant, during the entire course of training.

Requirements for award: (i) Tentative preadmission or admission to graduate training, respectively, and (ii) high psychological aptitude and scholastic record. Recipient must pledge himself to repay this debt on a convenient installment plan, after he has entered private practice.

Sponsors: Lester N. Hofheimer Estate.

NOTE: During the transitional period, the above provisions will apply to postgraduate students as well.

clinic for training and research.

Columbia University

BULLETIN OF INFORMATION

Forty-sixth Series, No. 5 December 29, 1945

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

1946-1947

Social
C
1946/47
cop. 2

COLUMBIA-PRESBYTERIAN MEDICAL CENTER
630 WEST 168TH STREET
NEW YORK 32, N. Y.

Columbia University Bulletin of Information

Forty-sixth Series, No. 5 December 29, 1945

Issued at Columbia University, Morningside Heights, New York 27, N. Y., weekly from December for forty-one consecutive issues. Re-entered as second-class matter November 4, 1944, at the Post Office at New York, N. Y., under the Act of August 24, 1912. Acceptance for mailing at a special rate of postage provided for in Section 1103, Act of October 3, 1917, authorized.

These include the Report of the President to the Trustees, and the Announcements of the several Colleges and Schools and of certain Divisions, relating to the work of the next year. These are made as accurate as possible, but the right is reserved to make changes in detail as circumstances require. The current number of any of these Announcements will be sent upon application to the Secretary of the University.

C. U. P. 6,000—1945

PUBLISHED FOR THE UNIVERSITY BY
COLUMBIA UNIVERSITY PRESS

FACULTY OF MEDICINE

OFFICERS OF THE FACULTY

FRANK DIEHL FACKENTHAL, LL.D., Litt.D. . . . *Acting President of the University*

WILLARD COLE RAPPLEYE, A.M., M.D., Sc.D. . . . . *Dean*

VERNON WILLIAM LIPPARD, B.S., M.D. . . . . *Associate Dean*

STAFF OF PSYCHOANALYTIC CLINIC

NOLAN D. C. LEWIS, M.D.
Professor of Psychiatry; Executive Officer, Department of Psychiatry; Director of the New York State Psychiatric Institute and Hospital

GEORGE E. DANIELS, M.D. . . . . *Chief of Psychosomatic Service*
Clinical Professor of Psychiatry *(Associate Director of the Clinic)*

SANDOR RADO, M.D. . . . . *Chief of Psychoanalytic Services for*
Clinical Professor of Psychiatry *In-Patients and Out-Patients (Director of the Clinic)*

DAVID M. LEVY, M.D. . . . . *Chief of Psychoanalytic Service for Children*
Assistant Clinical Professor of Psychiatry

ABRAM KARDINER, M.D. . . . . *Chairman of the Seminar on*
Assistant Clinical Professor of Psychiatry *Comparative Analysis of Cultures*

VIOLA W. BERNARD, M.D. . . . . *Associate Psychoanalyst*
Instructor in Psychiatry

NATHAN W. ACKERMAN, M.D. . . . . *Associate Psychoanalyst*
Instructor in Psychiatry

ROBERT BAK, M.D. . . . . *Associate Psychoanalyst*
Instructor in Psychiatry

THE PSYCHOANALYTIC CLINIC FOR TRAINING AND RESEARCH

The Psychoanalytic Clinic for Training and Research, established in the Department of Psychiatry of Columbia University in January, 1945, has the following objectives:

1. Graduate residency training for qualified physicians in psychoanalysis and in the psychodynamic (behavior) aspect of the various branches of medicine (psychosomatics);
2. Research in the fields of psychoanalysis and the psychodynamic (behavior) aspect of the various branches of medicine (psychosomatics).

For the purposes of training and research, and also to serve the needs of the community, the Clinic maintains four interrelated therapeutic services: (*a*) a psychoanalytic service for in-patients; (*b*) a psychoanalytic service for out-patients; (*c*) a psychosomatic service; and (*d*) a psychoanalytic service for children. These services are located at the New York State Psychiatric Institute and Hospital, the Vanderbilt Clinic, and Babies Hospital at the Columbia-Presbyterian Medical Center.

This Clinic is under the supervision of Dr. Nolan D. C. Lewis, Executive Officer of the Department of Psychiatry, and Director of the New York State Psychiatric Institute and Hospital.

GRADUATE RESIDENCY TRAINING IN PSYCHOANALYTIC MEDICINE

REQUIREMENTS FOR ADMISSION

1. Graduation from a medical school approved by Columbia University.

2. Completion of an internship of not less than one year in a hospital approved by Columbia University.

3. Completion of a personal analysis with an accredited psychoanalyst.

This personal analysis is a basic and indispensable preparation for psychoanalytic training. In this analysis the prospective student undertakes a penetrating psychological study of himself. He is expected to explore resolutely and thoroughly the unconscious reaches of his mind, trace his development back to the formative experiences of his childhood, and arrive at a better knowledge and more realistic appraisal of himself as an individual and as a product of a given period and culture. He is expected to overcome his personal difficulties and acquire a greater measure of self-direction, psychological and critical independence, and a more mature outlook upon life.

Prospective applicants should consult the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, for preliminary approval of their contemplated personal analyses. Such preliminary approval does not constitute admission to graduate training.

As a temporary transitional provision, otherwise acceptable students may be allowed to complete their personal analyses during the period of graduate training.

4. Approval of application by the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, and by the Committee on Graduate Clinical Instruction of the University.

REQUIREMENTS FOR AWARD OF A CERTIFICATE OF TRAINING IN PSYCHOANALYTIC MEDICINE

1. Completion of a period of full-time supervised training of not less than three years in hospitals and clinics recognized by Columbia University, not less than one year of which must be spent in the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, such study to include:

a) A systematic program of lectures and seminars:

Freud's Work: historical review of Freud's writings

Psychodynamics as a Basic Science of Human Behavior

Psychosomatics: the problem of correlation; physiological aspect of behavior; psychodynamic aspect of physiological functions in health and disease

Technique: detection of unconscious processes: dream analysis, interpretation of primitive thought and symbolic expression; action dynamics of analytic therapy: reconstructive technique (psychoanalysis proper), briefer and psychosomatic methods; choice of approach

Psychodynamics and Treatment of Children

Comparative Analysis of Cultures

Methodology: guiding preconceptions and methods of psychological research; semantics; comparative synopsis of terminologies

Survey of Literature

Related Subjects

b) Supervised clinical work (briefer therapeutic methods) in the psychoanalytic service for out-patients, minimum six months; in the psychoanalytic service for in-patients, minimum four months; in the psychosomatic service, minimum six months; and in the psychoanalytic service for children, minimum two months.

c) Supervised psychoanalytic treatment (reconstructive technique) of selected patients, minimum eighteen months.

d) Attendance at case demonstrations and clinical conferences.

e) During the balance of time, throughout the first and second years, residency work in the other branches of psychiatry at the New York State Psychiatric Institute and Hospital, or at another hospital approved by Columbia University.

2. Written, oral, and practical examinations in the theory and practice of psychoanalysis and psychosomatics.

REQUIREMENTS FOR AWARD OF DEGREE OF DOCTOR OF MEDICAL SCIENCE

1. Fulfillment of the aforesaid requirements for the award of a Certificate of Training in Psychoanalytic Medicine.

2. Examinations in the related basic medical sciences.

3. A dissertation on the clinical aspects of psychoanalysis or psychosomatics. The dissertation should be previously unpublished and represent the results of original clinical (or laboratory) investigation, involving the experimental or critical analytic method. It should show evidence of an interest which extends beyond the clinical limits of the specialty and familiarity with the basic medical science which is related to the problem. It is not essential that the investigation be carried out in the laboratory of a basic science department, but it is

desirable that a member of a basic science department be one of the advisers and be familiar with its progress. Series of case reports are not considered acceptable.

ADMISSION TO ADVANCED STANDING

Students will be allowed credit for:

a) Work done previously in psychoanalysis and psychosomatics, provided such work satisfies the standards of this Clinic;

b) Work in the other branches of psychiatry done previously at hospitals and clinics approved by Columbia University.

STUDENT TIME SCHEDULE

First Year

For 32 weeks (Oct.–May):

Tuesday, 9–11 a.m. Lectures
Thursday, 9–11 a.m. Lectures
Saturday, 9–11 a.m. Case Demonstrations

During the balance of time, throughout the entire year:
Residency work in the other branches of psychiatry at the New York State Psychiatric Institute and Hospital, or at another hospital approved by Columbia University.

Second Year

For 32 weeks (Oct.–May):

Tuesday, 9–11 a.m. Lectures
Thursday, 9–11 a.m. Lectures
Saturday, 9–11 a.m. Clinical Conferences

Tuesday, Thursday, and Saturday, 11 a.m.–1 p.m. Supervised clinical work (briefer methods) in the Therapeutic Services, beginning February, throughout remainder of year.

Time to be arranged: Supervised psychoanalytic treatment (reconstructive type) of selected patients, about 11 hours weekly, including sessions with supervising instructor, beginning February, throughout remainder of year.

During the balance of time, throughout the entire year:
Residency work in the other branches of psychiatry at the New York State Psychiatric Institute and Hospital, or at another hospital approved by Columbia University.

Third Year

Tuesday, 9–11 a.m. Lectures and Seminars—for 16 weeks (Oct.–Jan.)
Saturday, 9–11 a.m. Clinical Conferences—for 32 weeks (Oct.–May)

Tuesday, Thursday, and Saturday, 11 a.m.–1 p.m. Supervised clinical work (briefer methods) in the Therapeutic Services, throughout the entire year.

Time to be arranged: Supervised psychoanalytic treatment (reconstructive type) of selected patients, about 22 hours weekly, including sessions with supervising instructor, throughout the entire year.

PROGRAM OF LECTURES, SEMINARS, CASE DEMONSTRATIONS, AND CLINICAL CONFERENCES

1. Freud's work. 32 hours (one two-hour session weekly). First year (Oct.–Jan.). Dr. KARDINER and other members of the staff.

Historical review of Freud's writings. Discussion of assigned reading material.

2. Psychodynamics as a basic science of human behavior. 64 hours (one two-hour session weekly). First year (Oct.–May). Dr. RADO and other members of the staff.

The whole individual. Adaptive frame of reference: pleasure, utility, health, survival. Analysis of psychologic needs into physiologic requirements and cultural demands. The action-self. Levels of psychologic organization. Unconscious integration; primal mechanisms of behavior. Developmental relations, regression, life cycle. Sex differentiation. Patterns of normal, neurotic, and psychotic behavior. Experimental analysis of animal behavior.

3. Psychosomatics. 64 hours (one two-hour session weekly). Second year (Oct.–May). Dr. DANIELS and other members of the staff.

Problem of correlation. Physiological aspect of behavior. Psychodynamic aspect of physiological functions in health and disease.

4. Technique I. 32 hours (one two-hour session weekly). First year (Feb.–May).

Detection of unconscious processes: dream analysis, interpretation of primitive thought and symbolic expression.

Technique II. 32 hours (one two-hour session weekly). Second year (Oct.–Jan.). Dr. RADO and other members of the staff.

Action dynamics of analytic therapy; reconstructive technique (psychoanalysis proper); briefer and psychosomatic methods. Choice of approach.

5. Psychodynamics and treatment of children. 16 hours (one two-hour session weekly). Second year (Feb.–Mar.). Dr. LEVY and other members of the staff.

6. Comparative analysis of cultures. 16 hours (one two-hour session weekly). Second year (Apr.–May). Dr. KARDINER and other members of the staff.

7. Methodology. 16 hours (one two-hour session weekly). Third year (Oct.–Nov.). Dr. KARDINER and other members of the staff.

Guiding preconceptions and methods of psychological research. Semantics. Synopsis of terminologies.

8. Seminar on survey of literature. 16 hours (one two-hour session weekly). Third year (Dec.–Jan.). Instructor to be announced.

9. Case demonstrations. 64 hours (one two-hour session weekly). First year (Oct.–May). Chiefs of Services and staff.

Presentation of cases for discussion: psychoanalytic technique of clinical examination. Clinical pictures and gross psychodynamics. Cross-interpretation of psycho- and somatopathologic findings. Evaluation of present impairment of function in the light of developmental history.

10. Clinical conferences. 128 hours (one two-hour session weekly). Second and third years (Oct.–May). Chiefs of Services and staff.

Presentation of cases for the discussion of minute psychodynamics and problems of therapeutic technique. Criteria for choice of method and evaluation of results.

PROGRAM OF SUPERVISED CLINICAL WORK IN THE THERAPEUTIC SERVICES

1. Briefer methods.

Tu., Th., and S., 11 a.m.–1 p.m., for 18 months, beginning February of second year, by assignment:

a) In the Psychoanalytic Service for Out-Patients, for 6 months.
b) In the Psychoanalytic Service for In-Patients, for 4 months.
c) In the Psychosomatic Service, for 6 months.
d) In the Psychoanalytic Service for Children, for 2 months.

2. Psychoanalytic treatment (reconstructive type) of selected patients. 18 months, beginning February of second year:

a) For the first 6 months, about 11 hours weekly, time to be arranged.
b) For the following 12 months, about 22 hours weekly, time to be arranged.

GENERAL INFORMATION

APPLICATIONS

Applications for admission to training must be submitted in duplicate before May 1. The privilege of later application may be granted to physicians returning from service in the Armed Forces. Application forms may be secured from the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, 630 West 168th Street, New York 32, New York.

REGISTRATION

After their applications have been approved by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Dean of the Faculty of Medicine, students must register in person at the Office of the Registrar, B–405, 630 West 168th Street, New York 32, New York, on September 30, 1946.

FEES

The fees for the entire three-year course of graduate training including application for the degree total $1,580, as follows:

(a) University Fees	
$10 for each Winter and Spring Session or any part thereof	
Total for three-year period	$60
(b) Tuition Fees	
$500 for each year, payable semiannually at beginning of each Winter and Spring Session	
Total for three-year period	1,500
(c) Fee for application for the degree	20
TOTAL	$1,580

University fees (non-refundable) and tuition fees are payable semiannually in advance. Registration will not be complete until such fees are paid. Checks should be drawn to the order of Columbia University and presented to the Cashier. (Personal analysis is not a part of graduate training, and charges therefor are not included in the fees listed above.)

Studentships, Scholarships, Residencies, Fellowships and Revolving Loan Fund

PERSONAL ANALYSIS STUDENTSHIPS

Purpose: To defray in full or in part the expenses of the personal analysis (for the minimum requirement of 12 months).

Amount: Full studentship, monthly $250 for 12 months; total $3,000;
Half studentship, monthly $125 for 12 months; total $1,500.

Requirements for award: (i) Tentative pre-admission to graduate training, (ii) high psychological aptitude and scholastic record. Preference will be given to applicants who are preparing for, or are engaged in, an academic career in psychiatry.

Sponsors: Lester N. Hofheimer Estate.

GRADUATE SCHOLARSHIPS

Purpose: To defray in full or in part the expenses of the graduate training course.

Amount: Full scholarship, first year, $520; second year, $520; third year, $540; total, $1,580;
Half scholarship, first year, $260; second year, $260; third year, $270; total, $790.

Requirements for award: (i) Admission to graduate training, (ii) high psychological aptitude and scholastic record. Preference will be given to applicants who are preparing for, or are engaged in, an academic career in psychiatry.

Sponsors: Lester N. Hofheimer Estate.

PSYCHOANALYTIC AND PSYCHOSOMATIC RESIDENCIES

Purpose: To give financial assistance to the student during the graduate training course.

Amount: Senior residency, $2,400 per year;
Junior residency, $1,800 per year.

Requirements for award: (i) Admission to graduate training, (ii) high psychological aptitude and scholastic record. Preference will be given to applicants who are preparing for, or are engaged in, an academic career in psychiatry.

Sponsors: Lester N. Hofheimer Estate.

CLINICAL AND RESEARCH FELLOWSHIPS

Purpose: To compensate for clinical, teaching, and research responsibilities undertaken after the completion of the three-year graduate training course.

Amount: From $1,000 to $2,400 per year.

Requirements for award: (i) Completion of graduate training, (ii) high ability and scholastic record. Preference will be given to applicants who are preparing for, or are engaged in, an academic career in psychiatry.

Sponsors: Lester N. Hofheimer Estate.

REVOLVING LOAN FUND

Purpose: To assist the student in financing the personal analysis, or graduate training course, or both.

Amount: Loans up to a total of $6,000 to any one applicant, during the entire course of training.

Requirements for award: (i) Tentative preadmission or admission to graduate training, respectively, and (ii) high psychological aptitude and scholastic record. Recipient must pledge himself to repay this debt on a convenient installment plan, after he has entered private practice.

Sponsors: Lester N. Hofheimer Estate.

Dept. of Psychiatry, Psychiatric Institute
and research.

Columbia University

BULLETIN OF INFORMATION

Forty-seventh Series, No. 2 January 4, 1947

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

1947-1948

Serial
C
1947/48
cop. 2

COLUMBIA-PRESBYTERIAN MEDICAL CENTER
630 WEST 168TH STREET
NEW YORK 32, N.Y.

Columbia University Bulletin of Information

Forty-seventh Series, No. 2 January 4, 1947

Issued at Columbia University, Morningside Heights, New York 27, N. Y., weekly from December for forty-four consecutive issues. Re-entered as second-class matter September 13, 1946, at the Post Office at New York, N. Y., under the Act of August 24, 1912. Acceptance for mailing at a special rate of postage provided for in Section 1103, Act of October 3, 1917, authorized.

These include the Report of the President to the Trustees, and the Announcements of the several Colleges and Schools, relating to the work of the next year. These are made as accurate as possible, but the right is reserved to make changes in detail as circumstances require. The current number of any of these Announcements will be sent upon application to the Secretary of the University.

C. U. P. 5,500—1947.

PRINTED FOR THE UNIVERSITY BY
COLUMBIA UNIVERSITY PRESS

Columbia University

in the City of New York

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

1947-1948

COLUMBIA-PRESBYTERIAN MEDICAL CENTER

630 WEST 168TH STREET

NEW YORK 32, N. Y.

CONTENTS

Officers of the Faculty 3

General Description 4

Requirements for Admission 5

Requirements for Certificate of Training in Psychoanalytic Medicine 5

Requirements for Degree of Doctor of Medical Science . . . 7

Student Time Schedule 8

Program of Lectures, Seminars, Case Demonstrations, and Clinical Conferences 10

Program of Supervised Clinical Work 11

Program of Supplementary Lectures (Electives) 11

Applications, Registration, and Fees 12

Student Aid 13

Applications should be submitted before March 1, 1947.

Registration, June 30, 1947.

Residency work in intramural psychiatry begins July 1, 1947.

Program of required lectures begins October 1, 1947.

FACULTY OF MEDICINE

OFFICERS OF THE FACULTY

Frank Diehl Fackenthal, LL.D., Litt.D. . . *Acting President of the University*

Willard Cole Rappleye, A.M., M.D., Sc.D. . . . . *Dean*

John Bacchus Truslow, A.B., M.D. . . . . *Assistant Dean (Postgraduate Studies)*

STAFF OF PSYCHOANALYTIC CLINIC

Nolan D. C. Lewis, M.D. . . . . *Professor of Psychiatry; Executive Officer, Department of Psychiatry; Director of the New York State Psychiatric Institute and Hospital*

Sandor Rado, D.Pol.Sc., M.D. . . . . *Clinical Professor of Psychiatry; Director of the Clinic*

George E. Daniels, B.S., M.D. . . . . *Clinical Professor of Psychiatry; Associate Director of the Clinic*

David M. Levy, A.B., M.D. . . . . *Assistant Clinical Professor of Psychiatry*

Abram Kardiner, A.B., M.D. . . . . *Assistant Clinical Professor of Psychiatry*

Viola W. Bernard, B.S., M.D. . . . . *Instructor in Psychiatry*

Nathan W. Ackerman, A.B., M.D. . . . . *Instructor in Psychiatry*

Robert Bak, M.D. . . . . *Instructor in Psychiatry*

TEACHING AND RESEARCH COLLABORATORS

Armando Ferraro, M.D. . . . . *Clinical Professor of Psychiatry*

Franz J. Kallmann, M.D. . . . . *Associate in Psychiatry*

Paul H. Hoch, M.D. . . . . *Instructor in Psychiatry*

Heinrich B. Waelsch, M.D., Ph.D. . . . . *Assistant Professor of Biochemistry*

Harry Grundfest, Ph.D. . . . . *Research Associate in Neurology*

GUEST PROFESSORS OF THE CLINIC

Franz Alexander, A.B., M.D.
Clinical Professor of Psychiatry, University of Illinois; Director, Institute for Psychoanalysis, Chicago

Howard S. Liddell, Ph.D.
Professor of Psychology, Cornell University; Director, Cornell Behavior Farm, Cornell University

THE PSYCHOANALYTIC CLINIC FOR TRAINING AND RESEARCH

The Psychoanalytic Clinic for Training and Research, established in the Department of Psychiatry of Columbia University in January, 1945, has the following objectives:

1. Graduate residency training for qualified physicians in psychoanalysis and in the psychodynamic (behavior) aspect of the various branches of medicine (psychosomatics);
2. Research in the fields of psychoanalysis and the psychodynamic (behavior) aspect of the various branches of medicine (psychosomatics).

For the purposes of training and research, and also to serve the needs of the community, the Clinic maintains four interrelated therapeutic services: (*a*) a psychoanalytic service for in-patients; (*b*) a psychoanalytic service for out-patients; (*c*) a psychosomatic service; and (*d*) a pyschoanalytic service for children. These services are located at the New York State Psychiatric Institute and Hospital, the Vanderbilt Clinic, and Babies Hospital at the Columbia-Presbyterian Medical Center.

This Clinic is under the supervision of Dr. Nolan D. C. Lewis, Executive Officer of the Department of Psychiatry, and Director of the New York State Psychiatric Institute and Hospital.

GRADUATE RESIDENCY TRAINING IN PSYCHOANALYTIC MEDICINE

REQUIREMENTS FOR ADMISSION

1. Graduation from a medical school approved by Columbia University.

2. Completion of an internship of not less than one year in a hospital approved by Columbia University.

3. Completion of a personal analysis with a psychoanalyst accredited by this Clinic.

This personal analysis is a basic and indispensable preparation for psychoanalytic training. In this analysis the prospective student undertakes a penetrating psychological study of himself. He is expected to explore resolutely and thoroughly the unconscious reaches of his mind, trace his development back to the formative experiences of his childhood, and arrive at a better knowledge and more realistic appraisal of himself as an individual and as a product of a given period and culture. He is expected to overcome his personal difficulties and acquire a greater measure of self-direction, psychological and critical independence, and a more mature outlook upon life.

Prospective applicants should consult the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, for preliminary approval of their contemplated personal analyses. Such preliminary approval does not constitute admission to graduate training.

As a temporary transitional provision, otherwise acceptable students may be allowed to complete their personal analyses during the period of graduate training.

4. Approval of application by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine.

REQUIREMENTS FOR THE CERTIFICATE OF TRAINING IN PSYCHOANALYTIC MEDICINE

1. Completion of a period of full-time supervised training of not less than three years in hospitals and clinics recognized by Columbia University, not less than one year of which must be spent in the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, such study to include:*

a) A systematic program of lectures and seminars

Freud's Work: historical review of Freud's writings

Psychodynamics as a Basic Science of Human Behavior

Psychosomatics: psychodynamic (behavior) aspect of physiological functions in health and disease

* Detailed information about the distribution of required work over the three-year training period will be found on pages 7–8 of this Announcement.

Experimental Analysis of Animal Behavior

Technique

Psychodynamics and Treatment of Children

Comparative Analysis of Cultures

Methodology

Survey of Literature

Related Subjects

b) Attendance at case demonstrations and clinical conferences.

c) Supervised treatment (briefer methods), minimum twenty months: in the psychoanalytic service for out-patients, minimum eight months; in the psychoanalytic service for in-patients, minimum four months; in the psychosomatic service, minimum six months; and in the psychoanalytic service for children, minimum two months.

d) Supervised psychoanalytic treatment (reconstructive technique) of selected patients, minimum eighteen months.

e) During the rest of the time, throughout the first and second years, residency work in intramural psychiatry in the New York State Psychiatric Institute and Hospital or in another hospital approved by Columbia University.

2. Written, oral, and practical examinations in the theory and practice of psychoanalysis and psychosomatics.

REQUIREMENTS FOR THE DEGREE OF DOCTOR OF MEDICAL SCIENCE

1. Fulfillment of the aforesaid requirements for the award of a Certificate of Training in Psychoanalytic Medicine.

2. Examinations in the related basic medical sciences.

3. A dissertation on the clinical aspects of psychoanalytic medicine. The dissertation should be previously unpublished and represent the results of original clinical or experimental (laboratory) investigation, involving the critical analytic method. It should show evidence of an interest which extends beyond the clinical limits of the specialty and familiarity with the basic medical science which is related to the problem. If the investigation is carried out in the laboratory of a basic science department, it is desirable that a member of the department concerned be one of the advisers and be familiar with its progress. Series of case reports are not considered acceptable.

ADMISSION TO ADVANCED STANDING

Students will be allowed credit for:

a) Work done previously in psychoanalysis and psychosomatics, provided such work satisfies the standards of this Clinic;

b) Work in intramural psychiatry done previously at hospitals and clinics approved by Columbia University.

ACADEMIC DISCIPLINE

The continuance of each student upon the rolls of the University, the receipt by him of academic credits, his graduation, and the conferring of any degree or the granting of any certificate are strictly subject to the disciplinary powers of the University, which is free to cancel his registration at any time on any grounds which it deems advisable. The disciplinary authority of the University is vested in the President in such cases as he deems proper, and, subject to the reserved powers of the President, in the Dean of each Faculty and the Director of the work of each Administrative Board.

STUDENT TIME SCHEDULE

First Year

During the first year the student's full time is divided between work in this Clinic and work in a collaborating clinic or hospital.

Work in this Clinic:

For 4 weeks (July):

Tu. 9–11 a.m. Electives

For 32 weeks (Oct.–May):

Tu. 9–11 a.m. Lectures; 11 a.m.–12 m. Electives
Th. 9–11 a.m. Lectures; 11 a.m.–12 m. Electives
S. 9–11 a.m. Case demonstrations; 11 a.m.–12 m. Electives (Feb.–Apr.)

Work in a collaborating hospital:

During the rest of the time, from July 1 to June 30:

Residency work in intramural psychiatry in the New York State Psychiatric Institute and Hospital, or in another hospital approved by Columbia University.

Second Year

During the second year the student's full time is divided between work in this Clinic and work in a collaborating clinic or hospital.

Work in this Clinic:

For 32 weeks (Oct.–May):

Tu. 9–11 a.m. Lectures
Th. 9–11 a.m. Lectures
S. 9–11 a.m. Clinical conferences
Tu. Th. S. 11 a.m.–1 p.m.

Supervised treatment (briefer methods) in the Therapeutic Services, from Oct. 1 to June 30.

Time to be arranged: Supervised psychoanalytic treatment (reconstructive type) of selected patients, about 11 hours weekly, from Dec. 1 to June 30.

Work in a collaborating hospital:

During the rest of the time, from July 1 to June 30:

Residency work in intramural psychiatry in the New York State Psychiatric Institute and Hospital or in another hospital approved by Columbia University.

Third Year

During the third year the student's full time is spent in this Clinic.

Work in this Clinic:

Tu. 9–11 a.m. Lectures and seminars—for 16 weeks (Oct.–Jan.)
S. 9–11 a.m. Clinical conferences—for 32 weeks (Oct.–May)
Tu. Th. S. 11 a.m.–1 p.m. Supervised treatment (briefer methods) in the Therapeutic Services, from July 1 to May 31.

Time to be arranged: Supervised psychoanalytic treatment (reconstructive type) of selected patients, about 22 hours weekly, from July 1 to May 31.

June: The month of June has been set aside for qualifying examinations.

PROGRAM OF LECTURES, SEMINARS, CASE DEMONSTRATIONS, AND CLINICAL CONFERENCES

1. Freud's work. 32 hours (one two-hour session weekly). First year (Oct.–Jan.). Dr. KARDINER.

Historical review of Freud's writings. Discussion of assigned reading material.

2. Psychodynamics as a basic science of human behavior. 64 hours (one two-hour session weekly). First year (Oct.–May). Dr. RADO.

The whole individual. Adaptive frame of reference: pleasure, utility, health, survival. Analysis of psychologic needs into physiologic requirements and cultural demands. The action-self. Levels of psychologic organization. Unconscious integration; primal mechanisms of behavior. Developmental relations, regression, life cycle. Sex differentiation and morbid (neurotic, psychotic, etc.) behavior.

3. Psychosomatics. 64 hours (one two-hour session weekly). Second year (Oct.–May). Dr. DANIELS, other members of the staff, and guest lecturers.

Psychodynamic (behavior) aspect of physiological functions in health and disease.

4. Experimental analysis of animal behavior. 8 hours (one two-hour session weekly). First year (Feb.). Dr. LEVY and guest lecturers.

5. Technique I. 24 hours (one two-hour session weekly). First year (Mar.–May). Dr. RADO.

Detection of unconscious processes: dream analysis, interpretation of primitive thought and symbolic expression.

Technique II. 32 hours (one two-hour session weekly). Second year (Oct.–Jan.). Dr. RADO.

Action dynamics of analytic therapy; reconstructive technique (psychoanalysis proper); briefer and psychosomatic methods. Choice of approach.

6. Psychodynamics and treatment of children. 16 hours (one two-hour session weekly). Second year (Apr.–May). Dr. LEVY.

7. Comparative analysis of cultures. 16 hours (one two-hour session weekly). Second year (Feb.–Mar.). Dr. KARDINER.

8. Methodology. 16 hours (one two-hour session weekly). Third year (Oct.–Nov.). Dr. KARDINER.

Guiding preconceptions and methods of psychological research. Semantics. Synopsis of terminologies.

9. Seminar on survey of literature. 16 hours (one two-hour session weekly). Third year (Dec.–Jan.). Instructor to be announced.

10. Case demonstrations. 64 hours (one two-hour session weekly). First year (Oct.–May). Chiefs of Services and staff.

Presentation of cases for discussion: psychoanalytic technique of clinical examination. Clinical pictures and gross psychodynamics. Cross-interpretation of psycho- and somatopathologic findings. Evaluation of present impairment of function in the light of developmental history.

11. Clinical conferences. 128 hours (one two-hour session weekly). Second and third years (Oct.–May). Chiefs of Services and staff.

Presentation of cases for the discussion of minute psychodynamics and problems of therapeutic technique. Criteria for choice of method and evaluation of results.

PROGRAM OF SUPERVISED CLINICAL WORK IN THE THERAPEUTIC SERVICES

1. Briefer methods.

Tu. Th. S., 11 a.m.–1 p.m., 20 months, from October 1 of second year to May 31 of third year, by assignment:

a) In the Psychoanalytic Service for Out-Patients, for 8 months.
b) In the Psychoanalytic Service for In-Patients, for 4 months.
c) In the Psychosomatic Service, for 6 months.
d) In the Psychoanalytic Service for Children, for 2 months.

2. Psychoanalytic treatment (reconstructive type) of selected patients. 18 months, from December 1 of second year to May 31 of third year:

a) For the first 6 months, about 11 hours weekly, time to be arranged.
b) For the following 12 months, about 22 hours weekly, time to be arranged.

PROGRAM OF SUPPLEMENTARY LECTURES (ELECTIVES)

1. Principles and techniques of psychiatric examination (introductory course). 8 hours (one two-hour session weekly). First year (July). Dr. Hoch.

2. Genetics, general and chemical neurophysiology for psychiatrists (basic science course). 32 hours (one hour weekly). First year (Oct.–May). Drs. Kallmann, Grundfest, and Waelsch.

3. Intramural psychiatry. 32 hours (one hour weekly). First year (Oct.–May). Dr. Hoch.

Pathology of the psychoses. Techniques of intramural therapy, shock therapy, narcodiagnosis and therapy, etc. Review of current literature.

4. Neuropathology for psychiatrists. 12 hours (one hour weekly). First year (Feb.–Apr.). Dr. Ferraro.

GENERAL INFORMATION

APPLICATIONS

Applications for admission to training must be submitted in duplicate before March 1. The privilege of later application may be granted to physicians returning from service in the Armed Forces. Application forms may be secured from the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, 630 West 168th Street, New York 32, New York.

REGISTRATION

After their applications have been approved by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine, students must register in person at the Office of the Registrar, B–405, 630 West 168th Street, New York 32, New York, on June 30, 1947.

FEES

The fees for the entire three-year course of graduate training including application for the degree total $1,580, as follows:

(a) University Fees	
$10 for each Winter and Spring Session or any part thereof	
Total for three-year period	$60
(b) Tuition Fees	
$500 for each year, payable semiannually at beginning of each Winter and Spring Session	
Total for three-year period	1,500
(c) Fee for application for the degree	20
TOTAL	$1,580

University fees (non-refundable) and tuition fees are payable semiannually in advance. Registration will not be complete until such fees are paid. Checks should be drawn to the order of Columbia University and presented to the Cashier. (Personal analysis is not a part of graduate training, and charges therefor are not included in the fees listed above.)

STUDENT AID

Studentships, Scholarships, Residencies, Fellowships, and Revolving Loan Fund

Through the sponsorship of the Lester N. Hofheimer Estate a limited number of grants are available to deserving students.

Personal analysis studentships are awarded to defray in full or in part the expense of the personal analysis.

Graduate scholarships are awarded to defray in full or in part the tuition costs of the course.

Psychoanalytic residencies are awarded to give assistance to the student during the training course.

Clinic and research fellowships are awarded to compensate for clinical teaching and research responsibilities undertaken after the completion of the three-year graduate training course.

In making awards, preference will be given to applicants of high psychological aptitude and scholastic record who are preparing for an academic career in psychiatry.

There is a revolving loan fund to assist students in financing their personal analyses or graduate training, or both. Recipients of a loan must pledge themselves to repay this debt on a convenient installment plan after they have completed their training.

COLUMBIA UNIVERSITY
BULLETIN OF INFORMATION

Forty-eighth Series, No. 3 January 10, 1948

JAN 10 '50

PY 2 STACKS
MEDICAL LIBRARY
OF
COLUMBIA UNIVERSITY
SERIAL

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

1948-1949

COLUMBIA-PRESBYTERIAN MEDICAL CENTER
630 WEST 168TH STREET • NEW YORK 32, N.Y.

Columbia University Bulletin of Information

Forty-eighth Series, No. 3 January 10, 1948

Issued at Columbia University, Morningside Heights, New York 27, N. Y., weekly from December for forty-four consecutive issues. Re-entered as second-class matter September 13, 1946, at the Post Office at New York, N. Y., under the Act of August 24, 1912. Acceptance for mailing at a special rate of postage provided for in Section 1103, Act of October 3, 1917, authorized.

The series includes the Report of the President to the Trustees, and the Announcements of the several Colleges and Schools, relating to the work of the next year. These are made as accurate as possible, but the right is reserved to make changes in detail as circumstances require. The current number of any of these Announcements will be sent upon application to the Secretary of the University.

C.U.P. 9,700—1948.

PRINTED FOR THE UNIVERSITY BY
COLUMBIA UNIVERSITY PRESS

Columbia University

in the City of New York

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

1948-1949

COLUMBIA-PRESBYTERIAN MEDICAL CENTER

630 WEST 168TH STREET

NEW YORK 32, N.Y.

All information in this Announcement is as of January 15, 1948.

Applications should be submitted before March 1, 1948.

Registration, June 30, 1948.

Residency work in intramural psychiatry begins July 1, 1948.

Program of required lectures begins October 1, 1948.

FACULTY OF MEDICINE

OFFICERS OF THE FACULTY

Dwight D. Eisenhower, LL.D. . . . . *President of the University*

Willard Cole Rappleye, A.M., M.D., Sc.D. . . . . *Dean*

John Bacchus Truslow, A.B., M.D. . . . . *Assistant Dean (Postgraduate Studies)*

STAFF OF PSYCHOANALYTIC CLINIC

Nolan D. C. Lewis, M.D. . . . . *Professor of Psychiatry; Executive Officer, Department of Psychiatry; Director of the New York State Psychiatric Institute and Hospital*

Sandor Rado, D.Pol.Sc., M.D. . . . . *Clinical Professor of Psychiatry; Director of the Clinic*

George E. Daniels, B.S., M.D. . . . . *Clinical Professor of Psychiatry; Associate Director of the Clinic*

David M. Levy, A.B., M.D. . . . . *Assistant Clinical Professor of Psychiatry*

Abram Kardiner, A.B., M.D. . . . . *Assistant Clinical Professor of Psychiatry*

Viola W. Bernard, B.S., M.D. . . . . *Instructor in Psychiatry*

Nathan W. Ackerman, A.B., M.D. . . . . *Instructor in Psychiatry*

Robert C. Bak, M.D. . . . . *Instructor in Psychiatry*

Fanny von Hann-Kende, M.D. . . . . *Instructor in Psychiatry*

Mary E. Marquette . . . . . *Clinic Secretary*

TEACHING AND RESEARCH COLLABORATORS

Armando Ferraro, M.D. . . . . *Clinical Professor of Psychiatry*

Hilde Bruch, M.D. . . . . *Associate in Psychiatry*

Franz J. Kallmann, M.D. . . . . *Associate in Psychiatry*

John A. P. Millet, M.D. . . . . *Associate in Psychiatry*

Walter S. Root, M.D. . . . . *Associate Professor of Physiology*

Heinrich B. Waelsch, Ph.D., M.D. . . . . *Assistant Professor of Biochemistry*

Paul H. Hoch, M.D. . . . . *Instructor in Psychiatry*

Harry Grundfest, Ph.D. . . . . *Research Associate in Neurology*

Ruth E. Moulton, M.D. . . . . *Research Assistant in Psychiatry*

Edward Stainbrook, Ph.D., M.D. . . . . *Lecturer in Psychology*

GUEST PROFESSORS OF THE CLINIC

FRANZ ALEXANDER, A.B., M.D.
Clinical Professor of Psychiatry, University of Illinois; Director, Institute for Psychoanalysis, Chicago.

HOWARD S. LIDDELL, Ph.D.
Professor of Psychology, Cornell University; Director, Cornell Behavior Farm, Cornell University.

THERAPEUTIC SERVICES

SANDOR RADO, M.D. . . . . *Attending Psychoanalyst, Chief of Psychoanalytic Service*

GEORGE E. DANIELS, M.D. . . . . *Attending Psychoanalyst, Chief of Psychosomatic Service*

DAVID M. LEVY, M.D. . . . . *Attending Psychoanalyst, Chief of Children's Service*

ABRAM KARDINER, M.D. . . . . *Attending Psychoanalyst, Chief of Cultural Studies*

NATHAN W. ACKERMAN, M.D. . . . . *Associate Staff Psychoanalyst In Charge of Admissions, Psychosomatic Service*

VIOLA W. BERNARD, M.D. . . . . *Associate Staff Psychoanalyst In Charge of Admissions, Psychoanalytic Service*

ROBERT C. BAK, M.D. . . . . *Associate Staff Psychoanalyst*

CARL A. BINGER, M.D. . . . . *Associate Attending Psychoanalyst*

RAYMOND DE SAUSSURE, M.D. . . . . *Associate Attending Psychoanalyst*

PHYLLIS GREENACRE, M.D. . . . . *Associate Attending Psychoanalyst*

EDITH JACOBSON, M.D. . . . . *Associate Attending Psychoanalyst*

JOHN A. P. MILLET, M.D. . . . . *Associate Attending Psychoanalyst*

FANNY VON HANN-KENDE, M.D. . . . . *Associate Attending Psychoanalyst*

BELA MITTELMANN, M.D. . . . . *Associate Attending Psychoanalyst*

FRITZ WITTELS, M.D. . . . . *Associate Attending Psychoanalyst*

FREDERIC S. WEIL, M.D. . . . . *Associate Attending Psychoanalyst*

WILLIAM H. DUNN, M.D. . . . . *Associate Psychoanalyst*

RICHARD L. FRANK, M.D. . . . . *Associate Psychoanalyst*

NORVELLE C. LAMAR, M.D. . . . . *Associate Psychoanalyst*

NATHANIEL ROSS, M.D. . . . . *Associate Psychoanalyst*

LEO STONE, M.D. . . . . *Associate Psychoanalyst*

MILTON SAPIRSTEIN, M.D. . . . . *Assistant Psychoanalyst*

EDWARD STAINBROOK, Ph.D., M.D. . . . . *Consulting Psychologist*

BLUMA SWERDLOFF . . . . . *Psychiatric Social Worker*

THE PSYCHOANALYTIC CLINIC FOR TRAINING AND RESEARCH

The Psychoanalytic Clinic for Training and Research, established in the Department of Psychiatry of Columbia University in January, 1945, has the following objectives:

1. Graduate residency training for qualified physicians in psychoanalysis and in the psychodynamic (behavior) aspect of the various branches of medicine (psychosomatics);
2. Research in the fields of psychoanalysis and the psychodynamic (behavior) aspect of the various branches of medicine (psychosomatics).
3. Training in intramural psychiatry.

For the purposes of training and research, and also to serve the needs of the community, the Clinic maintains four interrelated therapeutic services: (*a*) a psychoanalytic service for in-patients; (*b*) a psychoanalytic service for out-patients; (*c*) a psychosomatic service; and (*d*) a psychoanalytic service for children. These services are located at the New York State Psychiatric Institute and Hospital, the Vanderbilt Clinic, and Babies Hospital at the Columbia-Presbyterian Medical Center.

This Clinic is under the supervision of Dr. Nolan D. C. Lewis, Executive Officer of the Department of Psychiatry and Director of the New York State Psychiatric Institute and Hospital.

GRADUATE RESIDENCY TRAINING IN PSYCHOANALYTIC MEDICINE AND IN INTRAMURAL PSYCHIATRY

REQUIREMENTS FOR ADMISSION

1. Graduation from a medical school approved by Columbia University.

2. Completion of an internship of not less than one year in a hospital approved by Columbia University.

3. Completion of a personal analysis with a psychoanalyst accredited by this Clinic is a preferred requirement.

This personal analysis is a basic and indispensable preparation for psychoanalytic training. In this analysis the prospective student undertakes a penetrating psychological study of himself. He is expected to explore resolutely and thoroughly the unconscious reaches of his mind, trace his development back to the formative experiences of his childhood, and arrive at a better knowledge

and more realistic appraisal of himself as an individual and as a product of a given period and culture. He is expected to overcome his personal difficulties and acquire a greater measure of self-direction, psychological and critical independence, and a more mature outlook upon life.

Prospective applicants should consult the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, for preliminary approval of their contemplated personal analyses. Such preliminary approval does not constitute admission to graduate training.

As a temporary transitional provision, otherwise acceptable students may be allowed to complete their personal analyses during the period of graduate training.

4. Approval of application by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine.

ADMISSION TO ADVANCED STANDING

Students will be allowed credit for:

a) Work done previously in psychoanalysis and psychosomatics, provided such work satisfies the standards of this Clinic;

b) Work in intramural psychiatry done previously at hospitals and clinics approved by Columbia University.

APPLICATIONS

Applications for admission to training must be submitted in duplicate before March 1 of the year for which the applicant wishes to be considered for admission. Applications for future training will be received throughout the year. The privilege of later application may be granted to physicians returning from service in the Armed Forces. Application forms may be secured from the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, 630 West 168th Street, New York 32, New York.

REGISTRATION

After their applications have been approved by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine, students must register in person at the Office of the Registrar, B–405, 630 West 168th Street, New York 32, New York, on June 30, 1948.

FEES

The fees for the entire three-year course of graduate training including application for the certificate and the degree total $1,590, as follows:

(a) University Fees

$10 for each Winter and Spring Session or any part thereof
Total for three-year period $60

(b) Tuition Fees

$500 for each year, payable semiannually at beginning of each Winter and Spring Session
Total for three-year period 1,500

(c) Fee for certificate 10

(d) Fee for application for the degree 20

Total $1,590

University fees (non-refundable) and tuition fees are payable semiannually in advance. Registration will not be complete until such fees are paid. Checks should be drawn to the order of Columbia University and presented to the Cashier. (Personal analysis is not a part of graduate training, and charges therefor are not included in the fees listed above.)

REQUIREMENTS FOR GRADUATION

CERTIFICATE OF TRAINING IN PSYCHOANALYTIC MEDICINE

1. Completion of a period of full-time supervised training of not less than three years in hospitals and clinics recognized by Columbia University, not less than one year of which must be spent in the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, such study to include:*

a) A systematic program of lectures and seminars:

Freud's Work: historical review of Freud's writings

Psychodynamics as a Basic Science of Human Behavior

Psychosomatics: psychodynamic (behavior) aspect of physiological functions in health and disease

Experimental Analysis of Animal Behavior

Technique

Psychodynamics of Growth and Development; Treatment of Children

* Detailed information about the distribution of required work over the three-year training period will be found on pages 10–11 of this Announcement.

Comparative Analysis of Cultures

Methodology

Survey of Literature

Related Subjects

b) Attendance at case demonstrations and clinical conferences.

c) Supervised treatment (briefer methods), minimum eighteen months: in the psychoanalytic service for out-patients, minimum eight months; in the psychoanalytic service for in-patients, minimum two months; in the psychosomatic service, minimum six months; and in the psychoanalytic service for children, minimum two months.

d) Supervised psychoanalytic treatment (reconstructive technique) of selected patients, minimum eighteen months.

e) During the rest of the time, throughout the first and second years, residency work in intramural psychiatry in the New York State Psychiatric Institute and Hospital or in another hospital approved by Columbia University.

2. Written, oral, and practical examinations in the theory and practice of psychoanalytic medicine.

DEGREE OF DOCTOR OF MEDICAL SCIENCE

1. Fulfillment of the aforesaid requirements for the award of a Certificate of Training in Psychoanalytic Medicine.

2. Examinations in the related basic medical sciences.

3. A dissertation on the clinical aspects of psychoanalytic medicine. The dissertation should be previously unpublished and represent the results of original clinical or experimental (laboratory) investigation, involving the critical analytic method. It should show evidence of an interest which extends beyond the clinical limits of the specialty and familiarity with the basic medical science which is related to the problem. If the investigation is carried out in the laboratory of a basic science department, it is desirable that a member of the department concerned be one of the advisers and be familiar with its progress. Series of case reports are not considered acceptable.

GENERAL INFORMATION

ACADEMIC DISCIPLINE

The continuance of each student upon the rolls of the University, the receipt by him of academic credits, his graduation, and the conferring of any degree

or the granting of any certificate are strictly subject to the disciplinary powers of the University, which is free to cancel his registration at any time on any grounds which it deems advisable. The disciplinary authority of the University is vested in the President in such cases as he deems proper, and, subject to the reserved powers of the President, in the Dean of each Faculty and the Director of the work of each Administrative Board.

STUDENT AID

Studentships, Scholarships, Residencies, Fellowships, and Revolving Loan Fund

Through the sponsorship of the Lester N. Hofheimer Estate, the Arnold Constable Foundation, Dr. David M. Levy, Dr. Viola W. Bernard, and the U.S. Public Health Service, a limited number of grants are available to deserving students.

Personal analysis studentships are awarded to defray in full or in part the expense of the personal analysis.

Graduate scholarships are awarded to defray in full or in part the tuition costs of the course.

Psychoanalytic residencies are awarded to give assistance to the student during the training course.

Clinic and research fellowships are awarded to compensate for clinical teaching and research responsibilities undertaken during or after the completion of the three-year graduate training course.

In making awards, preference will be given to applicants of high psychological aptitude and scholastic record who are preparing for an academic career in psychiatry.

There is a revolving loan fund to assist students in financing their personal analyses or graduate training, or both. Recipients of a loan must pledge themselves to repay this debt on a convenient installment plan after they have completed their training.

STUDENT TIME SCHEDULE

First Year

During the first year the student's full time is divided between work in this Clinic and work in a collaborating clinic or hospital.

Work in this Clinic:

For 4 weeks (July):
Tu. 9–11 a.m. Supplementary courses

For 32 weeks (Oct.–May):
Tu. 9–11 a.m. Lectures; 11 a.m.–12 m. Supplementary courses
Th. 9–11 a.m. Lectures; 11 a.m.–12 m. Supplementary courses
S. 9–11 a.m. Case demonstrations; 11 a.m.–12 m. Supplementary courses

Work in a collaborating hospital:

During the rest of the time, from July 1 to June 30:
Residency work in intramural psychiatry in the New York State Psychiatric Institute and Hospital, or in another hospital approved by Columbia University.

Second Year

During the second year the student's full time is divided between work in this Clinic and work in collaborating clinic or hospital.

Work in this Clinic:

For 32 weeks (Oct.–May):
Tu. 9–11 a.m. Lectures
Th. 9–11 a.m. Lectures
S. 9–11 a.m. Clinical conferences
Tu. Th. S. 11 a.m.–1 p.m.
Supervised treatment (briefer methods) in the Therapeutic Services, from Oct. 1 to June 30.

Time to be arranged: Supervised psychoanalytic treatment (reconstructive type) of selected patients, about 11 hours weekly, from Dec. 1 to June 30.

Work in a collaborating hospital:

During the rest of the time, from July 1 to June 30:
Residency work in intramural psychiatry in the New York State Psychiatric Institute and Hospital or in another hospital approved by Columbia University.

Third Year

During the third year the student's full time is spent in this Clinic.

Work in this Clinic:

Tu. 9–11 a.m. Lectures and seminars—for 16 weeks (Oct.–Jan.)
S. 9–11 a.m. Clinical conferences—for 32 weeks (Oct.–May)
Tu. Th. S. 11 a.m.–1 p.m. Supervised treatment (briefer methods) in the Therapeutic Services, from July 1 to May 31.

Time to be arranged: Supervised psychoanalytic treatment (reconstructive type) of selected patients, about 22 hours weekly, from July 1 to May 31.

June: The month of June has been set aside for qualifying examinations. Whenever necessary, the student will be given the opportunity to take the qualifying examination during the subsequent academic year.

PROGRAM OF LECTURES, CASE DEMONSTRATIONS, CLINICAL AND SUPERVISORY CONFERENCES

1. Freud's work. 32 hours (one two-hour session weekly). First year (Oct.–Jan.). Drs. KARDINER and BAK.

Historical review of Freud's writings. Discussion of assigned reading material.

2. Psychodynamics as a basic science of human behavior. 64 hours (one two-hour session weekly). First year (Oct.–May). Dr. RADO.

The whole individual. Adaptive frame of reference: pleasure, utility, health, survival. Analysis of psychologic needs into physiologic requirements and cultural demands. The action-self. Levels of psychologic organization. Unconscious integration; primal mechanisms of behavior. Developmental relations, regression, life cycle. Sex differentiation and morbid (neurotic, psychotic, etc.) behavior.

3. Psychosomatics. 64 hours (one two-hour session weekly). Second year (Oct.–May). Dr. DANIELS, other members of the staff, and guest lecturers.

Psychodynamic (behavior) aspect of physiological functions in health and disease.

4. Experimental analysis of animal behavior. 8 hours (one two-hour session weekly). First year (Feb.). Dr. LEVY and guest lecturers.

5. Technique I. 24 hours (one two-hour session weekly). First year (Mar.–May). Dr. RADO.

Detection of unconscious processes: dream analysis, interpretation of primitive thought and symbolic expression.

Technique II. 32 hours (one two-hour session weekly). Second year (Oct.–Jan.). Dr. RADO.

Action dynamics of analytic therapy; reconstructive technique (psychoanalysis proper); briefer and psychosomatic methods. Choice of approach.

6. Psychodynamics of growth and development; treatment of children. 16 hours (one two-hour session weekly). Second year (Apr.–May). Dr. LEVY.

7. Comparative analysis of cultures. 16 hours (one two-hour session weekly). Second year (Feb.–Mar.). Dr. KARDINER.

8. Methodology. 16 hours (one two-hour session weekly). Third year (Oct.–Nov.). Dr. KARDINER.

Guiding preconceptions and methods of psychological research. Semantics. Synopsis of terminologies.

9. Seminar on survey of literature. 16 hours (one two-hour session weekly). Third year (Dec.–Jan.). Instructor to be announced.

10. Case demonstrations. 64 hours (one two-hour session weekly). First year (Oct.–May). Chiefs of Services and staff.

Presentation of cases for discussion: psychoanalytic technique of clinical examination. Clinical pictures and gross psychodynamics. Cross-interpretation of psycho- and somatopathologic findings. Evaluation of present impairment of function in the light of developmental history.

11. Clinical conferences. 128 hours (one two-hour session weekly). Second and third years (Oct.–May). Chiefs of Services and staff.

Presentation of cases for the discussion of minute psychodynamics and problems of therapeutic technique. Criteria for choice of method and evaluation of results.

12. Individual supervision in the therapeutic services. Time to be arranged. Second and third years. Chiefs of Services and staff.

13. Section supervision in the therapeutic services. Time to be arranged. Second and third years. Chiefs of Services and staff.

PROGRAM OF SUPERVISED CLINICAL WORK IN THE THERAPEUTIC SERVICES

1. Briefer methods.

Tu. Th. S., 11 a.m.–1 p.m., 18 months, from October 1 of second year to May 31 of third year, by assignment:

a) In the Psychoanalytic Service for Out-Patients, for 8 months.
b) In the Psychoanalytic Service for In-Patients, for 2 months.
c) In the Psychosomatic Service, for 6 months.
d) In the Psychoanalytic Service for Children, for 2 months.

2. Psychoanalytic treatment (reconstructive type) of selected patients. 18 months, from December 1 of second year to May 31 of third year:

a) For the first six months, about 11 hours weekly, time to be arranged.
b) For the following 12 months, about 22 hours weekly, time to be arranged.

PROGRAM OF SUPPLEMENTARY COURSES IN INTRAMURAL PSYCHIATRY AND RELATED BASIC SCIENCES

1. Principles and techniques of psychiatric examination (introductory course). 8 hours (one two-hour session weekly). First year (July). Dr. Hoch.

2. Genetics, general and chemical neurophysiology for psychiatrists (basic science course). 32 hours (one hour weekly). First year (Oct.–May). Drs. Kallmann, Grundfest, and Waelsch.

3. Intramural psychiatry. 32 hours (one hour weekly). First year (Oct.–May). Dr. Hoch.

Pathology of the psychoses. Techniques of intramural therapy, shock therapy, narcodiagnosis and therapy, etc. Review of current literature.

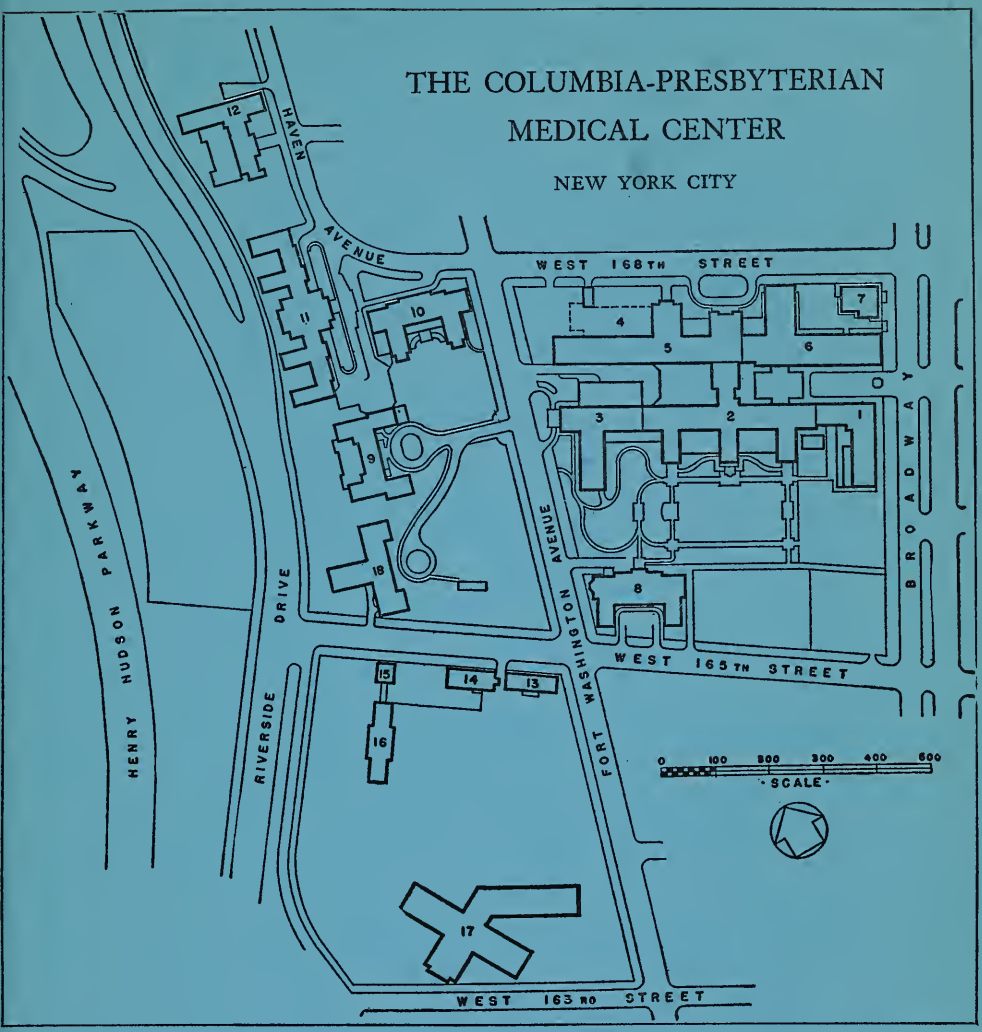
4. Neuropathology for psychiatrists. 12 hours (one hour weekly). First year (Mar.–May). Dr. FERRARO.

5. Psychometric methods. 10 hours (one hour weekly). First year. (Oct.–Dec.). Dr. STAINBROOK.

6. Supervision of intramural psychiatry. 16 hours (to be arranged). First and second years. (Oct.–May). Drs. RADO, BAK, and HOCH.

7. Physiology of the autonomic nervous system. 10 hours (one hour weekly). First year (Jan.–March). Dr. ROOT.

Physiology of the various effectors and their relation to the autonomic nervous system.



1. Babies Hospital
2. Presbyterian Hospital
   Sloane Hospital
3. Harkness Pavilion
4. Power plant
5. College of Physicians and Surgeons
6. Vanderbilt Clinic
   School of Dental and Oral Surgery
7. Washington Heights Health and Teaching Center, N. Y. City Dept. of Health
   School of Public Health
8. Institute of Ophthalmology
9. Maxwell Hall
10. Neurological Institute
11. N. Y. State Psychiatric Institute and Hospital
12. Bard Hall
13, 16. Storage
14. Shops
15. Housing
17. Florence Nightingale Hospital (under construction), N. Y. City Dept. of Hospitals
18. Edward S. Harkness Memorial Hall

COLUMBIA UNIVERSITY
BULLETIN OF INFORMATION

Forty-ninth Series, No. 15 April 23, 1949

OPY 2 STACKS
MEDIC... OF ...RSITY
...L
GIFT

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

1949-1950

COLUMBIA-PRESBYTERIAN MEDICAL CENTER
630 WEST 168TH STREET • NEW YORK 32, N.Y.

Columbia University Bulletin of Information

Forty-ninth Series, No. 15 April 23, 1949

Issued at Columbia University, Morningside Heights, New York 27, N. Y., weekly from January for forty consecutive issues. Re-entered as second-class matter February 7, 1949, at the Post Office at New York, N. Y., under the Act of August 24, 1912. Acceptance for mailing at a special rate of postage provided for in Section 1103, Act of October 3, 1917, authorized.

The series includes the Report of the President to the Trustees, and the Announcements of the several Colleges and Schools, relating to the work of the next year. These are made as accurate as possible, but the right is reserved to make changes in detail as circumstances require. The current number of any of these Announcements will be sent upon application to the Office of University Admissions.

C.U.P. 12,000—1949.

PRINTED FOR THE UNIVERSITY BY
COLUMBIA UNIVERSITY PRESS

Columbia University

in the City of New York

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

1949-1950

COLUMBIA-PRESBYTERIAN MEDICAL CENTER

630 WEST 168TH STREET

NEW YORK 32, N.Y.

Applications should be submitted before January 1 of year for which candidate is applying.

Registration, June 30.

Residency work in intramural psychiatry begins July 1.

Program of required lectures begins Tuesday of week following Labor Day.

FACULTY OF MEDICINE

OFFICERS OF THE FACULTY

Dwight David Eisenhower, LL.D. . . . . *President of the University*
Willard Cole Rappleye, M.D., Sc.D. . . . *Vice President in Charge of Medical Affairs; Dean of Faculty of Medicine*
John Bacchus Truslow, M.D. . . . . *Assistant Dean (Graduate Medicine)*

STAFF OF PSYCHOANALYTIC CLINIC

Nolan D. C. Lewis, M.D. . . . . *Professor of Psychiatry; Executive Officer, Department of Psychiatry; Director of the New York State Psychiatric Institute and Hospital*
Sandor Rado, D.Pol.Sc., M.D. . . . . *Clinical Professor of Psychiatry; Director of the Clinic*
George E. Daniels, B.S., M.D. . . . . *Clinical Professor of Psychiatry; Associate Director of the Clinic*
Abram Kardiner, A.B., M.D. . . . . *Associate Clinical Professor of Psychiatry*

Nathan W. Ackerman, M.D. . . . . *Associate in Psychiatry*
Robert C. Bak, M.D. . . . . *Associate in Psychiatry*
Viola W. Bernard, M.D. . . . . *Associate in Psychiatry*
Fanny von Hann-Kende, M.D. . . . . *Associate in Psychiatry*
Nathaniel Ross, M.D. . . . . *Associate in Psychiatry*
Aaron Karush, M.D. . . . . *Instructor in Psychiatry*
Allan Roos, M.D. . . . . *Instructor in Psychiatry*
Milton Sapirstein, M.D. . . . . *Instructor in Psychiatry*
Frederic S. Weil . . . . . *Instructor in Psychiatry*
Lionel Ovesey, M.D. . . . . *Research Assistant in Psychiatry*
John S. Poe, M.D. . . . . *Assistant in Psychiatry*

TEACHING AND RESEARCH COLLABORATORS

Jacob A. Arlow, M.D. . . . . *Research Associate in Psychiatry*
Hilde Bruch, M.D. . . . . *Associate in Psychiatry*
Harry Grundfest, Ph.D. . . . . *Associate Professor of Neurology*
Clarence C. Hare, M.D., Med.Sc.D. . . *Assistant Clinical Professor of Neurology*
Paul H. Hoch, M.D. . . . . *Assistant Professor of Psychiatry*
Franz J. Kallmann, M.D. . . . . *Assistant Clinical Professor of Psychiatry*

H. Houston Merritt, M.D. . . . . *Professor of Neurology*
John A. P. Millet, M.D. . . . . *Instructor in Psychiatry*
Ruth E. Moulton, M.D. . . . . *Instructor in Psychiatry*
Walter S. Root, Ph.D. . . . . *Professor of Physiology*
Heinrich B. Waelsch, Ph.D., M.D. . . . . *Associate Professor of Biochemistry*
Abner Wolf, M.D. . . . . *Associate Professor of Neuropathology*
Joseph Zubin, Ph.D. . . . . *Assistant Professor of Psychology*

GUEST PROFESSORS OF THE CLINIC

Franz Alexander, M.D.
Clinical Professor of Psychiatry, University of Illinois; Director, Institute for Psychoanalysis, Chicago.

Howard S. Liddell, Ph.D.
Professor of Psychology, Cornell University; Director, Cornell Behavior Farm, Cornell University.

THERAPEUTIC SERVICES

Regular Staff

Sandor Rado, M.D. . . . . *Attending Psychoanalyst, Chief of Psychoanalytic Service*
George E. Daniels, M.D. . . . . *Attending Psychoanalyst, Chief of Psychosomatic Service*
David M. Levy, M.D. . . . . *Attending Psychoanalyst, Chief of Children's Service*
Abram Kardiner, M.D. . . . . *Attending Psychoanalyst, Chief of Cultural Studies*
Nathan W. Ackerman, M.D. . . . . *Associate Staff Psychoanalyst*
Robert C. Bak, M.D. . . . . *Associate Staff Psychoanalyst*
Viola W. Bernard, M.D. . . . . *Associate Staff Psychoanalyst*
Fanny Hann-Kende, M.D. . . . . *Associate Staff Psychoanalyst*
Nathaniel Ross, M.D. . . . . *Associate Staff Psychoanalyst*
Frederic S. Weil, M.D. . . . . *Associate Staff Psychoanalyst*
Aaron Karush, M.D. . . . . *Assistant Psychoanalyst*
Margaret Olds, M.D. . . . . *Assistant Psychoanalyst*
Lionel Ovesey, M.D. . . . . *Assistant Psychoanalyst*
John S. Poe, M.D. . . . . *Assistant Psychoanalyst*
Allan Roos, M.D. . . . . *Assistant Psychoanalyst*
Milton Sapirstein, M.D. . . . . *Assistant Psychoanalyst*
Joseph Zubin, Ph.D. . . . . *Consulting Psychologist*
Bluma Swerdloff, B.S. . . . . *Psychiatric Social Worker*
Nettie Terestman, B.S. . . . . *Psychiatric Social Worker*

Collaborating Staff

John H. Travis, M.D. . . . . *Consulting Psychiatrist*
Superintendent, Manhattan State Hospital.

Isaac N. Wolfson, M.D. . . . . *Associate Consulting Psychiatrist*
Assistant Director, Manhattan State Hospital.

Carl A. Binger, M.D. . . . . *Associate Attending Psychoanalyst*
Franz S. Cohn, M.D. . . . . *Associate Attending Psychoanalyst*
Raymond de Saussure, M.D. . . . . *Associate Attending Psychoanalyst*
Phyllis Greenacre, M.D. . . . . *Associate Attending Psychoanalyst*
Edith Jacobson, M.D. . . . . *Associate Attending Psychoanalyst*
John A. P. Millet, M.D. . . . . *Associate Attending Psychoanalyst*
Bela Mittelmann, M.D. . . . . *Associate Attending Psychoanalyst*
William H. Dunn, M.D. . . . . *Associate Psychoanalyst*
Richard L. Frank, M.D. . . . . *Associate Psychoanalyst*
George S. Goldman, M.D. . . . . *Associate Psychoanalyst*
Paul Goolker, M.D. . . . . *Associate Psychoanalyst*
Henriette R. Klein, M.D. . . . . *Associate Psychoanalyst*
Norvelle C. LaMar, M.D. . . . . *Associate Psychoanalyst*
Eugene C. Milch, M.D. . . . . *Associate Psychoanalyst*
William Needles, M.D. . . . . *Associate Psychoanalyst*
Leo Stone, M.D. . . . . *Associate Psychoanalyst*

THE PSYCHOANALYTIC CLINIC FOR TRAINING AND RESEARCH

The Psychoanalytic Clinic for Training and Research, established in the Department of Psychiatry of Columbia University in January, 1945, has the following objectives:

1. The training of qualified physicians in psychodynamics; the physiology and pathology of behavior and their relation to bodily disease; the cultural aspect of behavior; the concept of mental health; and the application of psychoanalytic and other therapeutic techniques in the care of patients with psychiatric disorders.
2. The integration of psychoanalytic and other psychiatric treatment techniques with the other related basic sciences and clinical fields.
3. Fundamental research in the general field of psychiatry, with particular emphasis upon the development of scientific methods in the accumulation of knowledge of psychoanalytic medicine.

The course of training toward these objectives has been designed with considerable flexibility, based on full-time work over a period of three years. It shall include:

1. Supervised training in hospitals and clinics recognized by Columbia University, not less than one year of which must be spent in the Psychoanalytic Clinic for Training and Research, Columbia University.
2. A program of lectures, seminars, demonstrations, and conferences arranged throughout the three-year period.
3. Intensive training in the related basic sciences and opportunity for fundamental research in any of these fields.
4. Closely supervised treatment of patients selected from inpatient and outpatient services, including reconstructive psychoanalyses, briefer methods, and the techniques employed in intramural psychiatry.

On the recommendation of the Director, credit may be given in exceptional circumstances for the satisfactory completion of certain parts of this program.

For the fullest utilization of the opportunities offered by this course of training at the Psychoanalytic Clinic, completion of a personal analysis with a psychoanalyst accredited by the Clinic is a preferred requirement for admission.

This personal analysis is a basic and indispensable preparation for psychoanalytic training. In this analysis the prospective student undertakes a penetrating psychological study of himself. He is expected to explore resolutely and thoroughly the unconscious reaches of his mind, trace his development back to the formative experiences of his childhood, and arrive at a better knowledge and more realistic appraisal of himself as an individual and as a product of a given period and culture. He is expected to overcome his personal

difficulties and acquire a greater measure of self-direction, psychological and critical independence, and a more mature outlook upon life.

Personal analysis is a medical procedure. It is safeguarded by the Hippocratic oath of the physician, and by the laws, regulations, and ethical standards governing the practice of medicine.

Upon the satisfactory completion of this course of training—including written, oral, and practical examinations in the theory and practice of psychoanalytic medicine and the related basic sciences—a Certificate of Training in Psychoanalytic Medicine is awarded by Columbia University.

Students who, in addition to this course of training, undertake a full year of basic research, either completed or contemplated, may submit an application to be considered, by the Committee on Graduate Clinical Instruction, for registration for the degree of Doctor of Medical Science. Further information may be obtained from the Office of the Assistant Dean, Graduate Medicine, 630 West 168th Street, New York 32, New York.

For the purposes of training and research, and also to serve the needs of the community, the Clinic maintains four interrelated therapeutic services: (*a*) a psychoanalytic service for inpatients; (*b*) a psychoanalytic service for outpatients; (*c*) a psychosomatic service; and (*d*) a psychoanalytic service for children. These services are located at the New York State Psychiatric Institute and Hospital, the Vanderbilt Clinic, and Babies Hospital at the Columbia-Presbyterian Medical Center.

This Clinic is under the supervision of Dr. Nolan D. C. Lewis, Executive Officer of the Department of Psychiatry and Director of the New York State Psychiatric Institute and Hospital.

GENERAL INFORMATION

REQUIREMENTS FOR ADMISSION

1. Graduation from a medical school approved by Columbia University.
2. Completion of an internship of not less than one year in a hospital approved by Columbia University.
3. Completion of a personal analysis with a psychoanalyst accredited by this Clinic is a preferred requirement.

Prospective applicants should consult the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, for preliminary approval of their contemplated personal analyses. Such preliminary approval does not constitute admission to graduate training.

As a temporary transitional provision, otherwise acceptable students may be allowed to complete their personal analyses during the period of graduate training.

4. Approval of application by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine.

APPLICATIONS

Applications for admission to training must be submitted in duplicate before January 1 of the year for which the applicant wishes to be considered for admission. Applications for future training will be received throughout the year. After filing application blanks, every prospective candidate must see members of the Committee on Admissions in person and take psychological tests, for which the fee is $25. Those with applications on file will be told of the exact dates of these appointments at least two weeks in advance. Application forms may be secured from the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, 630 West 168th Street, New York 32, New York.

REGISTRATION

After their applications have been approved by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine, students must register in person at the Office of the Registrar, B–405, 630 West 168th Street, New York 32, New York, on June 30.

FEES

The fees for the entire three-year course of graduate training including application for the certificate and the degree total $2,340, as follows:

(*a*) University Fees	
$10 for each Winter and Spring Session or any part thereof	
Total for three-year period	$ 60
(*b*) Tuition Fees	
$750 for each year, payable semiannually at beginning of each Winter and Spring Session	
Total for three-year period	2,250
(*c*) Fee for certificate	10
(*d*) Fee for application for the degree	20
Total	$2,340

Personal analysis is not a part of graduate training, and charges therefor are not included in the fees listed above.

University fees (not refundable) and tuition fees are payable semiannually in advance. Registration will not be complete until such fees are paid. Checks should be drawn to the order of Columbia University and presented to the Cashier.

STUDENT AID

A limited number of training fellowships are available to deserving students.

ACADEMIC DISCIPLINE

The continuance of each student upon the rolls of the University, the receipt by him of academic credits, his graduation, and the conferring of any degree or the granting of any certificate are strictly subject to the disciplinary powers of the University, which is free to cancel his registration at any time on any grounds which it deems advisable. The disciplinary authority of the University is vested in the President in such cases as he deems proper, and, subject to the reserved powers of the President, in the Dean of each Faculty and the Director of the work of each Administrative Board.

PROGRAM OF LECTURES, CASE DEMONSTRATIONS, CLINICAL AND SUPERVISORY CONFERENCES

First Year

101. Principles and techniques of psychiatric examination (introductory course). 8 hours (Sept.). Th. 11–1. Dr. Hoch.

102. Psychodynamics as a basic science of human behavior. 64 hours (Sept.–May). Th. 9–11. Dr. Rado.

The whole individual. Adaptive frame of reference: pleasure, utility, health, survival. Analysis of psychologic needs into physiologic requirements and cultural demands. The action-self. Levels of psychologic organization. Unconscious integration; primal mechanisms of behavior. Developmental relations, regression, life cycle. Sex differentiation and morbid—neurotic, psychotic, etc.—behavior.

103. Intramural psychiatry. 32 hours (Oct.–May). Th. 11–12. Dr. Hoch.

Pathology of the psychoses. Techniques of intramural therapy, shock therapy, narcodiagnosis and therapy, etc. Review of current literature.

104. Freud's work. 32 hours (Sept.–Jan.). Tu. 9–11. Instructor to be announced.

Historical review of Freud's writings. Discussion of assigned reading material.

105. Technique, I. 24 hours (Feb., Apr.–May). Tu. 9–11. Dr. Rado.

Detection of unconscious processes: dream analysis, interpretation of primitive thought and symbolic expression.

106. Contributions of animal psychology to psychodynamics. 8 hours (Mar.). Tu. 9–11. Dr. Levy and guest lecturers.

107. Genetics, general and chemical neurophysiology. 32 hours (Sept.–May). Tu. 11–12. Drs. Kallmann, Grundfest, and Waelsch.

108. Case demonstrations. 64 hours (Sept.–May). S. 9–11. Chiefs of Services and staff.

Presentation of cases for discussion: psychoanalytic technique of clinical examination. Clinical pictures and gross psychodynamics. Cross-interpretation of psycho- and somatopathologic findings. Evaluation of present impairment of function in the light of developmental history.

109. Clinical neurology for psychiatrists. 32 hours (Sept.–Feb.). S. 11–1. Drs. Merritt, Hare, Wolf, and associates.

Basic and clinical neurology, including neuropathology, electrophysiology, and X ray; lectures and case presentations of clinical material.

110. Physiology of the autonomic nervous system. 8 hours (Feb.–March). S. 11–12. Dr. Root.

Physiology of the various effectors and their relation to the autonomic nervous system.

111. Psychometric methods. 10 hours (Apr.–May). S. 11–12. Drs. Weil and Zubin.

112. Supervision of intramural psychiatry. 16 hours (Oct.–May). First and second years. Time to be arranged. Drs. Rado, Hoch, and Wolfson.

During the rest of the time, from July 1 to June 30:

Residency work in intramural psychiatry in the New York State Psychiatric Institute and Hospital or in another hospital approved by Columbia University.

Second Year

201. Psychosomatics. 64 hours (Sept.–May). Th. 9–11. Dr. DANIELS, other members of the staff, and guest lecturers.

Psychodynamic (behavior) aspect of physiological functions in health and disease.

202. Technique, II. 32 hours (Sept.–Jan.). Tu. 9–11. Dr. RADO.

Action dynamics of analytic therapy; reconstructive technique (psychoanalysis proper); briefer and psychosomatic methods. Choice of approach.

203. Comparative analysis of cultures. 16 hours (Feb.–Mar.). Tu. 9–11. Dr. KARDINER.

204. Psychodynamics of growth and development; treatment of children. 16 hours (Apr.–May). Tu. 9–11. Dr. LEVY.

205. Clinical conferences. 128 hours (Sept.–May). Second and third years. S. 9–11. Chiefs of Services and staff.

206. Section supervision in the therapeutic services. 112 hours (Dec. 1 of second year to May 30 of third year). S. 11–1. Dr. RADO and associates.

207. Individual supervision in the therapeutic services. 176 hours (one two-hour session weekly). Second and third years. Time to be arranged. Chiefs of Services and staff.

208. Panel discussions. 12 hours (three two-hour sessions each year). Second and third years. Time to be arranged. Chiefs of Services, staff, and guests.

Based upon clinical case presentations, panels selected from staff members and guests, representing various schools of thought, will discuss questions of theory and technique. Time will be set aside for general discussion.

212. Supervision of intramural psychiatry. (*112* continued.)

During the rest of the time, from July 1 to June 30:

Supervised treatment (briefer methods) in the Therapeutic Services, 4 hours weekly, from Oct. 1 to June 30.

Supervised psychoanalytic treatment (reconstructive type) of selected patients, about 11 hours weekly, from Dec. 1 to June 30. Time to be arranged.

Residency work in intramural psychiatry in the New York State Psychiatric Institute and Hospital, or in another hospital approved by Columbia University.

Third Year

During the third year the student's full time is spent in this Clinic.

301. Seminar on survey of literature. 16 hours (Oct.–Nov.). Tu. 9–11. Dr. SAPIRSTEIN.

302. Methodology. 16 hours (Apr.–May). Tu. 9–11. Dr. KARDINER.

Guiding preconceptions and methods of psychological research. Semantics. Synopsis of terminologies.

305. Clinical conferences. (*205* continued.)

306. Section supervision in the therapeutic services. (*206* continued.)

307. Individual supervision in the therapeutic services. (*207* continued.)

308. Panel discussions. (*208* continued.)

During the rest of the time, from July 1 to May 31:

Supervised treatment (briefer methods) in the Therapeutic Services, 4 hours weekly, from July 1 to May 31.

Supervised psychoanalytic treatment (reconstructive type) of selected patients, about 21 hours weekly, from July 1 to May 31. Time to be arranged.

The month of June has been set aside for qualifying examinations. Whenever necessary, the student will be given the opportunity to take the qualifying examination during the subsequent academic year.

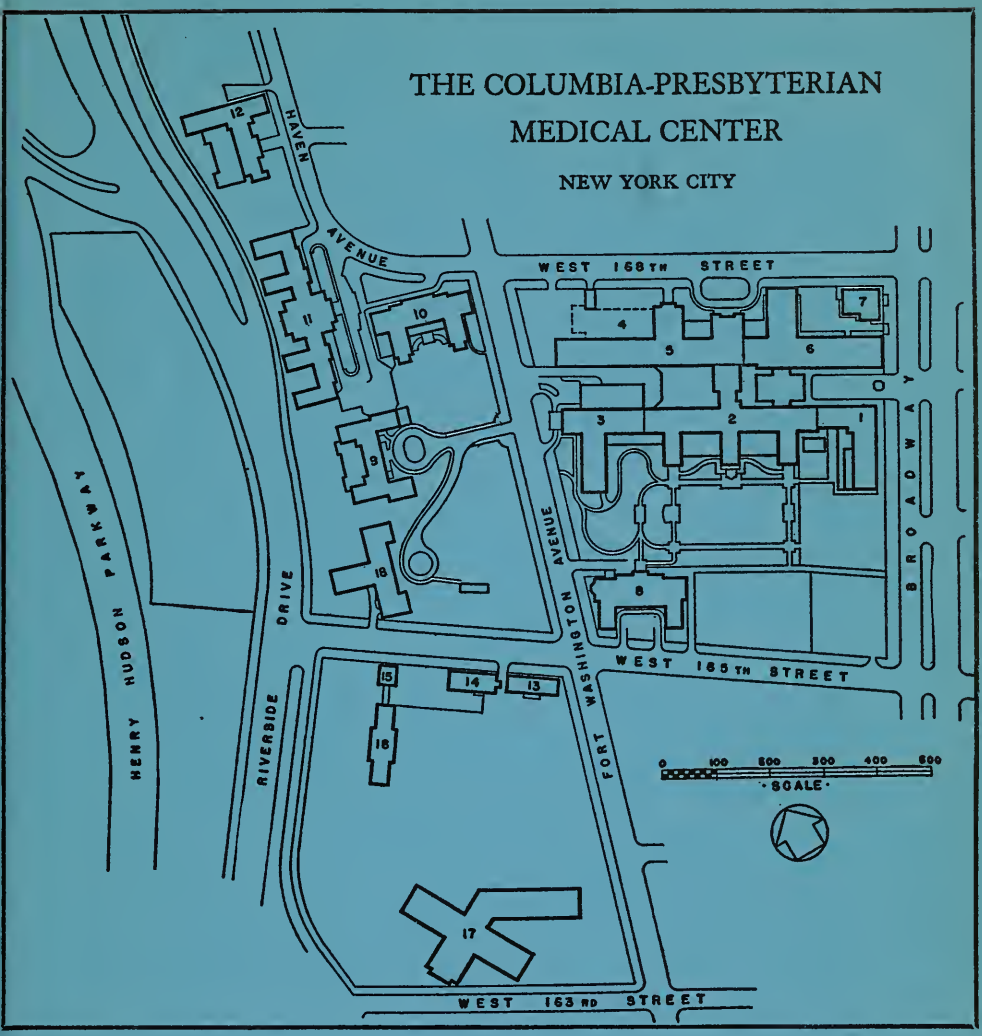
PROGRAM OF SUPERVISED CLINICAL WORK IN THE THERAPEUTIC SERVICES

1. Briefer methods. Tu. Th. S., 11–1, 18 months, from October 1 of second year to May 31 of third year, by assignment:

a) In the Psychoanalytic Service for Outpatients, for 8 months.
b) In the Psychoanalytic Service for Inpatients, for 2 months.
c) In the Psychosomatic Service, for 6 months.
d) In the Psychoanalytic Service for Children, for 2 months.

2. Psychoanalytic treatment (reconstructive type) of selected patients. 18 months, from December 1 of second year to May 31 of third year:

a) For the first six months, about 11 hours weekly, time to be arranged.
b) For the following 12 months, about 21 hours weekly, time to be arranged.



1. Babies Hospital
2. Presbyterian Hospital
   Sloane Hospital
3. Harkness Pavilion
4. Power plant
5. College of Physicians and Surgeons
6. Vanderbilt Clinic
   School of Dental and Oral Surgery
7. Washington Heights Health and Teaching Center, N. Y. City Dept. of Health
   School of Public Health
8. Institute of Ophthalmology
9. Maxwell Hall
10. Neurological Institute
11. N. Y. State Psychiatric Institute and Hospital
12. Bard Hall
13, 16. Storage
14. Shops
15. Housing
17. Francis Delafield Hospital (under construction), N. Y. City Dept. of Hospitals
18. Edward S. Harkness Memorial Hall

COLUMBIA UNIVERSITY
BULLETIN OF INFORMATION
Fiftieth Series, No. 16 May 13, 1950

NNC-M-DUP.

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

ALUMNI CONTINUATION STUDIES

1950-1951

COLUMBIA-PRESBYTERIAN MEDICAL CENTER
630 WEST 168TH STREET • NEW YORK 32, N.Y.

Columbia University Bulletin of Information

Fiftieth Series, No. 16 May 13, 1950

Issued at Columbia University, Morningside Heights, New York 27, N. Y., weekly from January for forty consecutive issues. Re-entered as second-class matter February 7, 1949, at the Post Office at New York, N. Y., under the Act of August 24, 1912. Acceptance for mailing at a special rate of postage provided for in Section 1103, Act of October 3, 1917, authorized.

The series includes the Report of the President to the Trustees and the Announcements of the several Colleges and Schools relating to the work of the next year. These are made as accurate as possible, but the right is reserved to make changes in detail as circumstances require. The current number of any of these Announcements will be sent upon application to the Office of University Admissions.

C.U.P. 7,000—1950.

PRINTED FOR THE UNIVERSITY BY
COLUMBIA UNIVERSITY PRESS

Columbia University

in the City of New York

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

ALUMNI CONTINUATION STUDIES

1950-1951

COLUMBIA-PRESBYTERIAN MEDICAL CENTER

630 WEST 168TH STREET

NEW YORK 32, N.Y.

Applications should be submitted before January 1 of year for which candidate is applying.

Registration, June 30.

Supervised residency work in intramural psychiatry begins July 1.

Program of lectures and other required work begins Tuesday of week following Labor Day.

FACULTY OF MEDICINE

OFFICERS OF THE FACULTY

Dwight David Eisenhower, LL.D. . . . . *President of the University*
Willard Cole Rappleye, M.D., Sc.D. . . *Vice President in Charge of Medical Affairs; Dean of Faculty of Medicine*
John Bacchus Truslow, M.D. . . . . *Assistant Dean (Graduate Medicine)*

STAFF OF PSYCHOANALYTIC CLINIC

Nolan D. C. Lewis, M.D. . . . . *Professor of Psychiatry; Executive Officer, Department of Psychiatry; Director of the New York State Psychiatric Institute and Hospital*
Sandor Rado, D.Pol.Sc., M.D. . . . . *Clinical Professor of Psychiatry; Director of the Clinic*
George E. Daniels, B.S., M.D. . . . . *Clinical Professor of Psychiatry; Associate Director of the Clinic*
Abram Kardiner, A.B., M.D. . . . . *Clinical Professor of Psychiatry*

Nathan W. Ackerman, M.D. . . . . *Associate in Psychiatry*
James P. Cattell, M.D. . . . . *Research Assistant in Psychiatry*
Fanny Hann-Kende, M.D. . . . . *Associate in Psychiatry*
Aaron Karush, M.D. . . . . *Instructor in Psychiatry*
Henriette R. Klein, M.D. . . . . *Associate in Psychiatry*
Thomas A. Loftus, M.D. . . . . *Assistant in Psychiatry*
Irwin Marcus, M.D. . . . . *Assistant in Psychiatry*
John A. P. Millet, M.D. . . . . *Associate in Psychiatry*
Leon Moses, M.D. . . . . *Instructor in Psychiatry*
Lionel Ovesey, M.D. . . . . *Research Assistant in Psychiatry*
Nathaniel Ross, M.D. . . . . *Associate in Psychiatry*
Milton Sapirstein, M.D. . . . . *Instructor in Psychiatry*
Raymond de Saussure, M.D. . . . . *Associate in Psychiatry*
Margaret Olds Strahl, M.D. . . . . *Instructor in Psychiatry*

TEACHING AND RESEARCH COLLABORATORS

Jacob A. Arlow, M.D. . . . . *Research Associate in Psychiatry*
Hilde Bruch, M.D. . . . . *Associate in Psychiatry*
Harry Grundfest, Ph.D. . . . . *Associate Professor of Neurology*
Clarence C. Hare, M.D., Med.Sc.D. . . *Assistant Clinical Professor of Neurology*
Paul H. Hoch, M.D. . . . . *Assistant Professor of Psychiatry*

Franz J. Kallmann, M.D. . . . . *Assistant Clinical Professor of Psychiatry*
H. Houston Merritt, M.D. . . . . *Professor of Neurology*
Ruth E. Moulton, M.D. . . . . *Associate in Psychiatry*
Walter S. Root, Ph.D. . . . . *Professor of Physiology*
Heinrich B. Waelsch, Ph.D., M.D. . . . . *Associate Professor of Biochemistry*
Abner Wolf, M.D. . . . . *Associate Professor of Neuropathology*
Joseph Zubin, Ph.D. . . . . *Assistant Professor of Psychology*

GUEST PROFESSORS OF THE CLINIC

Franz Alexander, M.D.
Clinical Professor of Psychiatry, University of Illinois; Director, Institute for Psychoanalysis, Chicago.

George S. Goldman, M.D.
Assistant Professor of Clinical Psychiatry, Long Island College of Medicine.

David M. Levy, M.D.
Clinical Professor of Psychiatry, Yale University.

Howard S. Liddell, Ph.D.
Professor of Psychology, Cornell University; Director, Cornell Behavior Farm, Cornell University.

THERAPEUTIC SERVICES

Regular Staff

Sandor Rado, M.D. . . . . *Attending Psychoanalyst, Chief of Psychoanalytic Service*
George E. Daniels, M.D. . . . . *Attending Psychoanalyst, Chief of Psychosomatic Service*
David M. Levy, M.D. . . . . *Attending Psychoanalyst, Chief of Children's Service*
Abram Kardiner, M.D. . . . . *Attending Psychoanalyst, Chief of Cultural Studies*
Nathan W. Ackerman, M.D. . . . . *Associate Attending Psychoanalyst, Children's Service*
Fanny Hann-Kende, M.D. . . . . *Associate Attending Psychoanalyst, Psychoanalytic Service for Outpatients*
John A. P. Millet, M.D. . . . . *Associate Attending Psychoanalyst, Psychosomatic Service*
Nathaniel Ross, M.D. . . . . *Associate Attending Psychoanalyst, Psychoanalytic Service for Outpatients*
George S. Goldman, M.D. . . . . *Associate Staff Psychoanalyst*
Henriette R. Klein, M.D. . . . . *Associate Staff Psychoanalyst*
Aaron Karush, M.D. . . . . *Associate Psychoanalyst*
Lionel Ovesey, M.D. . . . . *Associate Psychoanalyst*
Milton Sapirstein, M.D. . . . . *Associate Psychoanalyst*
Margaret Olds Strahl, M.D. . . . . *Associate Psychoanalyst*

James P. Cattell, M.D. . . . . *Assistant Psychoanalyst*
Thomas A. Loftus, M.D. . . . . *Assistant Psychoanalyst*
Irwin Marcus, M.D. . . . . *Assistant Psychoanalyst*
Leon Moses, M.D. . . . . *Assistant Psychoanalyst*
Joseph Zubin, Ph.D. . . . . *Consulting Psychologist*
Bluma Swerdloff, B.S. . . . . *Psychiatric Social Worker*
Nettie Terestman, B.S. . . . . *Psychiatric Social Worker*

Collaborating Staff

John H. Travis, M.D. . . . . *Consulting Psychiatrist*
Superintendent, Manhattan State Hospital.

Nobe E. Stein, M.D. . . . . *Associate Consulting Psychiatrist*
Assistant Director, Manhattan State Hospital.

Viola W. Bernard, M.D. . . . . *Associate Attending Psychoanalyst*
Franz S. Cohn, M.D. . . . . *Associate Attending Psychoanalyst*
Phyllis Greenacre, M.D. . . . . *Associate Attending Psychoanalyst*
Edith Jacobson, M.D. . . . . *Associate Attending Psychoanalyst*
Bela Mittelmann, M.D. . . . . *Associate Attending Psychoanalyst*
Fritz Wittels, M.D. . . . . *Associate Attending Psychoanalyst*
William H. Dunn, M.D. . . . . *Associate Psychoanalyst*
Richard L. Frank, M.D. . . . . *Associate Psychoanalyst*
Paul Goolker, M.D. . . . . *Associate Psychoanalyst*
Norvelle C. LaMar, M.D. . . . . *Associate Psychoanalyst*
Eugene C. Milch, M.D. . . . . *Associate Psychoanalyst*
William Needles, M.D. . . . . *Associate Psychoanalyst*
Leo Stone, M.D. . . . . *Associate Psychoanalyst*

THE PSYCHOANALYTIC CLINIC FOR TRAINING AND RESEARCH

The Psychoanalytic Clinic for Training and Research, established in the Department of Psychiatry of Columbia University in January, 1945, has the following objectives:

1. The training of qualified physicians in psychodynamics; the physiology and pathology of behavior and their relation to bodily disease; the cultural aspect of behavior; the concept of mental health; and the application of psychoanalytic and other therapeutic techniques in the care of patients with psychiatric disorders.
2. The integration of psychoanalytic and other psychiatric treatment techniques with the other related basic sciences and clinical fields.
3. Fundamental research in the general field of psychiatry, with particular emphasis upon the development of scientific methods in the accumulation of knowledge of psychoanalytic medicine.

The course of training toward these objectives has been designed with considerable flexibility, based on full-time work over a period of not less than three years. It shall include:

1. Supervised training in hospitals and clinics recognized by Columbia University, not less than one year of which must be spent in the Psychoanalytic Clinic for Training and Research, Columbia University.
2. A program of lectures, seminars, demonstrations, and conferences arranged throughout the three-year period.
3. Intensive training in the related basic sciences and opportunity for fundamental research in any of these fields.
4. Closely supervised treatment of patients selected from inpatient and outpatient services, including reconstructive psychoanalyses, briefer methods, and the techniques employed in intramural psychiatry.

On the recommendation of the Director, credit may be given in exceptional circumstances for the satisfactory completion of certain parts of this program.

For the fullest utilization of the opportunities offered by this course of training at the Psychoanalytic Clinic, completion of a personal analysis with a psychoanalyst accredited by the Clinic is a preferred requirement for admission.

This personal analysis is a basic and indispensable preparation for psychoanalytic training. In this analysis the prospective student undertakes a penetrating psychological study of himself. He is expected to explore resolutely and thoroughly the unconscious reaches of his mind, trace his development back to the formative experiences of his childhood, and arrive at a better knowledge and more realistic appraisal of himself as an individual and as a product of a given period and culture. He is expected to overcome his personal

difficulties and acquire a greater measure of self-direction, psychological and critical independence, and a more mature outlook upon life.

Personal analysis is a medical procedure. It is safeguarded by the Hippocratic oath of the physician, and by the laws, regulations, and ethical standards governing the practice of medicine.

Upon the satisfactory completion of this course of training—including written, oral, and practical examinations in the theory and practice of psychoanalytic medicine and the related basic sciences—a Certificate of Training in Psychoanalytic Medicine is awarded by Columbia University.

Students who, in addition to this course of training, undertake a full year of basic research, either completed or contemplated, may submit an application to be considered, by the Committee on Graduate Clinical Instruction, for registration for the degree of Doctor of Medical Science. Further information may be obtained from the Office of the Assistant Dean, Graduate Medicine, 630 West 168th Street, New York 32, New York.

For the purposes of training and research, and also to serve the needs of the community, the Clinic maintains four interrelated therapeutic services: (*a*) a psychoanalytic service for inpatients; (*b*) a psychoanalytic service for outpatients; (*c*) a psychosomatic service; and (*d*) a psychoanalytic service for children. These services are located at the New York State Psychiatric Institute and Hospital, the Vanderbilt Clinic, and Babies Hospital at the Columbia-Presbyterian Medical Center.

This Clinic is under the supervision of Dr. Nolan D. C. Lewis, Executive Officer of the Department of Psychiatry and Director of the New York State Psychiatric Institute and Hospital.

GENERAL INFORMATION

REQUIREMENTS FOR ADMISSION

1. Graduation from a medical school approved by Columbia University.
2. Completion of an internship of not less than one year in a hospital approved by Columbia University.
3. Completion of a personal analysis with a psychoanalyst accredited by this Clinic is a preferred requirement.

Prospective applicants should consult the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, for preliminary approval of their contemplated personal analyses. Such preliminary approval does not constitute admission to graduate training.

As a temporary transitional provision, otherwise acceptable students may be allowed to complete their personal analyses during the period of graduate training.

4. Approval of application by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine.

APPLICATIONS

Applications for admission to training must be submitted in duplicate before January 1 of the year for which the applicant wishes to be considered for admission. Applications for future training will be received throughout the year. After filing application blanks, every prospective candidate must see members of the Committee on Admissions in person and take psychological tests, for which the fee is $25. Those with applications on file will be told the exact dates of these appointments at least two weeks in advance. Application forms may be secured from the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, 630 West 168th Street, New York 32, New York.

REGISTRATION

After their applications have been approved by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine, students must register in person at the office of the Registrar, B–405, 630 West 168th Street, New York 32, New York, on June 30.

FEES

The fees for the entire three-year course of graduate training including application for the certificate and the degree total $2,340, as follows:

(*a*) University Fees	
$10 for each Winter and Spring Session or any part thereof	
Total for three-year period	$ 60
(*b*) Tuition Fees	
$750 for each year, payable semiannually at beginning of each Winter and Spring Session	
Total for three-year period	2,250
(*c*) Fee for certificate	10
(*d*) Fee for application for the degree	20
Total	$2,340

Personal analysis is not a part of graduate training, and charges therefor are not included in the fees listed above.

University fees (not refundable) and tuition fees are payable semiannually in advance. Registration will not be complete until such fees are paid. Checks should be drawn to the order of Columbia University and presented to the Cashier.

STUDENT AID

A limited number of training fellowships are available to deserving students.

ACADEMIC DISCIPLINE

The continuance of each student upon the rolls of the University, the receipt by him of academic credits, his graduation, and the conferring of any degree or the granting of any certificate are strictly subject to the disciplinary powers of the University, which is free to cancel his registration at any time on any grounds which it deems advisable. The disciplinary authority of the University is vested in the President in such cases as he deems proper, and, subject to the reserved powers of the President, in the dean of each faculty and the director of the work of each administrative board.

PROGRAM

First Year

During the first year the student's time is divided between work in the Clinic (*101* through *111*) and work in a collaborating mental hospital (*112*).

101. Principles and techniques of psychiatric examination (introductory course). 8 hours (Sept.). Th. 11–1. Dr. Hoch.

102. Psychodynamics as a basic science of human behavior. 64 hours (Sept.–May). Th. 9–11. Dr. Rado.

The adaptational frame of reference. The whole organism and the whole environment viewed as products of the past, i.e., of evolutionary, cultural, and individual history; and again, here and now, as hierarchically ordered systems in action. The awareness level and the nonreporting, yet psychoanalytically accessible, levels of central integration. The self as the central representation of the whole organism. Memory and foresight, delayed action, patterning, automatization. Hedonic laws and their limitations of adaptive efficiency; repression. Goal finding, actual and illusory goal attainment. Emotional and rational behavior. Physiological requirements, genetic potentialities for self-realization; natural, cultural, and social opportunities and necessities. Emergency control, conscience. Sexual differentiation. Group dynamics. Behavior in the alimentary, evacuative, manipulative, locomotive, etc. areas. The established mechanism of psychological adaptation and its failures: the patterns of disordered—neurotic, psychotic, etc.—behavior. The processes of causation and of miscarried repair.

103. Intramural psychiatry. 32 hours (Oct.–May). Th. 11–12. Dr. Hoch.

Pathology of the psychoses. Techniques of intramural therapy, shock therapy, narcodiagnosis and therapy, etc. Review of current literature.

104. Freud's work. 32 hours (Sept.–Jan.). Tu. 9–11. Dr. de Saussure.

Historical review of Freud's writings. Discussion of assigned reading material.

105. Technique, I. 24 hours (Feb., April–May). Tu. 9–11. Dr. Rado.

Associative exploration of behavior. Contextual interpretation of nonreporting processes. The analysis of dreams. Symbolic expression of repressed emotion and thought.

106. Contributions of animal psychology to psychodynamics. 8 hours (March). Tu. 9–11. Dr. Levy and guest lecturers.

107. Genetics, general and chemical neurophysiology. 32 hours (Sept.–May). Tu. 11–12. Drs. Kallmann, Grundfest, and Waelsch.

108. Case demonstrations. 64 hours (Sept.–May). S. 9–11. Chiefs of Services and staff. Dr. Karush, Coordinator.

Presentation of cases for discussion: psychoanalytic technique of clinical examination. Clinical pictures and gross psychodynamics. Cross-interpretation of psycho- and somatopathologic findings. Evaluation of present impairment of function in the light of developmental history.

109. Clinical neurology for psychiatrists. 32 hours (Sept.–Feb.). S. 11–1. Drs. Merritt, Hare, Wolf, and associates.

Basic and clinical neurology, including neuropathology, electrophysiology, and X ray; lectures and case presentations of clinical material.

110. Physiology of the autonomic nervous system. 8 hours (Feb.–March). S. 11–12. Dr. ROOT.

Physiology of the various effectors and their relation to the autonomic nervous system.

111. Psychometric methods. 10 hours (April–May). S. 11–12. Dr. ZUBIN.

112. Supervised residency work in intramural psychiatry.

During the rest of the time, from July 1 of the first year to June 30 of the second year, in the New York State Psychiatric Institute and Hospital or in another hospital approved by Columbia University. *Supervision:* Drs. RADO, HOCH, STEIN, and associates.

Second Year

During the second year the student's time is divided between work in the Clinic (*201* through *208*) and work in a collaborating mental hospital (*212*).

201. Psychosomatics. 64 hours (Sept.–May). Th. 9–11. Dr. DANIELS, other members of the staff, and guest lecturers.

Psychodynamic (behavior) aspect of physiological functions in health and disease.

202. Technique, II. 32 hours (Sept.–Jan.). Tu. 9–11. Dr. RADO.

Hypnotherapy. Psychoanalytic therapy, reconstructive method: the adaptational and classical techniques. Briefer and combined methods. Indications, contraindications; choice of method.

203. Comparative analysis of cultures. 16 hours (Feb.–March). Tu. 9–11. Dr. KARDINER.

204. Psychodynamics of growth and development; treatment of children. 16 hours (April–May). Tu. 9–11. Drs. LEVY and ACKERMAN.

205. Clinical conferences. 128 hours (Sept.–May). Second and third years. S. 9–11. Chiefs of Services and staff. Dr. OVESEY, Coordinator.

Presentation of cases for the discussion of minute psychodynamics and problems of therapeutic technique. Criteria for choice of method and evaluation of results.

207. Supervised work in the therapeutic services of the Clinic.

1. *Briefer Methods.* 6 hours weekly, time to be arranged. (Between Oct. 1 of the second year and May 31 of the third year, by rotation after Dec. 1 of the second year.)

a) In the Psychoanalytic Service for Inpatients (Oct.–Nov. of the second year). 2 months.
b) In the Psychoanalytic Service for Outpatients (between Dec. 1 of the second year and May 31 of the third year), by assignment. 8 months.
c) In the Psychosomatic Service (between Feb. 1 of the second year and March 1 of the third year), by assignment. 6 months.
d) In the Psychoanalytic Service for Children (between Dec. 1 of the second year and May 1 of the third year), by assignment. 2 months.

2. *Reconstructive Method.* 18 months, from Dec. 1 of the second year to May 31 of the third year, time to be arranged:

a) For the first 6 months, 2 cases, about 10 hours weekly.
b) For the following 12 months, 4 cases, about 20 hours weekly.

Students must keep a comprehensive, session-by-session clinic record of

each case assigned to them for treatment. These records are subject to final approval by the Chiefs of Services and remain the property of the Clinic.

208. Supervision in the therapeutic services of the Clinic.

Students will be seen individually or in small sections by their supervising instructors. In addition, their therapeutic activities will be reviewed in Case Demonstrations and Clinical Conferences by the instructors in charge and in Supervisory Conferences by the Chiefs of Services. Unless otherwise indicated, time to be arranged.

1. *Briefer Methods.* Between Oct. 1 of the second year and May 31 of the third year, by rotation as indicated in *207*.

a) Psychoanalytic Service for Inpatients. Th. 11–1. Drs. RADO, CATTELL, and LOFTUS.
b) Psychoanalytic Service for Outpatients. Tu. Th. 11–1. Drs. RADO, HANN-KENDE, ROSS, GOLDMAN, and KLEIN.
c) Psychosomatic Service. Tu. Th. 11–1. Drs. DANIELS, MILLET, ARLOW, BRUCH, and MOULTON.
d) Psychoanalytic Service for Children. Tu. Th. 11–1. Drs. LEVY and ACKERMAN.

2. *Reconstructive Method.* From Dec. 1 of the second year to May 31 of the third year. Individual or section supervision about 1 hour weekly in the first six months; about 2 hours weekly in the following twelve months. Supervisory Conferences S. 11–1. Dr. RADO and staff.

212. Supervised residency work in intramural psychiatry. (*112* continued.)

Third Year

During the third year the student's full time is spent in the Clinic.

301. Seminar on survey of literature. 16 hours (Sept.–Nov.). Th. 9–11. Dr. SAPIRSTEIN.

302. Methodology. 16 hours (Sept.–Nov.). Tu. 9–11. Dr. KARDINER.

Guiding preconceptions and methods of psychological research. Semantics. Synopsis of terminologies.

303. Psychiatry and community needs. 16 hours. Time to be arranged. Instructor to be announced.

Seminar and field work through the Community Center for Emotional Health, operating under the auspices of the Clinic.

305. Clinical conferences. (*205* continued.)

307. Supervised work in the therapeutic services of the Clinic. (*207* continued.)

308. Supervision in the therapeutic services of the Clinic. (*208* continued.)

309. Research symposia. 6 hours (Oct.–May). Time to be arranged. In collaboration with the Department of Research Psychiatry of the New York State Psychiatric Institute and Hospital. Drs. RADO, HOCH, and staff.

The month of June has been set aside for qualifying examinations. Whenever necessary, the student will be given the opportunity to take the qualifying examination at a later date.

ALUMNI CONTINUATION STUDIES

Former students of the Clinic who have received their Certificates of Training in Psychoanalytic Medicine and who wish to participate in a program of continuation studies are requested to obtain application forms from the Administrative Office and return them to that office for approval. Admission will be for one academic year (July 1 to June 30) and may be renewed.

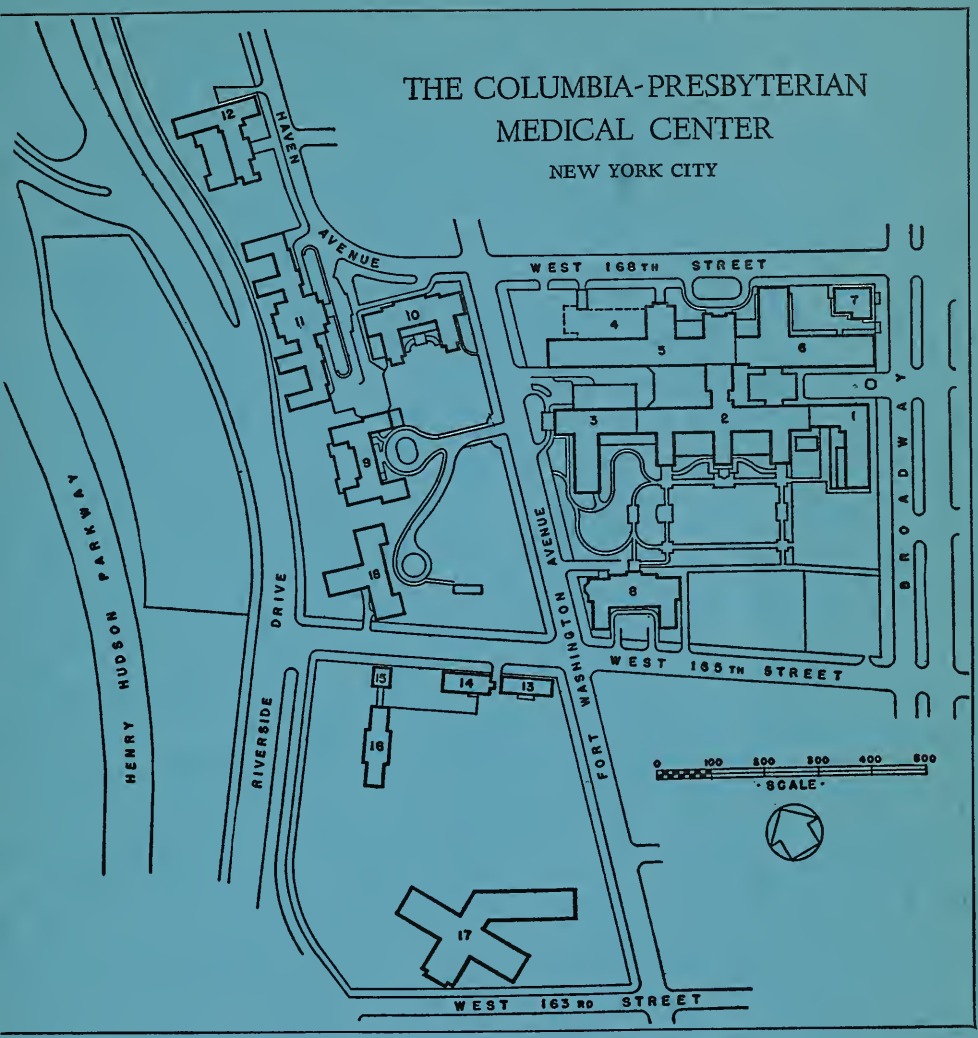
Such studies will include:

a) Supervised work in the therapeutic services if desired.

b) Participation in special "Alumni Seminars."

c) The privilege of attending lectures, clinical conferences, supervisory sessions, and, at the discretion of the instructors in charge, participating in the discussions.

d) Other activities to be announced from time to time.



1. Babies Hospital
2. Presbyterian Hospital
   Sloane Hospital
3. Harkness Pavilion
4. Power plant
5. College of Physicians and Surgeons
6. Vanderbilt Clinic
   School of Dental and Oral Surgery
7. Washington Heights Health and Teaching Center, N. Y. City Dept. of Health
   School of Public Health
8. Institute of Ophthalmology
9. Maxwell Hall
10. Neurological Institute
11. N. Y. State Psychiatric Institute and Hospital
12. Bard Hall

13, 16. Storage
14. Shops
15. Housing
17. Francis Delafield Hospital, N. Y. City Dept. of Hospitals
18. Edward S. Harkness Memorial Hall

COLUMBIA UNIVERSITY
BULLETIN OF INFORMATION
Fifty-first Series, No. 5 February 17, 1951

STACKS
MEDICAL LIBRARY OF COLUMBIA UNIVERSITY
SERIAL

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

ALUMNI CONTINUATION STUDIES

1951-1952

COLUMBIA-PRESBYTERIAN MEDICAL CENTER
630 WEST 168TH STREET • NEW YORK 32, N.Y.

Columbia University Bulletin of Information

Fifty-first Series, No. 5 February 17, 1951

Issued at Columbia University, Morningside Heights, New York 27, N. Y., weekly from January for forty consecutive issues. Re-entered as second-class matter January 20, 1951, at the Post Office at New York, N. Y., under the Act of August 24, 1912. Acceptance for mailing at a special rate of postage provided for in Section 1103, Act of October 3, 1917, authorized.

The series includes the Report of the President to the Trustees and the Announcements of the several Colleges and Schools relating to the work of the next year. These are made as accurate as possible, but the right is reserved to make changes in detail as circumstances require. The current number of any of these Announcements will be sent upon application to the Office of University Admissions.

C. U. P. 6,000—1951

Applications should be submitted before January 1 of year for which candidate is applying.

Registration, June 30.

Supervised residency work in intramural psychiatry begins July 1.

Program of lectures and other required work begins Tuesday of week following Labor Day.

PRINTED FOR THE UNIVERSITY BY
COLUMBIA UNIVERSITY PRESS

Columbia University

in the City of New York

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

ALUMNI CONTINUATION STUDIES

1951-1952

COLUMBIA-PRESBYTERIAN MEDICAL CENTER

630 WEST 168TH STREET

NEW YORK 32, N.Y.

FACULTY OF MEDICINE

OFFICERS OF THE FACULTY

Dwight David Eisenhower, LL.D. . . . . *President of the University*
Willard Cole Rappleye, M.D., Sc.D. . . . . *Vice President in Charge of Medical Affairs; Dean of Faculty of Medicine*

Staff of Psychoanalytic Clinic

Nolan D. C. Lewis, M.D. . . . . *Professor of Psychiatry; Executive Officer, Department of Psychiatry; Director of the New York State Psychiatric Institute and Hospital*
Sandor Rado, D.Pol.Sc., M.D. . . . . *Clinical Professor of Psychiatry; Director of the Clinic*
George E. Daniels, B.S., M.D. . . . . *Clinical Professor of Psychiatry; Associate Director of the Clinic*
Abram Kardiner, A.B., M.D. . . . . *Clinical Professor of Psychiatry*

Nathan W. Ackerman, M.D. . . . . *Associate in Psychiatry*
James P. Cattell, M.D. . . . . *Research Assistant in Psychiatry*
George S. Goldman, M.D. . . . . *Associate in Psychiatry*
Fanny Hann-Kende, M.D. . . . . *Associate in Psychiatry*
Aaron Karush, M.D. . . . . *Instructor in Psychiatry*
Henriette R. Klein, M.D. . . . . *Associate in Psychiatry*
Thomas A. Loftus, Jr., M.D. . . . . *Assistant in Psychiatry*
Irwin M. Marcus, M.D. . . . . *Assistant in Psychiatry*
John A. P. Millet, M.D. . . . . *Associate in Psychiatry*
Leon Moses, M.D. . . . . *Instructor in Psychiatry*
Lionel Ovesey, M.D. . . . . *Research Assistant in Psychiatry*
Nathaniel Ross, M.D. . . . . *Associate in Psychiatry*
Milton R. Sapirstein, M.D. . . . . *Instructor in Psychiatry*
Raymond de Saussure, M.D. . . . . *Associate in Psychiatry*
Margaret Olds Strahl, M.D. . . . . *Instructor in Psychiatry*

Teaching and Research Associates

Jacob A. Arlow, M.D. . . . . *Research Associate in Psychiatry*
Hilde Bruch, M.D. . . . . *Associate in Psychiatry*
Harry Grundfest, Ph.D. . . . . *Associate Professor of Neurology*
Clarence C. Hare, M.D., Med.Sc.D. . . . . *Assistant Clinical Professor of Neurology*
Paul H. Hoch, M.D. . . . . *Assistant Professor of Psychiatry*
Franz J. Kallmann, M.D. . . . . *Assistant Clinical Professor of Psychiatry*
H. Houston Merritt, M.D. . . . . *Professor of Neurology*
Ruth E. Moulton, M.D. . . . . *Associate in Psychiatry*
Walter S. Root, Ph.D. . . . . *Professor of Physiology*
Heinrich B. Waelsch, M.D., Ph.D. . . . . *Associate Professor of Biochemistry*
Abner Wolf, M.D. . . . . *Associate Professor of Neuropathology*
Joseph Zubin, Ph.D. . . . . *Assistant Professor of Psychology*

Guest Professors of the Clinic

Franz Alexander, M.D.
Clinical Professor of Psychiatry, University of Illinois; Director, Institute for Psychoanalysis, Chicago

David M. Levy, M.D.
Clinical Professor of Psychiatry, Yale University

Howard S. Liddell, Ph.D.
Professor of Psychology, Cornell University; Director, Cornell Behavior Farm, Cornell University

Therapeutic Services

Regular Staff

Sandor Rado, M.D. . . . . *Attending Psychoanalyst, Chief of Psychoanalytic Service*
George E. Daniels, M.D. . . . . *Attending Psychoanalyst, Chief of Psychosomatic Service*
David M. Levy, M.D. . . . . *Attending Psychoanalyst, Chief of Children's Service*
Abram Kardiner, M.D. . . . . *Attending Psychoanalyst, Chief of Cultural Studies*
Paul H. Hoch, M.D. . . . . *Attending Psychiatrist*
Nathan W. Ackerman, M.D. . . . . *Associate Attending Psychoanalyst, Children's Service*
Raymond de Saussure, M.D. . . . . *Associate Attending Psychoanalyst*
Fanny Hann-Kende, M.D. . . . . *Associate Attending Psychoanalyst, Psychoanalytic Service for Outpatients*
John A. P. Millet, M.D. . . . . *Associate Attending Psychoanalyst, Psychosomatic Service*
Nathaniel Ross, M.D. . . . . *Associate Attending Psychoanalyst, Psychoanalytic Service for Outpatients*
George S. Goldman, M.D. . . . . *Assistant Attending Psychoanalyst*
Henriette R. Klein, M.D. . . . . *Assistant Attending Psychoanalyst*
Aaron Karush, M.D. . . . . *Associate Psychoanalyst*
Lionel Ovesey, M.D. . . . . *Associate Psychoanalyst*
Milton R. Sapirstein, M.D. . . . . *Associate Psychoanalyst*
Margaret Olds Strahl, M.D. . . . . *Associate Psychoanalyst*
James P. Cattell, M.D. . . . . *Assistant Psychoanalyst*
Janet A. Kennedy, M.D. . . . . *Assistant Psychoanalyst*
Harold H. Lief, M.D. . . . . *Assistant Psychoanalyst*
Thomas A. Loftus, Jr., M.D. . . . . *Assistant Psychoanalyst*
Irwin M. Marcus, M.D. . . . . *Assistant Psychoanalyst*
Leon Moses, M.D. . . . . *Assistant Psychoanalyst*
John J. Weber, M.D. . . . . *Assistant Psychoanalyst*
Joseph Zubin, Ph.D. . . . . *Consulting Psychologist*
Bluma Swerdloff, B.S. . . . . *Psychiatric Social Worker*
Nettie Terestman, B.S. . . . . *Psychiatric Social Worker*

Collaborating Staff

I. Herbert MacKinnon, M.D. . . . . *Consulting Psychiatrist*
Assistant Director, New York State Psychiatric Institute and Hospital

John H. Travis, M.D. . . . . *Consulting Psychiatrist*
Superintendent, Manhattan State Hospital

WILLIAM A. HORWITZ, M.D. . . . . *Associate Consulting Psychiatrist*
Principal Clinical Psychiatrist, New York State Psychiatric Institute and Hospital

PHILLIP POLATIN, M.D. . . . . *Associate Consulting Psychiatrist*
Associate Clinical Psychiatrist, New York State Psychiatric Institute and Hospital

NOBE E. STEIN, M.D. . . . . *Associate Consulting Psychiatrist*
Assistant Director, Manhattan State Hospital

VIOLA W. BERNARD, M.D. . . . . *Associate Attending Psychoanalyst*
LEONARD BLUMGART, M.D. . . . . *Associate Attending Psychoanalyst*
FRANZ S. COHN, M.D. . . . . *Associate Attending Psychoanalyst*
PHYLLIS GREENACRE, M.D. . . . . *Associate Attending Psychoanalyst*
EDITH JACOBSON, M.D. . . . . *Associate Attending Psychoanalyst*
BELA MITTELMANN, M.D. . . . . *Associate Attending Psychoanalyst*
WILLIAM H. DUNN, M.D. . . . . *Associate Psychoanalyst*
RICHARD L. FRANK, M.D. . . . . *Associate Psychoanalyst*
PAUL GOOLKER, M.D. . . . . *Associate Psychoanalyst*
BELA H. HEKSH, M.D. . . . . *Associate Psychoanalyst*
NORVELLE C. LAMAR, M.D. . . . . *Associate Psychoanalyst*
EUGENE C. MILCH, M.D. . . . . *Associate Psychoanalyst*
WILLIAM NEEDLES, M.D. . . . . *Associate Psychoanalyst*
HERMAN SHLIONSKY, M.D. . . . . *Associate Psychoanalyst*
MAX STERN, M.D. . . . . *Associate Psychoanalyst*

At the Department of Psychiatry and Neurology, The Tulane University of Louisiana School of Medicine

ROBERT G. HEATH, M.D. . . . . *Attending Psychoanalyst*
SAMUEL BARKOFF, M.D. . . . . *Associate Psychoanalyst*
NORMAN H. RUCKER, M.D. . . . . *Associate Psychoanalyst*
RUSSELL R. MONROE, M.D. . . . . *Assistant Psychoanalyst*

THE PSYCHOANALYTIC CLINIC FOR TRAINING AND RESEARCH

The Psychoanalytic Clinic for Training and Research, established in the Department of Psychiatry of Columbia University in January, 1945, has the following objectives:

1. The training of qualified physicians in psychodynamics; the physiology and pathology of behavior and their relation to bodily disease; the cultural aspect of behavior; the concept of mental health; and the application of psychoanalytic and other therapeutic techniques in the care of patients with psychiatric disorders.

2. The integration of psychoanalytic and other psychiatric treatment techniques with the other related basic sciences and clinical fields.

3. Fundamental research in the general field of psychiatry, with particular emphasis upon the development of scientific methods in the accumulation of knowledge of psychoanalytic medicine.

The course of training toward these objectives has been designed with considerable flexibility, based on full-time work over a period of not less than three years. It shall include:

1. Supervised training in hospitals and clinics recognized by Columbia University, not less than one year of which must be spent in the Psychoanalytic Clinic for Training and Research, Columbia University.

2. A program of lectures, seminars, demonstrations, and conferences arranged throughout the three-year period.

3. Intensive training in the related basic sciences and opportunity for fundamental research in any of these fields.

4. Closely supervised treatment of patients selected from inpatient and outpatient services, including reconstructive psychoanalyses, briefer methods, and the techniques employed in intramural psychiatry.

On the recommendation of the Director, credit may be given in exceptional circumstances for the satisfactory completion of certain parts of this program.

For the fullest utilization of the opportunities offered by this course of training at the Psychoanalytic Clinic, completion of a personal analysis with a psychoanalyst accredited by the Clinic is a preferred requirement for admission.

This personal analysis is a basic and indispensable preparation for psychoanalytic training. In this analysis the prospective student undertakes a penetrating psychological study of himself. He is expected to explore resolutely and thoroughly the unconscious reaches of his mind, trace his development back to the formative experiences of his childhood, and arrive at a better knowledge and more realistic appraisal of himself as an individual and as a product of a given period and culture. He is expected to overcome his personal difficulties and acquire a greater measure of self-direction, psychological and critical independence, and a more mature outlook on life.

Personal analysis is a medical procedure. It is safeguarded by the Hippocratic oath of the physician, and by the laws, regulations, and ethical standards governing the practice of medicine.

Upon the satisfactory completion of this course of training—including written, oral, and practical examinations in the theory and practice of psychoanalytic medicine and the related basic sciences—a Certificate of Training in Psychoanalytic Medicine is awarded by Columbia University.

Students who, in addition to this course of training, undertake a full year of basic research, either completed or contemplated, may submit an application, to be considered

by the Committee on Graduate Clinical Instruction, for registration for the degree of Doctor of Medical Science. Further information may be obtained from the Office of the Assistant Dean, Graduate Medicine, 630 West 168th Street, New York 32, New York.

For the purposes of training and research, and also to serve the needs of the community, the Clinic maintains four interrelated therapeutic services: (*a*) a psychoanalytic service for inpatients; (*b*) a psychoanalytic service for outpatients; (*c*) a psychosomatic service; and (*d*) a psychoanalytic service for children. These services are located at the New York State Psychiatric Institute and Hospital, the Vanderbilt Clinic, and Babies Hospital at the Columbia-Presbyterian Medical Center.

This Clinic is under the supervision of Dr. Nolan D. C. Lewis, Executive Officer of the Department of Psychiatry and Director of the New York State Psychiatric Institute and Hospital.

On July 1, 1950, arrangements were completed with The Tulane University of Louisiana School of Medicine for collaboration of their Department of Psychiatry and Neurology with the Psychoanalytic Clinic for Training and Research of Columbia University for the purpose of undergraduate and graduate teaching in psychoanalytic medicine.

GENERAL INFORMATION

Requirements for Admission

1. Graduation from a medical school approved by Columbia University.

2. Completion of an internship of not less than one year in a hospital approved by Columbia University.

3. Completion of a personal analysis with a psychoanalyst accredited by this Clinic is a preferred requirement.

Prospective applicants should consult the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, for preliminary approval of their contemplated personal analyses. Such preliminary approval does not constitute admission to graduate training.

As a temporary transitional provision, otherwise acceptable students may be allowed to complete their personal analyses during the period of graduate training.

4. Approval of application by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine.

Applications

Applications for admission to training must be submitted in duplicate before January 1 of the year for which the applicant wishes to be considered for admission. Applications for future training will be received throughout the year. After filing application blanks, every prospective candidate must see members of the Committee on Admissions in person and take psychological tests, for which the fee is $25. Those with applications on file will be told the exact dates of these appointments at least two weeks in advance. Application forms may be secured from the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, 630 West 168th Street, New York 32, New York.

Registration

After their applications have been approved by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine, students must

register in person at the office of the Registrar, B–405, 630 West 168th Street, New York 32, New York, on June 30.

Fees

The fees for the entire three-year course of graduate training including application for the certificate and the degree total $2,340, as follows:

(*a*) University Fees	
$10 for each Winter and Spring Session or any part thereof	
Total for three-year period	$ 60
(*b*) Tuition Fees	
$750 for each year, payable semiannually at beginning of each Winter and Spring Session	
Total for three-year period	2,250
(*c*) Fee for certificate	10
(*d*) Fee for application for the degree	20
Total	$2,340

Personal analysis is not a part of graduate training, and charges therefor are not included in the fees listed above.

University fees (not refundable) and tuition fees are payable semiannually in advance. Registration will not be complete until such fees are paid. Checks should be drawn to the order of Columbia University and presented to the Cashier.

Student Aid

A limited number of training fellowships are available to deserving students.

Academic Discipline

The continuance of each student upon the rolls of the University, the receipt by him of academic credits, his graduation, and the conferring of any degree or the granting of any certificate are strictly subject to the disciplinary powers of the University, which is free to cancel his registration at any time on any grounds which it deems advisable. The disciplinary authority of the University is vested in the President in such cases as he deems proper, and, subject to the reserved powers of the President, in the dean of each faculty and the director of the work of each administrative board.

PROGRAM

First Year

During the first year the student's time is divided between work in the Clinic (*101* through *111*) and work in a collaborating mental hospital (*112*).

101. Principles and techniques of psychiatric examination (introductory course). 8 hours (Sept.). Th. 11–1. Dr. Hoch.

102. Psychodynamics as a basic science of human behavior. 72 hours (Sept.–June). Th. 9–11. Dr. Rado.

The whole organism and the whole environment viewed as products of the past, i.e., of evolutionary, cultural, and individual history; and again, here and now, as hierarchically ordered systems in interaction. The adaptational principle of investigation. Psychodynamic inquiry as a specialized effort toward the construction of a unified science of man. The range of awareness and the nonreporting, yet psychoanalytically accessible reaches of the mind. The hierarchic levels of psychodynamic integration. The self as the central representation of the whole organism. Memory and foresight, delayed action, patterning, automatization. Hedonic laws and their limitations of adaptive efficiency; repression. Goal finding, actual and illusory goal attainment. Emotional and rational behavior. Physiological requirements and social opportunities and necessities. Genetic potentialities for self-realization. Emergency behavior. Dynamics of conscience. Sexual differentiation. Group dynamics. Behavior in the alimentary, evacuative, manipulative, locomotive, etc., areas. The established mechanism of psychodynamic adaptation and its failures; the patterns and syndromes of disordered behavior. The etiological process: overreaction to danger, miscarried prevention, and miscarried repair.

103. Intramural psychiatry. 32 hours (Oct.–May). Th. 11–12. Dr. Hoch.

Pathology of the psychoses. Techniques of intramural therapy, shock therapy, narcodiagnosis and therapy, etc. Review of current literature.

104. Historic development of psychotherapy and psychodynamics from Mesmer to Freud. 32 hours (Sept.–Jan.). Tu. 9–11. Dr. de Saussure.

105. Technique, I. 24 hours (Feb., April–May). Tu. 9–11. Dr. Rado.

Associative exploration of behavior. Contextual interpretation of nonreporting processes. The analysis of dreams. Symbolic expression of repressed emotion and thought.

106. Contributions of animal psychology to psychodynamics. 8 hours (March). Tu. 9–11. Dr. Levy and guest lecturers.

107. Genetics, general and chemical neurophysiology. 32 hours (Sept.–May). Tu. 11–12. Drs. Kallmann, Grundfest, and Waelsch.

108. Case demonstrations. 64 hours (Sept.–May). S. 9–11. Chiefs of Services and staff. Dr. Karush, Coordinator.

Presentation of cases for discussion: psychoanalytic technique of clinical examination. Clinical pictures and gross psychodynamics. Cross-interpretation of psycho- and somatopathologic findings. Evaluation of present impairment of function in the light of developmental history.

109. Clinical neurology for psychiatrists. 32 hours (Sept.–Feb.). S. 11–1. Drs. Merritt, Hare, Wolf, and associates.

Basic and clinical neurology, including neuropathology, electrophysiology, and X ray; lectures and case presentations of clinical material.

110. Physiology of the autonomic nervous system. 8 hours (Feb.–March). S. 11–12. Dr. Root.

Physiology of the various effectors and their relation to the autonomic nervous system.

111. Psychometric methods. 10 hours (April–May). S. 11–12. Dr. Zubin.

112. Supervised residency work in intramural psychiatry.

During the rest of the time, from July 1 of the first year to June 30 of the second year, in the New York State Psychiatric Institute and Hospital or in another hospital approved by Columbia University. *Supervision:* Drs. Rado, Hoch, Stein, and associates.

Second Year

During the second year the student's time is divided between work in the Clinic (*201* through *208*) and work in a collaborating mental hospital (*212*).

201. Psychosomatics. 64 hours (Oct.–May). Th. 9–11. Dr. Daniels, other members of the staff, and guest lecturers.

Psychodynamic (behavior) aspect of physiological functions in health and disease.

202. Technique, II. 32 hours (Sept.–Jan.). Tu. 9–11. Dr. Rado.

Hypnotherapy. Psychoanalytic therapy, reconstructive method: the adaptational and classical techniques. Briefer and combined methods. Indications, contraindications; choice of method.

203. Comparative analysis of cultures. 16 hours (Feb.–March). Tu. 9–11. Dr. Kardiner.

204. Psychodynamics of growth and development; treatment of children. 16 hours (April–May). Tu. 9–11. Drs. Levy and Ackerman.

205. Clinical conferences. 128 hours (Sept.–May). Second and third years. S. 9–11. Chiefs of Services and staff. Dr. Ovesey, Coordinator.

Presentation of cases for the discussion of minute psychodynamics and problems of therapeutic technique. Criteria for choice of method and evaluation of results.

207. Supervised work in the therapeutic services of the Clinic.

1. *Briefer Methods.* 6 hours weekly, time to be arranged. (Between Oct. 1 of the second year and May 31 of the third year, by rotation after Dec. 1 of the second year.)

a) In the Psychoanalytic Service for Inpatients (Oct.–Nov. of the second year). 2 months.
b) In the Psychoanalytic Service for Outpatients (between Dec. 1 of the second year and May 31 of the third year), by assignment. 8 months.
c) In the Psychosomatic Service (between Feb. 1 of the second year and March 1 of the third year), by assignment. 6 months.
d) In the Psychoanalytic Service for Children (between Dec. 1 of the second year and May 1 of the third year), by assignment. 2 months.

2. *Reconstructive Method.* 18 months, from Dec. 1 of the second year to May 31 of the third year, time to be arranged:

a) For the first 6 months, 2 cases, about 10 hours weekly.
b) For the following 12 months, 4 cases, about 20 hours weekly.

3. *Diagnostic Work.* Assignment to the Admissions Office. 6 hours weekly, time to be arranged. (Between Dec. 1 of the second year and May 31 of the third year, by rotation.) 4 months.

Students must keep a comprehensive, session-by-session clinic record of each case assigned to them for treatment. These records are subject to final approval by the Chiefs of Services and remain the property of the Clinic.

208. Supervision in the therapeutic services of the Clinic.

Students will be seen individually or in small sections by their supervising instructors. In addition, their therapeutic activities will be reviewed in Case Demonstrations and

Clinical Conferences by the instructors in charge and in Supervisory Conferences by the Chiefs of Services. Unless otherwise indicated, time to be arranged.

1. *Briefer Methods.* Between Oct. 1 of the second year and May 31 of the third year, by rotation as indicated in *207*.

a) Psychoanalytic Service for Inpatients. Th. 11–1. Drs. Rado, Cattell, and Loftus.
b) Psychoanalytic Service for Outpatients. Tu. Th. 11–1. Drs. Rado, Hann-Kende, Ross, Goldman, and Klein.
c) Psychosomatic Service. Th. 11–1. Drs. Daniels, Millet, Arlow, Bruch, and Moulton.
d) Psychoanalytic Service for Children. Tu. Th. 11–1. Drs. Levy and Ackerman.

2. *Reconstructive Method.* From Dec. 1 of the second year to May 31 of the third year. Individual or section supervision about 1 hour weekly in the first six months; about 2 hours weekly in the following twelve months. Supervisory Conferences S. 11–1. Dr. Rado and staff; Dr. Moses, Coordinator.

3. *Diagnostic Work.* Assignment to the Admissions Office. 2 hours weekly, time to be arranged. (Between Dec. 1 of the second year and May 31 of the third year, by rotation as indicated in *207*.) Drs. Rado, Ross, Kennedy, Lief, and Weber.

212. Supervised residency work in intramural psychiatry. (*112* continued.)

Third Year

During the third year the student's full time is spent in the Clinic.

301. Seminar on survey of literature. 20 hours (Sept.–Nov.). Th. 9–11. Dr. Sapirstein.

302. Methodology. 20 hours (Sept.–Nov.). Tu. 9–11. Dr. Kardiner.

Guiding preconceptions and methods of psychological research. Semantics. Synopsis of terminologies.

303. Psychiatry and the community. 16 hours. Time to be arranged. Instructor to be announced.

The purpose of this course is to bring the psychiatrist and the community closer together. It will supplement classwork and clinical experience with community studies in emotional health.

305. Clinical conferences. (*205* continued.)

307. Supervised work in the therapeutic services of the Clinic. (*207* continued.)

308. Supervision in the therapeutic services of the Clinic. (208 continued.)

309. Research symposia. 6 hours (Oct.–May). Time to be arranged. In collaboration with the Department of Research Psychiatry of the New York State Psychiatric Institute and Hospital. Drs. Rado, Hoch, and staff.

The month of June has been set aside for qualifying examinations. Whenever necessary, the student will be given the opportunity to take the qualifying examination at a later date.

ALUMNI CONTINUATION STUDIES

Former students of the Clinic who have received their Certificates of Training in Psychoanalytic Medicine and who wish to participate in a program of continuation studies are requested to obtain application forms from the Administrative Office and return them to

that office for approval. Admission will be for one academic year (July 1 to June 30) and may be renewed.

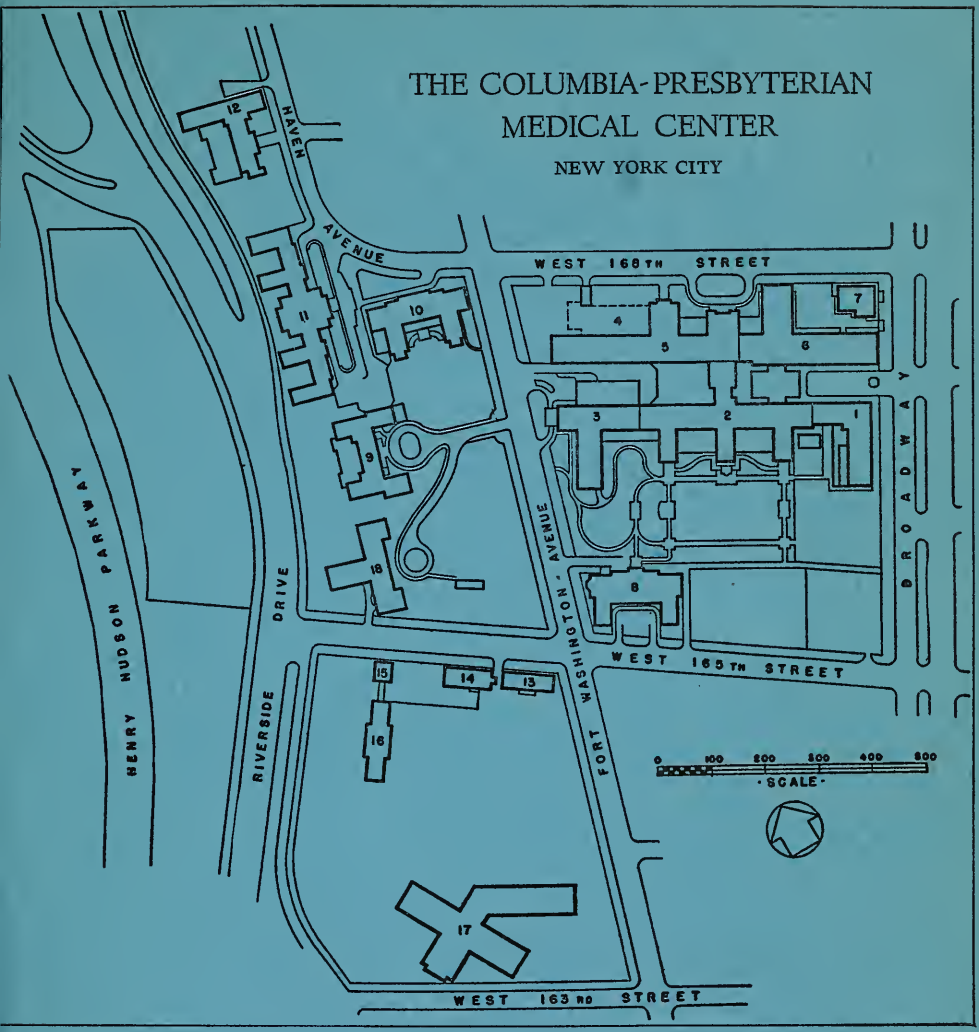
Such studies will include:

a) Supervised work in the therapeutic services if desired.

b) Participation in special "Alumni Seminars."

c) The privilege of attending lectures, clinical conferences, supervisory sessions, and, at the discretion of the instructors in charge, participating in the discussions.

d) Other activities to be announced from time to time.



1. Babies Hospital
2. Presbyterian Hospital
   Sloane Hospital
   New York Orthopaedic Hospital
3. Harkness Pavilion
4. Power plant
5. College of Physicians and Surgeons
6. Vanderbilt Clinic
   School of Dental and Oral Surgery
7. Washington Heights Health and Teaching Center, New York City Department of Health
   School of Public Health
8. Institute of Ophthalmology
9. Maxwell Hall
10. Neurological Institute
11. New York State Psychiatric Institute and Hospital
    Psychoanalytic Clinic
12. Bard Hall
13, 16. Storage
14. Shops
15. Housing
17. Francis Delafield Hospital, New York City Department of Hospitals
18. Edward S. Harkness Memorial Hall

COLUMBIA UNIVERSITY
BULLETIN OF INFORMATION
Fifty-second Series, No. 14 April 19, 1952

STACKS
COLUMBIA UNIVER.
MEDICAL LIBRARY

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

1952-1953

COLUMBIA-PRESBYTERIAN MEDICAL CENTER
630 WEST 168TH STREET • NEW YORK 32, N.Y.

Columbia University Bulletin of Information

Fifty-second Series, No. 14 April 19, 1952

Issued at Columbia University, Morningside Heights, New York 27, N.Y., weekly from January for forty-two consecutive issues. Reentered as second-class matter October 24, 1951, at the Post Office at New York, N.Y., under the Act of August 24, 1912. Acceptance for mailing at a special rate of postage provided for in Section 1103, Act of October 3, 1917, authorized.

The series includes the Report of the President to the Trustees and the Announcements of the several Colleges and Schools relating to the work of the next year. These are made as accurate as possible, but the right is reserved to make changes in detail as circumstances require. The current number of any of these Announcements will be sent upon written application to the Office of University Admissions, 322 University Hall, Columbia University, New York 27, N.Y. Copies may be obtained in person from the Office of the Secretary, 213 Low Memorial Library.

C. U. P. 6,500—1952

Applications should be submitted before January 1 of year for which candidate is applying.

Registration, June 30.

Supervised residency work in intramural psychiatry begins July 1.

Program of lectures and other required work begins Tuesday of week following Labor Day.

PRINTED FOR THE UNIVERSITY BY
COLUMBIA UNIVERSITY PRESS

Columbia University

in the City of New York

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

1952-1953

COLUMBIA-PRESBYTERIAN MEDICAL CENTER

630 WEST 168TH STREET

NEW YORK 32, N.Y.

FACULTY OF MEDICINE

OFFICERS OF THE FACULTY

Dwight D. Eisenhower, LL.D.	*President of the University*
Grayson Kirk, Ph.D., LL.D.	*Vice President and Provost of the University*
Willard Cole Rappleye, A.M., M.D., Sc.D., Med.Sc.D.	*Vice President in Charge of Medical Affairs; Dean of Faculty of Medicine*

STAFF OF PSYCHOANALYTIC CLINIC

Nolan D. C. Lewis, M.D.	*Professor of Psychiatry; Executive Officer, Department of Psychiatry; Director of the New York State Psychiatric Institute and Hospital*
Sandor Rado, D.Pol.Sc., M.D.	*Clinical Professor of Psychiatry; Director of the Clinic*
George E. Daniels, B.S., M.D.	*Clinical Professor of Psychiatry; Associate Director of the Clinic*
Abram Kardiner, A.B., M.D.	*Clinical Professor of Psychiatry*

Nathan W. Ackerman, M.D.	*Associate in Psychiatry*
James P. Cattell, M.D.	*Research Assistant in Psychiatry*
George S. Goldman, M.D.	*Associate in Psychiatry*
Fanny Hann-Kende, M.D.	*Associate in Psychiatry*
Aaron Karush, M.D.	*Instructor in Psychiatry*
Henriette R. Klein, M.D.	*Associate in Psychiatry*
John A. P. Millet, M.D.	*Associate in Psychiatry*
Leon Moses, M.D.	*Instructor in Psychiatry*
Lionel Ovesey, M.D.	*Instructor in Psychiatry*
Nathaniel Ross, M.D.	*Associate in Psychiatry*
Milton R. Sapirstein, M.D.	*Instructor in Psychiatry*
Raymond de Saussure, M.D.	*Associate in Psychiatry*
Margaret Olds Strahl, M.D.	*Instructor in Psychiatry*

TEACHING AND RESEARCH ASSOCIATES

Jacob A. Arlow, M.D.	*Research Associate in Psychiatry*
Hilde Bruch, M.D.	*Associate in Psychiatry*
Harry Grundfest, Ph.D.	*Associate Professor of Neurology*
Clarence C. Hare, M.D., Med.Sc.D.	*Assistant Clinical Professor of Neurology*
Paul H. Hoch, M.D.	*Assistant Professor of Psychiatry*
Franz J. Kallmann, M.D.	*Assistant Clinical Professor of Psychiatry*
H. Houston Merritt, M.D.	*Professor of Neurology*
Ruth E. Moulton, M.D.	*Associate in Psychiatry*
Walter S. Root, Ph.D.	*Professor of Physiology*
Heinrich B. Waelsch, M.D., Ph.D.	*Associate Professor of Biochemistry*
Abner Wolf, M.D.	*Professor of Neuropathology*
Joseph Zubin, Ph.D.	*Assistant Professor of Psychology*

GUEST PROFESSORS OF THE CLINIC

Franz Alexander, M.D.
Clinical Professor of Psychiatry, University of Illinois; Director, Institute for Psychoanalysis, Chicago

David M. Levy, M.D.
Institute for Advanced Study, Princeton, N.J.

Howard S. Liddell, Ph.D.
Professor of Psychology, Cornell University; Director, Cornell Behavior Farm, Cornell University

THERAPEUTIC SERVICES

Regular Staff

Sandor Rado, M.D.	*Attending Psychoanalyst, Chief of Inpatient and Outpatient Services*
George E. Daniels, M.D.	*Attending Psychoanalyst, Chief of Service for Medical Patients*
David M. Levy, M.D.	*Attending Psychoanalyst, Chief of Children's Service*
Abram Kardiner, M.D.	*Attending Psychoanalyst, Chief of Cultural Studies*
Paul H. Hoch, M.D.	*Attending Psychiatrist*
Nathan W. Ackerman, M.D.	*Associate Attending Psychoanalyst*
Raymond de Saussure, M.D.	*Associate Attending Psychoanalyst*
George S. Goldman, M.D.	*Associate Attending Psychoanalyst*
Fanny Hann-Kende, M.D.	*Associate Attending Psychoanalyst*
Henriette R. Klein, M.D.	*Associate Attending Psychoanalyst*
John A. P. Millet, M.D.	*Associate Attending Psychoanalyst*
Nathaniel Ross, M.D.	*Associate Attending Psychoanalyst*
Aaron Karush, M.D.	*Assistant Attending Psychoanalyst*
Milton R. Sapirstein, M.D.	*Assistant Attending Psychoanalyst*
James P. Cattell, M.D.	*Associate Psychoanalyst*
Leon Moses, M.D.	*Associate Psychoanalyst*
Lionel Ovesey, M.D.	*Associate Psychoanalyst*
Margaret Olds Strahl, M.D.	*Associate Psychoanalyst*
Bruce Buchenholz, M.D.	*Assistant Psychoanalyst*
Harvey B. Corman, M.D.	*Assistant Psychoanalyst*
Bernard C. Glueck, Jr., M.D.	*Assistant Psychoanalyst*
H. Lee Hall, M.D.	*Assistant Psychoanalyst*
Gove Hambridge, Jr., M.D.	*Assistant Psychoanalyst*
Saul Karlen, M.D.	*Assistant Psychoanalyst*
Janet A. Kennedy, M.D.	*Assistant Psychoanalyst*
Stanley Lesser, M.D.	*Assistant Psychoanalyst*
Daniel Shapiro, M.D.	*Assistant Psychoanalyst*
John J. Weber, M.D.	*Assistant Psychoanalyst*
Joseph Zubin, Ph.D.	*Consulting Psychologist*
Bluma Swerdloff, B.S.	*Psychiatric Social Worker*
Nettie Terestman, B.S.	*Psychiatric Social Worker*

Collaborating Staff

I. Herbert MacKinnon, M.D. — *Consulting Psychiatrist*
Assistant Director, New York State Psychiatric Institute and Hospital

John H. Travis, M.D. — *Consulting Psychiatrist*
Superintendent, Manhattan State Hospital

William A. Horwitz, M.D. — *Associate Consulting Psychiatrist*
Principal Clinical Psychiatrist, New York State Psychiatric Institute and Hospital

Philip Polatin, M.D. — *Associate Consulting Psychiatrist*
Associate Clinical Psychiatrist, New York State Psychiatric Institute and Hospital

Nobe E. Stein, M.D. — *Associate Consulting Psychiatrist*
Assistant Director, Manhattan State Hospital

Viola W. Bernard, M.D. — *Associate Attending Psychoanalyst*
Leonard Blumgart, M.D. — *Associate Attending Psychoanalyst*
Franz S. Cohn, M.D. — *Associate Attending Psychoanalyst*
Phyllis Greenacre, M.D. — *Associate Attending Psychoanalyst*
Edith Jacobson, M.D. — *Associate Attending Psychoanalyst*
Bela Mittelmann, M.D. — *Associate Attending Psychoanalyst*
William H. Dunn, M.D. — *Associate Psychoanalyst*
Richard L. Frank, M.D. — *Associate Psychoanalyst*
Paul Goolker, M.D. — *Associate Psychoanalyst*
Norvelle C. LaMar, M.D. — *Associate Psychoanalyst*
Eugene C. Milch, M.D. — *Associate Psychoanalyst*
Herman Shlionsky, M.D. — *Associate Psychoanalyst*
Max Stern, M.D. — *Associate Psychoanalyst*

At the Department of Psychiatry and Neurology, The Tulane University of Louisiana School of Medicine

Robert G. Heath, M.D. — *Attending Psychoanalyst*
Samuel Barkoff, M.D. — *Associate Psychoanalyst*
Irwin M. Marcus, M.D. — *Associate Psychoanalyst*
Russell R. Monroe, M.D. — *Associate Psychoanalyst*
Norman H. Rucker, M.D. — *Associate Psychoanalyst*
Harold I. Lief, M.D. — *Assistant Psychoanalyst*

THE PSYCHOANALYTIC CLINIC FOR TRAINING AND RESEARCH

The Psychoanalytic Clinic for Training and Research, established in the Department of Psychiatry of Columbia University in January, 1945, has the following objectives:

1. The training of qualified physicians in psychodynamics; the physiology and pathology of behavior and their relation to bodily disease; the cultural aspect of behavior; the concept of mental health; and the application of psychoanalytic and other therapeutic techniques in the care of patients with psychiatric disorders.

2. The integration of psychoanalytic and other psychiatric treatment techniques with the other related basic sciences and clinical fields.

3. Fundamental research in the general field of psychiatry, with particular emphasis on the development of scientific methods in the accumulation of knowledge of psychoanalytic medicine.

The course of training toward these objectives has been designed with considerable flexibility, based on full-time work over a period of not less than three years. It shall include:

1. Supervised training in hospitals and clinics recognized by Columbia University, not less than one year of which must be spent in the Psychoanalytic Clinic for Training and Research, Columbia University.

2. A program of lectures, seminars, demonstrations, and conferences arranged throughout the three-year period.

3. Intensive training in the related basic sciences and opportunity for fundamental research in any of these fields.

4. Closely supervised treatment of patients selected from inpatient and outpatient services, including reconstructive psychoanalyses, other methods, and the techniques employed in intramural psychiatry.

On the recommendation of the Director, credit may be given in exceptional circumstances for the satisfactory completion of certain parts of this program.

For the fullest utilization of the opportunities offered by this course of training at the Psychoanalytic Clinic, completion of a personal analysis with a psychoanalyst accredited by the Clinic is a preferred requirement for admission.

The personal analysis is a basic and indispensable preparation for psychoanalytic training. In this analysis the prospective student undertakes a penetrating psychological study of himself. He is expected to explore resolutely and thoroughly the unconscious reaches of his mind, trace his development back to the formative experiences of his childhood, and arrive at a better knowledge and more realistic appraisal of himself as an individual and as a product of a given period and culture. He is expected to overcome his personal difficulties and acquire a greater measure of self-direction, psychological and critical independence, and a more mature outlook on life.

Personal analysis is a medical procedure. It is safeguarded by the Hippocratic oath of the physician, and by the laws, regulations, and ethical standards governing the practice of medicine.

Upon the satisfactory completion of this course of training—including written, oral, and practical examinations in the theory and practice of psychoanalytic medicine and the related basic sciences—a Certificate of Training in Psychoanalytic Medicine is awarded by Columbia University.

Students who, in addition to this course of training, undertake a full year of basic research, either completed or contemplated, may submit an application, to be considered

by the Committee on Graduate Clinical Instruction, for registration for the degree of Doctor of Medical Science. Further information may be obtained from the Office of the Associate Dean, Graduate Medicine, 630 West 168th Street, New York 32, N.Y.

For the purposes of training and research, and also to serve the needs of the community, the Clinic maintains four interrelated therapeutic services: (*a*) a service for inpatients; (*b*) a service for outpatients; (*c*) a service for medical patients; and (*d*) a service for children. These services are located at the New York State Psychiatric Institute and Hospital, the Vanderbilt Clinic, and Babies Hospital at the Columbia-Presbyterian Medical Center.

This Clinic is under the supervision of Dr. Nolan D. C. Lewis, Executive Officer of the Department of Psychiatry and Director of the New York State Psychiatric Institute and Hospital.

On July 1, 1950, arrangements were completed with The Tulane University of Louisiana School of Medicine for collaboration of their Department of Psychiatry and Neurology with the Psychoanalytic Clinic for Training and Research of Columbia University for the purpose of undergraduate and graduate teaching in psychoanalytic medicine.

GENERAL INFORMATION

REQUIREMENTS FOR ADMISSION

1. Graduation from a medical school approved by Columbia University.

2. Completion of an internship of not less than one year in a hospital approved by Columbia University.

3. Completion of a personal analysis with a psychoanalyst accredited by this Clinic is a preferred requirement.

Prospective applicants should consult the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, for preliminary approval of their contemplated personal analyses. Such preliminary approval does not constitute admission to graduate training.

As a temporary transitional provision, otherwise acceptable students may be allowed to complete their personal analyses during the period of graduate training.

4. Approval of application by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine.

APPLICATIONS

Applications for admission to training must be submitted in duplicate before January 1 of the year for which the applicant wishes to be considered for admission. Applications for future training will be received throughout the year. After filing application blanks, every prospective candidate must see members of the Committee on Admissions in person and take psychological tests, for which the fee is $25. Those with applications on file will be told the exact dates of these appointments at least two weeks in advance. Application forms may be secured from the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, 630 West 168th Street, New York 32, N.Y.

REGISTRATION

After their applications have been approved by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine, students must

register in person at the office of the Registrar, B–405, 630 West 168th Street, New York 32, N.Y., on June 30.

FEES

The fees for the entire three-year course of graduate training including application for the certificate and the degree total $2,625, as follows:

a) University fee $20 for each Winter and Spring Session or any part thereof Total for three-year period	$ 120
b) Tuition fee $825 for each year, payable semiannually at beginning of each Winter and Spring Session Total for three-year period	2,475
c) Fee for certificate	10
d) Fee for application for the degree	20
TOTAL	$2,625

Students who have not fulfilled the requirements for certification within the minimum three-year period may be enrolled on a half-time basis with fees as follows:

a) University fee
$20 for each Winter and Spring Session or any part thereof

b) Tuition fee
$206.25 for each term, payable semiannually at the beginning of each Winter and Spring Session

Personal analysis is not a part of graduate training, and charges therefor are not included in the fees listed above.

University fees (not refundable) and tuition fees are payable semiannually in advance. Registration will not be complete until such fees are paid. Checks must be drawn to the order of Columbia University and presented to the Cashier.

STUDENT AID

A limited number of training fellowships are available to deserving students. For further information consult the Administrative Office of the Clinic, 722 West 168th Street.

ACADEMIC DISCIPLINE

The continuance of each student upon the rolls of the University, the receipt by him of academic credits, his graduation, and the conferring of any degree or the granting of any certificate are strictly subject to the disciplinary powers of the University, which is free to cancel his registration at any time on any grounds which it deems advisable. The disciplinary authority of the University is vested in the President in such cases as he deems proper, and, subject to the reserved powers of the President, in the dean of each faculty and the director of the work of each administrative board.

PROGRAM

FIRST YEAR

During the first year the student's time is divided between work in the Clinic (*101* through *111*) and work in a collaborating mental hospital (*112*).

101. Principles and techniques of psychiatric examination (introductory course). 8 hours (Sept.). Dr. Hoch.

Th. 11–1.

102. Psychodynamics as a basic science of human behavior. 72 hours (Sept.–June). Dr. Rado.

Th. 9–11.

The whole organism and the whole environment viewed as products of the past, i.e., of evolutionary, cultural, and individual history, and as hierarchically ordered systems in interaction. The adaptational principle of investigation. Psychodynamic inquiry as a specialized effort toward the construction of a unified science of man. The range of awareness and the nonreporting, yet psychoanalytically accessible reaches of the mind. The hierarchic levels of psychodynamic integration. The self as the central representation of the whole organism. Memory and foresight, delayed action, patterning, automatization. Hedonic laws and their limitations of adaptive efficiency; repression. Goal finding, actual and illusory goal attainment. Emotional and rational behavior. Physiological requirements and social opportunities and necessities. Genetic potentialities for self-realization. Emergency behavior. Dynamics of conscience. Sexual differentiation. Group dynamics. Behavior in the alimentary, evacuative, manipulative, locomotive, etc., areas. The established mechanism of psychodynamic adaptation and its failures; the patterns and syndromes of disordered behavior. The etiological process: overreaction to danger, miscarried prevention, and miscarried repair.

103. Intramural psychiatry. 32 hours (Oct.–May). Dr. Hoch.

Th. 11–12.

Pathology of the psychoses. Techniques of intramural therapy, shock therapy, narcodiagnosis and therapy, etc. Review of current literature.

104. Technique. 24 hours (Feb. and April–May). Dr. Rado.

Tu. 9–11.

Investigative methods. Adaptational frame of interpretation. Analysis of dreams and other products of emotionally-inspired imagination. The concepts of treatment behavior, life performance, priming, and modifying. Classification of treatment methods. Hypnotherapy. Hypnoid therapy. Reconstructive psychoanalytic therapy; the classical dependency technique; the revised dependency technique; the adaptational technique. Easing methods of psychotherapy. Psychotherapy in conjunction with pharmacological, electric, and surgical procedures. Indications, contraindications; choice of method.

105. Historic development of psychotherapy and psychodynamics from Mesmer to Freud. 32 hours (Sept.–Jan.). Dr. de Saussure.

Tu. 9–11.

106. Contributions of animal psychology to psychodynamics. 8 hours (March). Dr. Levy and guest lecturers.

Tu. 9–11.

107. Genetics, general and chemical neurophysiology. 32 hours (Sept.–May). Drs. Kallmann, Grundfest, and Waelsch.

Tu. 11–12.

108. Case demonstrations. 64 hours (Sept.–May). Chiefs of Services and Staff.

S. 9–11.

Presentation of cases for discussion: psychoanalytic technique of clinical examination. Clinical pictures and gross psychodynamics. Correlation of pathologic findings in the psychodynamic and physiologic functions of the organism. Evaluation of present impairment of function in the light of developmental history.

109. Clinical neurology for psychiatrists. 32 hours (Sept.–Feb.). Drs. Merritt, Hare, Wolf, and associates.

S. 11–1.

Basic and clinical neurology, including neuropathology, electrophysiology, and X ray; lectures and case presentations of clinical material.

110. Physiology of the autonomic nervous system. 8 hours (Feb.–March). Dr. Root.

S. 11–12.

Physiology of the various effectors and their relation to the autonomic nervous system.

111. Psychometric methods. 10 hours (April–May). Dr. Zubin.

S. 11–12.

112. Supervised residency work in intramural psychiatry.

From July 1 of the first year to June 30 of the second year, in the New York State Psychiatric Institute and Hospital or in another hospital approved by Columbia University. *Supervision:* Drs. Rado, Hoch, Stein, and associates.

SECOND YEAR

During the second year the student's time is divided between work in the Clinic (*201* through *207*) and work in a collaborating mental hospital (*212*).

201. Comprehensive medicine. 40 hours (Oct.–May). Dr. Daniels, Dr. Millet, other members of the staff, and guest lecturers.

Th. 9–11.

Psychodynamic aspect of the organism in physical disease. The emotional factors in the pathology and treatment of patients suffering from gastro-intestinal, cardio-vascular, respiratory, metabolic, endocrine, muscular-skeletal, allergic, dermatologic, etc., disorders.

202. Comparative analysis of cultures. 16 hours (Feb.–March). Dr. Kardiner.

Tu. 9–11.

203. Psychodynamics of growth and development; treatment of children. 16 hours (April–May). Drs. Levy and Ackerman.

Tu. 9–11.

204. Technique. (105 continued.) 32 hours (Sept.–Jan.). Dr. Rado.

Tu. 9–11.

205. Clinical conferences. 128 hours (Sept.–May). Second and third years. Chiefs of Services and staff.

S. 9–11.

Presentation of cases for the discussion of minute psychodynamics and problems of therapeutic technique. Criteria for choice of method and evaluation of results.

207. Supervised work in the therapeutic services of the Clinic.

Required Clinical Experience:

1. *Reconstructive Psychoanalytic Therapy in the Service for Outpatients.* 18 months, from Dec. 1 of the second year to May 31 of the third year, time to be arranged:

a) For the first 6 months, 2 cases, about 10 hours weekly.
b) For the following 12 months, 4 cases, about 20 hours weekly.

2. *Other Treatment Methods.* 6 hours weekly, time to be arranged. (Between Sept. 1 of the second year and May 31 of the third year, by rotation after Nov. 1 of the second year.)

a) In the Service for Inpatients (Sept.–Oct. of the second year). 2 months.

b) In the Service for Outpatients (between Nov. 1 of the second year and May 31 of the third year), by assignment. 8 months.
c) In the Service for Medical Patients (between Feb. 1 of the second year and March 1 of the third year), by assignment. 6 months.
d) In the Service for Children (between Nov. 1 of the second year and May 1 of the third year), by assignment. 2 months.

Students must keep a comprehensive, session-by-session clinic record of each case assigned to them for treatment. These records are subject to final approval by the Chiefs of Services and remain the property of the Clinic.

Supervision:

In each service, during the work periods indicated above, students will be seen individually or in small sections by their supervising instructors. Unless otherwise indicated, time to be arranged.

1. *Supervision of Reconstructive Psychoanalytic Therapy.* About one hour weekly in the first six months; about two hours weekly in the following 12 months. Members of staff.

2. *Supervision of Work with Other Treatment Methods.*

a) Service for Inpatients. Th. 11–1. Drs. Rado and Cattell.
b) Service for Outpatients. Tu. Th. 11–1. Drs. Rado, Hann-Kende, Ross, Goldman, and Klein.
c) Service for Medical Patients. Th. 11–1. Drs. Daniels, Millet, Arlow, Bruch, and Moulton.
d) Service for Children. Tu. Th. 11–1. Drs. Levy and Ackerman.

In addition, the therapeutic work of every student will be reviewed from time to time:

a) In case demonstrations and clinical conferences by the instructors in charge, S. 9–11;
b) In supervisory conferences, S. 11–1. Dr. Rado and staff.

212. Supervised residency work in intramural psychiatry. (*112* continued.)

THIRD YEAR

During the third year the student's full time is spent in the Clinic.

301. Seminar on survey of literature. 20 hours (Sept.–Nov.). Dr. Sapirstein.
Th. 9–11.

302. Methodology. 20 hours (Sept.–Nov.). Dr. Kardiner.
Tu. 9–11.
Guiding preconceptions and methods of psychological research. Semantics. Synopsis of terminologies.

305. Clinical conferences. (*205* continued.)

307. Supervised work in the therapeutic services of the Clinic. (Parts 1 and 2 of *207* continued.)

3. *Diagnostic Work.* Assignment to the Admissions Office of the Outpatient Service 1 hour weekly. (Between Sept. 1 and May 31, by rotation.) 5 months.

Supervision of diagnostic work. 1 hour biweekly. Drs. Rado, Ross, Glueck, Kennedy, Strahl, and Weber.

309. Research symposia. 6 hours (Oct.–May). In collaboration with the Department of Research Psychiatry of the New York State Psychiatric Institute and Hospital. Drs. Rado, Hoch, and staff.
Time to be arranged.

QUALIFYING EXAMINATIONS

1) Feb. of the 2d year, theoretical examination in courses: *102, 103, 105,* and *109*

2) June of the 3rd year, theoretical examination in courses: *201, 202, 203, 204,* and *302*

3) June of the 3rd year, or later, upon successful completion of required clinical experience and the student's personal analysis: clinical examination

ADDITIONAL YEARS TOWARD COMPLETION OF REQUIREMENTS

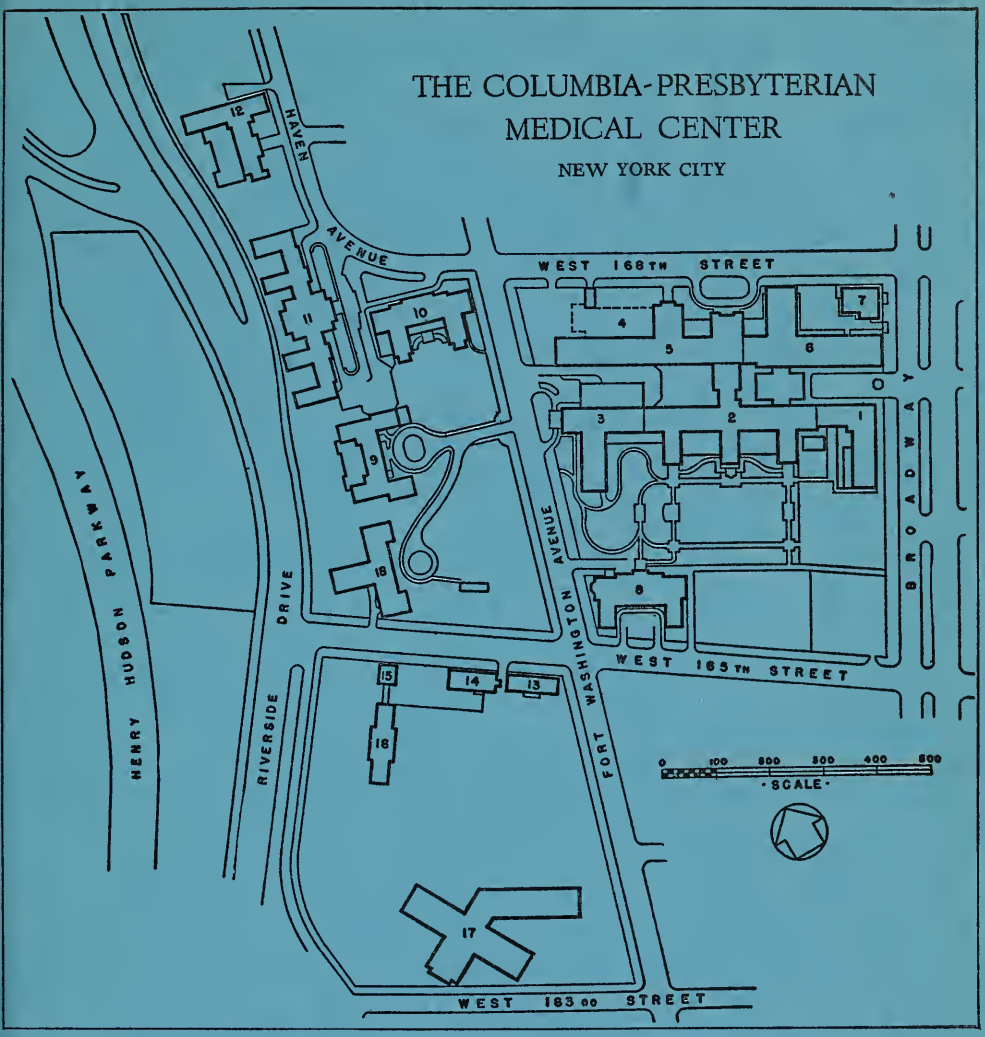
Students in good standing who have not fulfilled the requirements for certification by June of their 3rd year will be registered in the University, term by term, at half the regular tuition, until they are eligible to complete the qualifying examinations. During this time their Clinic assignments will include:

407. Supervised work in the therapeutic services of the Clinic. (Part 1 of *307* continued.)

410. Colloquium. 64 hours (Sept.–May). Dr. Rado and staff.

S. 9–11.

Explanation of psychodynamic concepts and theories in terms of the clinical facts to which they refer; designation of concepts and theories which, though in common usage, have no defined or definable referent; practice of methodologically sound formulation of clinical findings.



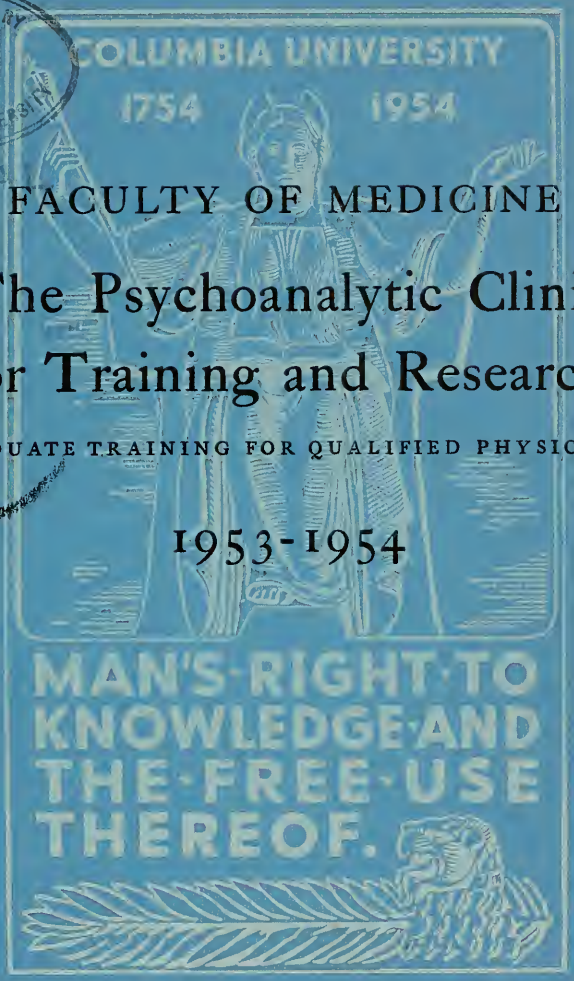
1. Babies Hospital
2. Presbyterian Hospital
   Sloane Hospital
   New York Orthopaedic Hospital
3. Harkness Pavilion
4. Power plant
5. College of Physicians and Surgeons
6. Vanderbilt Clinic
   School of Dental and Oral Surgery
7. Washington Heights Health and Teaching Center, New York City Department of Health
   School of Public Health
8. Institute of Ophthalmology
9. Maxwell Hall
10. Neurological Institute
11. New York State Psychiatric Institute and Hospital
    Psychoanalytic Clinic
12. Bard Hall

13, 16. Storage

14. Shops
15. Housing
17. Francis Delafield Hospital, New York City Department of Hospitals
18. Edward S. Harkness Memorial Hall

COLUMBIA UNIVERSITY
BULLETIN OF INFORMATION
Fifty-third Series, No. 39 October 10, 1953

STACKS
MEDICAL LIBRARY OF
Gift



FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

1953-1954

1754 — THE BICENTENNIAL YEAR — 1954

COLUMBIA-PRESBYTERIAN MEDICAL CENTER
630 WEST 168TH STREET • NEW YORK 32, N.Y.

Columbia University Bulletin of Information

Fifty-third Series, No. 39 October 10, 1953

Issued at Columbia University, Morningside Heights, New York 27, N.Y., weekly from January for forty-six consecutive issues. Reentered as second-class matter August 15, 1952, at the Post Office at New York, N.Y., under the Act of August 24, 1912. Acceptance for mailing at a special rate of postage provided for in Section 1103, Act of October 3, 1917, authorized.

The series includes the Report of the President to the Trustees and the Announcements of the several Colleges and Schools relating to the work of the next year. These are made as accurate as possible, but the right is reserved to make changes in detail as circumstances require. The current number of any of these Announcements will be sent upon written application to the Office of University Admissions, 322 University Hall, Columbia University, New York 27, N.Y. Copies may be obtained in person from the Office of the Secretary, 213 Low Memorial Library.

C. U. P. 5,500—1953

Applications should be submitted before January 1 of year for which candidate is applying.

Registration, June 30.

Supervised residency work in intramural psychiatry begins July 1.

Program of lectures and other required work begins Tuesday of week following Labor Day.

PRINTED FOR THE UNIVERSITY BY
COLUMBIA UNIVERSITY PRESS

COLUMBIA-PRESBYTERIAN MEDICAL CENTER

FACULTY OF MEDICINE

OFFICERS OF THE FACULTY

GRAYSON KIRK, Ph.D., LL.D. . . . . *President of the University*
JOHN A. KROUT, Ph.D., L.H.D., LL.D. . . . *Vice President and Provost of the University*
WILLARD COLE RAPPLEYE, A.M., M.D., Sc.D., Med.Sc.D. . . . *Vice President in Charge of Medical Affairs; Dean of Faculty of Medicine*

STAFF OF PSYCHOANALYTIC CLINIC

NOLAN D. C. LEWIS, M.D., *Professor of Psychiatry; Executive Officer, Department of Psychiatry*
SANDOR RADO, D.Pol.Sc., M.D., *Clinical Professor of Psychiatry; Director of the Psychoanalytic Clinic*
GEORGE E. DANIELS, B.S., M.D., *Clinical Professor of Psychiatry; Associate Director of the Psychoanalytic Clinic*
ABRAM KARDINER, A.B., M.D., *Clinical Professor of Psychiatry*

NATHAN W. ACKERMAN, M.D., *Assistant Clinical Professor of Psychiatry*
BRUCE BUCHENHOLZ, M.D., *Assistant in Psychiatry*
JAMES P. CATTELL, M.D., *Research Associate in Psychiatry*
BARBARA RUTH EASSER, M.D., *Research Assistant in Psychiatry*
LOTHAR GIDRO-FRANK, M.D., *Instructor in Psychiatry*
RODMAN GILDER, M.D., *Instructor in Psychiatry*
BERNARD C. GLUECK, JR., M.D., *Instructor in Psychiatry*
GEORGE S. GOLDMAN, M.D., *Associate in Psychiatry*
H. LEE HALL, M.D., *Instructor in Psychiatry*
IRVING B. HARRISON, M.D., *Assistant in Psychiatry*
FELIX E. HOFFMAN, M.D., *Assistant in Psychiatry*
CHARLES C. HOGAN, M.D., *Assistant in Psychiatry*
SAUL H. KARLEN, M.D., *Instructor in Psychiatry*
AARON KARUSH, M.D., *Associate in Psychiatry*
JANET A. KENNEDY, M.D., *Assistant in Psychiatry*
HENRIETTE R. KLEIN, M.D., *Assistant Clinical Professor of Psychiatry*
STANLEY LESSER, M.D., *Instructor in Psychiatry*
DAVID M. LEVY, M.D., *Special Lecturer in Psychiatry*
JOHN A. P. MILLET, M.D., *Assistant Clinical Professor of Psychiatry*
ANGEL N. MIRANDA-RIVERA, M.D., *Research Assistant in Psychiatry*
LEON MOSES, M.D., *Instructor in Psychiatry*
LIONEL OVESEY, M.D., *Associate in Psychiatry*
MILTON R. SAPIRSTEIN, M.D., *Associate in Psychiatry*
DANIEL SHAPIRO, M.D., *Assistant in Psychiatry*
MARGARET OLDS STRAHL, M.D., *Instructor in Psychiatry*
JOHN J. WEBER, M.D., *Instructor in Psychiatry*

COLLABORATING STAFF

VIOLA BERNARD, M.D., *Associate in Psychiatry*
HILDE BRUCH, M.D., *Associate in Psychiatry*
ARNOLD P. FRIEDMAN, M.D., *Assistant Clinical Professor of Neurology*
HARRY GRUNDFEST, Ph.D., *Associate Professor of Neurology*
CLARENCE C. HARE, M.D., Med.Sc.D., *Assistant Clinical Professor of Neurology*
PAUL H. HOCH, M.D., *Assistant Professor of Psychiatry*
FRANZ J. KALLMANN, M.D., *Assistant Professor of Psychiatry*
H. HOUSTON MERRITT, M.D., *Professor of Neurology*
RUTH E. MOULTON, M.D., *Associate in Psychiatry*
WALTER S. ROOT, Ph.D., *Professor of Physiology*
HEINRICH B. WAELSCH, M.D., Ph.D., *Associate Professor of Biochemistry*
ABNER WOLF, M.D., *Professor of Neuropathology*
JOSEPH ZUBIN, Ph.D., *Guest Professor of Psychology*

THERAPEUTIC SERVICES

Regular Staff

SANDOR RADO, M.D., *Chief of Inpatient and Outpatient Services*
GEORGE E. DANIELS, M.D., *Chief of Service for Medical Patients*
DAVID M. LEVY, M.D., *Attending Psychoanalyst*
ABRAHAM KARDINER, M.D., *Attending Psychoanalyst*
PAUL H. HOCH, M.D., *Attending Psychiatrist*
NATHAN W. ACKERMAN, M.D., *Attending Psychoanalyst*
GEORGE S. GOLDMAN, M.D., *Attending Psychoanalyst*
HENRIETTE R. KLEIN, M.D., *Attending Psychoanalyst*
JOHN A. P. MILLET, M.D., *Attending Psychoanalyst*
AARON KARUSH, M.D., *Associate Attending Psychoanalyst*
LIONEL OVESEY, M.D., *Associate Attending Psychoanalyst*

MILTON R. SAPIRSTEIN, M.D., *Associate Attending Psychoanalyst*
JAMES P. CATTELL, M.D., *Assistant Attending Psychoanalyst*
LEON MOSES, M.D., *Assistant Attending Psychoanalyst*
MARGARET OLDS STRAHL, M.D., *Associate Psychoanalyst*
BRUCE BUCHENHOLZ, M.D., *Associate Psychoanalyst*
BARBARA RUTH EASSER, M.D., *Associate Psychoanalyst*
LOTHAR GIDRO-FRANK, M.D., *Assistant Psychoanalyst*
RODMAN GILDER, M.D., *Assistant Psychoanalyst*
BERNARD C. GLUECK, JR., M.D., *Associate Psychoanalyst*
ALVIN GOLDFARB, M.D., *Assistant Psychoanalyst*
H. LEE HALL, M.D., *Associate Psychoanalyst*
GOVE HAMBIDGE, JR., M.D., *Assistant Psychoanalyst*
IRVING B. HARRISON, M.D., *Assistant Psychoanalyst*
FELIX E. HOFFMAN, M.D., *Assistant Psychoanalyst*
CHARLES C. HOGAN, M.D., *Assistant Psychoanalyst*
SAUL H. KARLEN, M.D., *Associate Psychoanalyst*
JANET A. KENNEDY, M.D., *Assistant Psychoanalyst*
STANLEY LESSER, M.D., *Associate Psychoanalyst*
ANGEL N. MIRANDA-RIVERA, M.D., *Assistant Psychoanalyst*
DANIEL SHAPIRO, M.D., *Assistant Psychoanalyst*
JOHN J. WEBER, M.D., *Associate Psychoanalyst*
JOSEPH ZUBIN, Ph.D., *Consulting Psychologist*
BLUMA SWERDLOFF, M.S., *Psychiatric Social Worker*
NETTIE TERESTMAN, M.S., *Psychiatric Social Worker*

Collaborating Staff

I. HERBERT MACKINNON, M.D., *Consulting Psychiatrist;* Assistant Director, New York State Psychiatric Institute
JOHN H. TRAVIS, M.D., *Consulting Psychiatrist;* Senior Director, Manhattan State Hospital
WILLIAM A. HORWITZ, M.D., *Consulting Psychiatrist;* Principal Clinical Psychiatrist, New York State Psychiatric Institute
PHILIP POLATIN, M.D., *Consulting Psychiatrist;* Associate Clinical Psychiatrist, New York State Psychiatric Institute

---

VIOLA W. BERNARD, M.D., *Associate Attending Psychoanalyst*
LEONARD BLUMGART, M.D., *Associate Attending Psychoanalyst*
FRANZ S. COHN, M.D., *Associate Attending Psychoanalyst*
PHYLLIS GREENACRE, M.D., *Associate Attending Psychoanalyst*
EDITH JACOBSON, M.D., *Associate Attending Psychoanalyst*
BELA MITTELMANN, M.D., *Associate Attending Psychoanalyst*
NATHANIEL ROSS, M.D., *Associate Attending Psychoanalyst*
WILLIAM H. DUNN, M.D., *Associate Psychoanalyst*
RICHARD L. FRANK, M.D., *Associate Psychoanalyst*
PAUL GOOLKER, M.D., *Associate Psychoanalyst*
NORVELLE C. LAMAR, M.D., *Associate Psychoanalyst*
EUGENE C. MILCH, M.D., *Associate Psychoanalyst*
HERMAN SHLIONSKY, M.D., *Associate Psychoanalyst*
MAX STERN, M.D., *Associate Psychoanalyst*

At the Department of Psychiatry and Neurology The Tulane University of Louisiana School of Medicine

ROBERT G. HEATH, M.D., *Attending Psychoanalyst*
IRWIN M. MARCUS, M.D., *Associate Psychoanalyst*
RUSSELL R. MONROE, M.D., *Associate Psychoanalyst*
HAROLD I. LIEF, M.D., *Associate Psychoanalyst*

At the Veterans Administration Hospital, Kingsbridge Road, Bronx, N. Y.

HILAND LEE FLOWERS, M.D., *Consulting Psychiatrist*
WILLIAM BROWN, M.D., *Associate Consulting Psychiatrist*
LORE HIRSCH, M.D., *Associate Consulting Psychiatrist*
JOSEPH E. PISETSKY, M.D., *Associate Consulting Psychoanalyst*

THE PSYCHOANALYTIC CLINIC FOR TRAINING AND RESEARCH

The Psychoanalytic Clinic for Training and Research, established in the Department of Psychiatry of Columbia University in January, 1945, has the following objectives:

1. The training of qualified physicians in psychodynamics; the physiology and pathology of behavior and their relation to bodily disease; the cultural aspect of behavior; the concept of mental health; and the application of psychoanalytic and other therapeutic techniques in the care of patients with psychiatric disorders.

2. The integration of psychoanalytic and other psychiatric treatment techniques with the other related basic sciences and clinical fields.

3. Fundamental research in the general field of psychiatry, with particular emphasis on the development of scientific methods in the accumulation of knowledge of psychoanalytic medicine.

The course of training toward these objectives has been designed with considerable flexibility, based on full-time work over a period of not less than three years. It shall include:

1. Supervised training in hospitals and clinics recognized by Columbia University, not less than one year of which must be spent in the Psychoanalytic Clinic for Training and Research, Columbia University.

2. A program of lectures, seminars, demonstrations, and conferences arranged throughout the three-year period.

3. Intensive training in the related basic sciences and opportunity for fundamental research in any of these fields.

4. Closely supervised treatment of patients selected from inpatient and outpatient services, including reconstructive psychoanalyses, other methods, and the techniques employed in intramural psychiatry.

On the recommendation of the Director, credit may be given in exceptional circumstances for the satisfactory completion of certain parts of this program.

For the fullest utilization of the opportunities offered by this course of training at the Psychoanalytic Clinic, completion of a personal analysis with a psychoanalyst accredited by the Clinic is a preferred requirement for admission.

The personal analysis is a basic and indispensable preparation for psychoanalytic training. In this analysis the prospective student undertakes a penetrating psychological study of himself. He is expected to explore resolutely and thoroughly the unconscious reaches of his mind, trace his development back to the formative experiences of his childhood, and arrive at a better knowledge and more realistic appraisal of himself as an individual and as a product of a given period and culture. He is expected to overcome his personal difficulties and acquire a greater measure of self-direction, psychological and critical independence, and a more mature outlook on life.

Personal analysis is a medical procedure. It is safeguarded by the Hippocratic oath of the physician, and by the laws, regulations, and ethical standards governing the practice of medicine.

Upon the satisfactory completion of this course of training—including written, oral, and practical examinations in the theory and practice of psychoanalytic medicine and the related basic sciences—a Certificate of Training in Psychoanalytic Medicine is awarded by Columbia University.

Students who, in addition to this course of training, undertake a full year of basic research, either completed or contemplated, may submit an application, to be considered

by the Committee on Graduate Clinical Instruction, for registration for the degree of Doctor of Medical Science. Further information may be obtained from the Office of the Associate Dean, Graduate Medicine, 630 West 168th Street, New York 32, N.Y.

For the purposes of training and research, and also to serve the needs of the community, the Clinic maintains four interrelated therapeutic services: (*a*) a service for inpatients; (*b*) a service for outpatients; (*c*) a service for medical patients; and (*d*) a service for children. These services are located at the New York State Psychiatric Institute, the Vanderbilt Clinic, and Babies Hospital at the Columbia-Presbyterian Medical Center.

On July 1, 1950, arrangements were completed with The Tulane University of Louisiana School of Medicine for collaboration of their Department of Psychiatry and Neurology with the Psychoanalytic Clinic for Training and Research of Columbia University for the purpose of undergraduate and graduate teaching in psychoanalytic medicine.

GENERAL INFORMATION

REQUIREMENTS FOR ADMISSION

1. Graduation from a medical school approved by Columbia University.

2. Completion of an internship of not less than one year in a hospital approved by Columbia University.

3. Completion of a personal analysis with a psychoanalyst accredited by this Clinic is a preferred requirement.

Prospective applicants should consult the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, for preliminary approval of their contemplated personal analyses. Such preliminary approval does not constitute admission to graduate training.

As a temporary transitional provision, otherwise acceptable students may be allowed to complete their personal analyses during the period of graduate training.

4. Approval of application by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine.

APPLICATIONS

Applications for admission to training must be submitted in duplicate before January 1 of the year for which the applicant wishes to be considered for admission. Applications for future training will be received throughout the year. After filing application blanks, every prospective candidate must see members of the Committee on Admissions in person and take psychological tests, for which the fee is $25. Those with applications on file will be told the exact dates of these appointments at least two weeks in advance. Application forms may be secured from the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, 630 West 168th Street, New York 32, N.Y.

REGISTRATION

After their applications have been approved by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine, students must register in person at the office of the Registrar, B–405, 630 West 168th Street, New York 32, N.Y., on June 30.

FEES

The fees for the entire three-year course of graduate training including application for the certificate and the degree total $2,625, as follows:

a) University fee	
$20 for each Winter and Spring Session or any part thereof	
Total for three-year period	$ 120
b) Tuition fee	
$825 for each year, payable semiannually at beginning of each Winter and Spring Session	
Total for three-year period	2,475
c) Fee for certificate	10
d) Fee for application for the degree	20
TOTAL	$2,625

Students who have not fulfilled the requirements for certification within the minimum three-year period may be enrolled on a half-time basis with fees as follows:

a) University fee

$20 for each Winter and Spring Session or any part thereof

b) Tuition fee

$206.25 for each term, payable semiannually at the beginning of each Winter and Spring Session

Personal analysis is not a part of graduate training, and charges therefor are not included in the fees listed above.

University fees (not refundable) and tuition fees are payable semiannually in advance. Registration will not be complete until such fees are paid. Checks must be drawn to the order of Columbia University and presented to the Cashier.

STUDENT AID

A limited number of training fellowships are available to deserving students. For further information consult the Administrative Office of the Clinic, 722 West 168th Street.

ACADEMIC DISCIPLINE

The continuance of each student upon the rolls of the University, the receipt by him of academic credits, his graduation, and the conferring of any degree or the granting of any certificate are strictly subject to the disciplinary powers of the University, which is free to cancel his registration at any time on any grounds which it deems advisable. The disciplinary authority of the University is vested in the President in such cases as he deems proper, and, subject to the reserved powers of the President, in the dean of each faculty and the director of the work of each administrative board.

PROGRAM

The University reserves the right to withdraw or modify the courses of instruction or to change the instructors as may be necessary.

FIRST YEAR

During the first year the student's time is divided between work in the Clinic (*101* through *111*) and work in a collaborating mental hospital (*112*).

101. Principles and techniques of psychiatric examination (introductory course). 8 hours (Sept.). Dr. Hoch.

Th. 11–12.

102. Adaptational psychodynamics of healthy and disordered behavior. 72 hours (Sept.–June). Dr. Rado.

Th. 9–11.

Motivation and control; the adaptational framework of meaning. The psychodynamic cerebral system: self-reporting and nonreporting ranges. Levels of integration. The action-self; thought-pictures of self. Memory, learning, creative imagination, goal-directed activity; expectations, automatization of patterns. Hedonic control, repression, pain-barrier, social-pain guard. Cultural self-realization: needs and desires; opportunities and responsibilities; success and failure; actual and illusory goal fulfillment. Life cycle: infantile dependence, adult independence, senile dependence. Emergency control, conscience; sexual differentiation and behavior; group membership behavior; behavior in the alimentary, evacuative, manipulative, locomotive, etc., areas. Emergency dyscontrol; adaptive impairment, transgressive conduct, and adaptive incompetence; behavior dynamics of the over-reactive, moodcyclic, schizotypal, extractive, lesional, and of narcotic disorders; failures in war-adaptation.

103. Intramural psychiatry. 32 hours (Oct.–June). Dr. Hoch.

Th. 11–12.

Clinicopathologic review of the psychoses. Techniques of intramural therapy; pharmacologic, electric, and surgical procedures. Review of current literature.

104. The techniques of psychotherapy. 24 hours (Feb.–May). Dr. Rado.

Tu. 9–11.

Answering questions, thinking out loud; contextual interpretation. Treatment behavior and life performance; adult cooperation at the aspiring and self-reliant levels; child-like cooperation at the parentifying and magic-craving levels. Priming and modifying. Hypnotherapy: prohibitive and permissive procedures. Hypnoid therapy at the magic-craving level. Psychoanalytic therapy: the classical technique; the adaptational technique. The reconstructive method. Trouble-shooting and easing methods. Psychotherapy in conjunction with pharmacological, electric, and surgical procedures. Choice of method; indications and contraindications for the various methods.

105. Historic development of Freud's classical psychodynamics. 32 hours (Sept.–Jan.). Dr. Ovesey.

Tu. 9–11.

106. Genetic mechanisms in behavior. 15 hours (Feb.–May). Dr. Kallmann.

Tu. 11–12.

107. Neurological foundations of behavior. 32 hours (Sept.–Jan.). Drs. Merritt, Friedman, Root, and associates.

Tu. 11–12; S. 11–1.

Review of structure, function, and dysfunction of the nervous system, with special emphasis upon the cerebrum.

108. Neurological case demonstrations. 16 hours (Sept.–Jan.). Drs. Merritt, Friedman, and associates.

S. 11–1.

These demonstrations are a corollary to course *107*.

109. Psychological testing of performance. 10 hours (Feb.–April). Dr. Zubin.

S. 11–12.

110. Case demonstrations. 64 hours (Sept.–May). Dr. Goldman and Staff.

S. 9–11.

Presentation of cases for discussion: psychoanalytic technique of clinical examination. Clinical pictures and gross psychodynamics. Correlation of pathologic findings in the psychodynamic and physiologic functions of the organism. Evaluation of present impairment of function in the light of developmental history.

111. Supervised residency work in intramural psychiatry.

From July 1 of the first year to June 30 of the second year, in the New York Psychiatric Institute or in another hospital approved by Columbia University.

SECOND YEAR

During the second year the student's time is divided between work in the Clinic (*201* through *207*) and work in a collaborating mental hospital (*211*).

201. Comprehensive medicine. 40 hours (Sept.–Feb.). Dr. Daniels, Dr. Millet, other members of the staff, and guest lecturers from various medical specialties.

Th. 9–11.

Psychodynamic aspect of the organism in physical disease. The emotional factors in the pathology and treatment of patients suffering from gastro-intestinal, cardio-vascular, respiratory, metabolic, endocrine, muscular-skeletal, allergic, dermatologic, etc., disorders.

202. Comparative analysis of cultures. 16 hours (Feb.–March). Dr. Kardiner.

Tu. 9–11.

203. Psychoanalytic study and treatment of children. 16 hours (April–May). Dr. Ackerman.

Tu. 9–11.

204. The techniques of psychotherapy. (*104* continued.) 32 hours (Sept.–Jan.). Dr. Rado.

205. Biochemical mechanisms in behavior. 12 hours (March–April). Dr. Waelsch.

Th. 9–11.

206. Cerebral mechanisms in behavior. 12 hours (April–May). Instructor to be announced.

Th. 9–11.

207. Supervised work in the therapeutic services of the Clinic.

Required Clinical Experience:

1. *Reconstructive Psychoanalytic Therapy in the Service for Outpatients.* 18 months, from Dec. of the second year to May of the third year, time to be arranged:

a) For the first 6 months, 2 cases, about 10 hours weekly.
b) For the following 12 months, 4 cases, about 20 hours weekly.

2. *Other Methods of Psychotherapy.* 6 hours weekly, time to be arranged. (Between Sept. of the second year and May of the third year, by rotation after Nov. of the second year.)

a) In the Service for Inpatients (Sept.–Nov. of the second year). 2 months.
b) In the Service for Outpatients (between Nov. of the second year and May of the third year), by assignment. 8 months.
c) In the Service for Medical Patients (between Feb. of the second year and March of the third year), by assignment. 6 months.
d) In the Service for Children (between Nov. of the second year and May of the third year), by assignment. 2 months.

Students must keep a comprehensive, session-by-session clinic record of each case assigned to them for treatment. These records are subject to final approval by the Chiefs of Services and remain the property of the Clinic.

Supervision:

In each service, during the work periods indicated above, students will be seen individually or in small sections by their supervising instructors. Unless otherwise indicated, time to be arranged.

1. *Supervision of Reconstructive Psychoanalytic Therapy.* About one hour weekly in the first six months; about two hours weekly in the following 12 months. Members of staff.

2. *Supervision of Work with Other Methods of Psychotherapy.*

a) Service for Inpatients. Th. 11–1. Dr. Cattell.
b) Service for Outpatients. Tu. Th. 11–1. Drs. Glueck, Goldman, Karush, Klein, Ovesey, Sapirstein.
c) Service for Medical Patients. Th. 11–1. Drs. Daniels, Millet, Bruch, and Moulton.
d) Service for Children. Tu. Th. 11–1. Dr. Ackerman.

In addition, the therapeutic work of every student will be reviewed from time to time:

a) In case demonstrations and clinical conferences by the instructors in charge, S. 9–11.
b) In supervisory conferences, S. 11–1. Dr. Rado and staff.

210. Clinical conferences. 128 hours (Sept.–May). Second and third years. Dr. Klein and staff.

S. 9–11.

Presentation of cases for the discussion of minute psychodynamics and problems of therapeutic technique. Criteria for choice of method and evaluation of results.

211. Supervised residency work in intramural psychiatry. (*111* continued.)

THIRD YEAR

During the third year the student's full time is spent in the Clinic.

301. Seminar on current literature. 20 hours (Sept.–Nov.). Dr. Sapirstein.

Th. 9–11.

302. Methodology. 20 hours (Sept.–Nov.). Dr. Kardiner.

Tu. 9–11.

Guiding preconceptions and methods of psychological research. Semantics. Synopsis of terminologies.

307. Supervised work in the therapeutic services of the Clinic. (Parts 1 and 2 of *207* continued.)

3. *Diagnostic Work.* Assignment to the Admissions Office of the Outpatient Service. 1 hour weekly. (Between Sept. and May, by rotation.) 4 months.

Supervision of diagnostic work. 1 hour weekly. Drs. Karush, Easser, Gidro-Frank, Glueck, Kennedy, and Strahl.

309. Research symposia. 6 hours (Oct.–May). In collaboration with the Department of Experimental Psychiatry of the New York State Psychiatric Institute. Drs. Rado, Hoch, and staff.

Time to be arranged.

310. Clinical conferences. (*210* continued.)

QUALIFYING EXAMINATIONS

1) Feb. of the 2d year, theoretical examination in courses: *102, 103, 105,* and *107*

2) June of the 3rd year, theoretical examination in courses: *201, 202, 203, 204,* and *302*

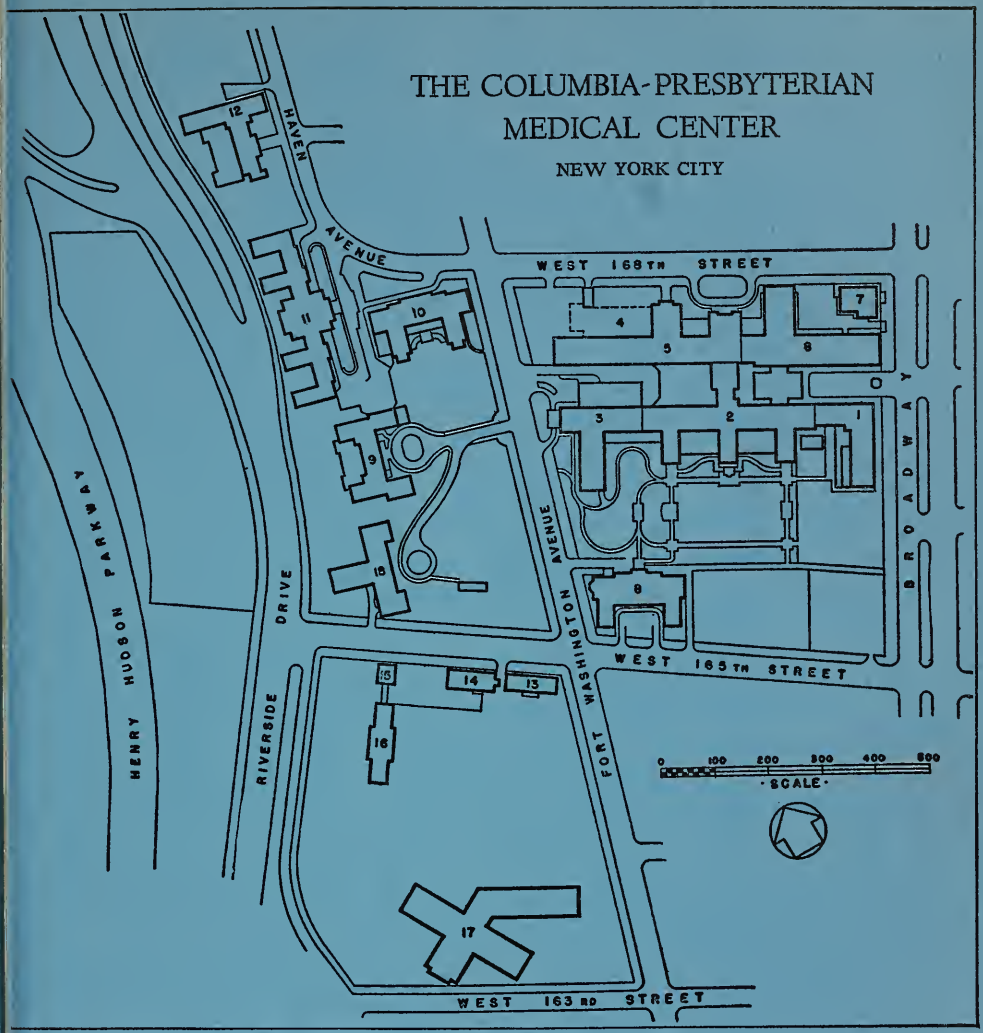
3) June of the 3rd year, or later, upon successful completion of required clinical experience and the student's personal analysis: clinical examination

ADDITIONAL YEARS TOWARD COMPLETION OF REQUIREMENTS

Students in good standing who have not fulfilled the requirements for certification by June of their 3rd year will be registered in the University, term by term, at half the regular tuition, until they are eligible to complete the qualifying examinations. During this time their Clinic assignments will include:

407. Supervised work in the therapeutic services of the Clinic. (Part 1 of *207* continued.)

410. Clinical conferences. 64 hours (Sept.–May). Dr. Kardiner and staff.



1. Babies Hospital
2. Presbyterian Hospital
   Sloane Hospital
   New York Orthopaedic Hospital
3. Harkness Pavilion
4. Power plant
5. College of Physicians and Surgeons
6. Vanderbilt Clinic
   School of Dental and Oral Surgery
7. Washington Heights Health and Teaching Center, New York City Department of Health
   School of Public Health
8. Institute of Ophthalmology
9. Maxwell Hall
10. Neurological Institute
11. New York State Psychiatric Institute
    Psychoanalytic Clinic
12. Bard Hall
13, 16. Storage
14. Shops
15. Housing
17. Francis Delafield Hospital, New York City Department of Hospitals
18. Edward S. Harkness Memorial Hall

KING'S COLLEGE
1754
COLUMBIA COLLEGE
1784
COLUMBIA
UNIVERSITY
IN THE
CITY OF NEW YORK
1912
BICENTENNIAL YEAR
1954

STACKS COPY 2
COLUMBIA UNIVER
MEDICAL LIBRARY

Columbia University

BULLETIN OF INFORMATION

Fifty-fourth Series, No. 21 June 5, 1954

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

1954-1955

COLUMBIA-PRESBYTERIAN MEDICAL CENTER
630 WEST 168TH STREET • NEW YORK 32, N. Y.

Columbia University Bulletin of Information

Fifty-fourth Series, No. 21 June 5, 1954

Issued at Columbia University, Morningside Heights, New York 27, N.Y., weekly from January for forty-six consecutive issues. Reentered as second-class matter August 15, 1952, at the Post Office at New York, N.Y., under the Act of August 24, 1912. Acceptance for mailing at a special rate of postage provided for in Section 1103, Act of October 3, 1917, authorized.

The series includes the Report of the President to the Trustees and the Announcements of the several Colleges and Schools relating to the work of the next year. These are made as accurate as possible, but the right is reserved to make changes in detail as circumstances require. The current number of any of these Announcements will be sent upon written application to the Office of University Admissions, 322 University Hall, Columbia University, New York 27, N.Y. Copies may be obtained in person from the Office of the Secretary, 213 Low Memorial Library.

C. U. P. 5,300—1954

Applications should be submitted before January 1 of year for which candidate is applying.

Registration, June 30.

Supervised residency work in intramural psychiatry begins July 1.

Program of lectures and other required work begins Tuesday of week following Labor Day.

PRINTED FOR THE UNIVERSITY BY
COLUMBIA UNIVERSITY PRESS

FACULTY OF MEDICINE

OFFICERS OF THE FACULTY

GRAYSON KIRK, Ph.D., LL.D. . . . . *President of the University*

JOHN A. KROUT, Ph.D., L.H.D., LL.D. . . . *Vice President and Provost of the University*

WILLARD COLE RAPPLEYE, A.M., M.D., Sc.D., Med.Sc.D. . . . *Vice President in Charge of Medical Affairs; Dean of Faculty of Medicine*

STAFF OF PSYCHOANALYTIC CLINIC

LAWRENCE C. KOLB, M.D., *Professor of Psychiatry; Executive Officer, Department of Psychiatry*

SANDOR RADO, D.Pol.Sci., M.D., *Clinical Professor of Psychiatry; Director of the Psychoanalytic Clinic*

GEORGE E. DANIELS, B.S., M.D., *Clinical Professor of Psychiatry; Associate Director of the Psychoanalytic Clinic*

ABRAM KARDINER, A.B., M.D., *Clinical Professor of Psychiatry*

NATHAN W. ACKERMAN, M.D., *Assistant Clinical Professor of Psychiatry*

BRUCE BUCHENHOLZ, M.D., *Assistant in Psychiatry*

JAMES P. CATTELL, M.D., *Research Associate in Psychiatry*

BARBARA R. EASSER, M.D., *Research Assistant in Psychiatry*

LOTHAR GIDRO-FRANK, M.D., *Instructor in Psychiatry*

RODMAN GILDER, M.D., *Instructor in Psychiatry*

BERNARD C. GLUECK, JR., M.D., *Instructor in Psychiatry*

GEORGE S. GOLDMAN, M.D., *Associate in Psychiatry*

H. LEE HALL, M.D., *Instructor in Psychiatry*

IRVING B. HARRISON, M.D., *Assistant in Psychiatry*

CHARLES C. HOGAN, M.D., *Assistant in Psychiatry*

SAUL H. KARLEN, M.D., *Instructor in Psychiatry*

AARON KARUSH, M.D., *Associate in Psychiatry*

JANET A. KENNEDY, M.D., *Assistant in Psychiatry*

HENRIETTE R. KLEIN, M.D., *Assistant Clinical Professor of Psychiatry*

STANLEY R. LESSER, M.D., *Instructor in Psychiatry*

DAVID M. LEVY, M.D., *Lecturer in Psychiatry*

ANGEL N. MIRANDA-RIVERA, M.D., *Research Assistant in Psychiatry*

LEON MOSES, M.D., *Instructor in Psychiatry*

LIONEL OVESEY, M.D., *Associate in Psychiatry*

MILTON R. SAPIRSTEIN, M.D., *Associate in Psychiatry*

DANIEL SHAPIRO, M.D., *Assistant in Psychiatry*

MARGARET O. STRAHL, M.D., *Instructor in Psychiatry*

JOHN J. WEBER, M.D., *Instructor in Psychiatry*

COLLABORATING STAFF

VIOLA W. BERNARD, M.D., *Associate in Psychiatry*

HILDE BRUCH, M.D., *Associate in Psychiatry*

ARNOLD P. FRIEDMAN, M.D., *Assistant Clinical Professor of Neurology*

PAUL GOOLKER, M.D., *Lecturer in Psychiatry*

CLARENCE C. HARE, M.D., Med.Sc.D., *Assistant Clinical Professor of Neurology*

PAUL H. HOCH, M.D., *Assistant Professor of Psychiatry*

FRANZ J. KALLMANN, M.D., *Assistant Professor of Psychiatry*

H. HOUSTON MERRITT, M.D., *Professor of Neurology*

RUTH E. MOULTON, M.D., *Associate in Psychiatry*

WALTER S. ROOT, Ph.D., *Professor of Physiology*

HEINRICH B. WAELSCH, M.D., Ph.D., *Professor of Biochemistry*

ABNER WOLF, M.D., *Professor of Neuropathology*

JOSEPH ZUBIN, Ph.D., *Adjunct Professor of Psychology*

COLLABORATING STAFF (CLINICAL)

LEONARD BLUMGART, M.D., *Associate Psychoanalyst*

FRANZ S. COHN, M.D., *Associate Psychoanalyst*

PHYLLIS GREENACRE, M.D., *Associate Psychoanalyst*

EDITH JACOBSON, M.D., *Associate Psychoanalyst*

BELA MITTLEMANN, M.D., *Associate Psychoanalyst*

NATHANIEL ROSS, M.D., *Associate Psychoanalyst*

WILLIAM H. DUNN, M.D., *Associate Psychoanalyst*

RICHARD L. FRANK, M.D., *Associate Psychoanalyst*

NORVELLE C. LAMAR, M.D., *Associate Psychoanalyst*

EUGENE C. MILCH, M.D., *Associate Psychoanalyst*

HERMAN SHLIONSKY, M.D., *Associate Psychoanalyst*

MAX STERN, M.D., *Associate Psychoanalyst*

THE PSYCHOANALYTIC CLINIC FOR TRAINING AND RESEARCH

The Psychoanalytic Clinic for Training and Research, established in the Department of Psychiatry of Columbia University in January, 1945, has the following objectives:

1. The training of qualified physicians in psychodynamics; the physiology and pathology of behavior and their relation to bodily disease; the cultural aspect of behavior; the concept of mental health; and the application of psychoanalytic and other therapeutic techniques in the care of patients with psychiatric disorders.

2. The integration of psychoanalytic and other psychiatric treatment techniques with the other related basic sciences and clinical fields.

3. Fundamental research in the general field of psychiatry, with particular emphasis on the development of scientific methods in the accumulation of knowledge of psychoanalytic medicine.

The course of training toward these objectives has been designed with considerable flexibility, based on full-time work over a period of not less than three years. It shall include:

1. Supervised training in hospitals and clinics recognized by Columbia University, not less than one year of which must be spent in the Psychoanalytic Clinic for Training and Research, Columbia University.

2. A program of lectures, seminars, demonstrations, and conferences arranged throughout the three-year period.

3. Intensive training in the related basic sciences and opportunity for fundamental research in any of these fields.

4. Closely supervised treatment of patients selected from inpatient and outpatient services, including reconstructive psychoanalyses, other methods, and the techniques employed in intramural psychiatry.

On the recommendation of the Director, credit may be given in exceptional circumstances for the satisfactory completion of certain parts of this program.

For the fullest utilization of the opportunities offered by this course of training at the Psychoanalytic Clinic, completion of a personal analysis with a psychoanalyst accredited by the Clinic is a preferred requirement for admission.

The personal analysis is a basic and indispensable preparation for psychoanalytic training. In this analysis the prospective student undertakes a penetrating psychological study of himself. He is expected to explore resolutely and thoroughly the unconscious reaches of his mind, trace his development back to the formative experiences of his childhood, and arrive at a better knowledge and more realistic appraisal of himself as an individual and as a product of a given period and culture. He is expected to overcome his personal difficulties and acquire a greater measure of self-direction, psychological and critical independence, and a more mature outlook on life.

Personal analysis is a medical procedure. It is safeguarded by the Hippocratic oath of the physician, and by the laws, regulations, and ethical standards governing the practice of medicine.

Upon the satisfactory completion of this course of training—including written, oral, and practical examinations in the theory and practice of psychoanalytic medicine and the related basic sciences—a Certificate of Training in Psychoanalytic Medicine is awarded by Columbia University.

Students who, in addition to this course of training, undertake a full year of basic research, either completed or contemplated, may submit an application, to be considered by the Committee on Graduate Clinical Instruction, for registration for the degree of

Doctor of Medical Science. Further information may be obtained from the Office of the Associate Dean, Graduate Medicine, 630 West 168th Street, New York 32, N.Y.

For the purposes of training and research, and also to serve the needs of the community, the Clinic maintains four interrelated therapeutic services: (*a*) a service for inpatients; (*b*) a service for outpatients; (*c*) a service for medical patients; and (*d*) a service for children. These services are located at the New York State Psychiatric Institute, the Vanderbilt Clinic, and Babies Hospital at the Columbia-Presbyterian Medical Center.

GENERAL INFORMATION

REQUIREMENTS FOR ADMISSION

1. Graduation from a medical school approved by Columbia University.
2. Completion of an internship of not less than one year in a hospital approved by Columbia University.
3. Completion of a personal analysis with a psychoanalyst accredited by this Clinic is a preferred requirement.

Prospective applicants should consult the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, for preliminary approval of their contemplated personal analyses. Such preliminary approval does not constitute admission to graduate training.

As a temporary transitional provision, otherwise acceptable students may be allowed to complete their personal analyses during the period of graduate training.

4. Approval of application by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine.

APPLICATIONS

Applications for admission to training must be submitted in duplicate before January 1 of the year for which the applicant wishes to be considered for admission. Applications for future training will be received throughout the year. After filing application blanks, every prospective candidate must see members of the Committee on Admissions in person and take psychological tests, for which the fee is $25. Those with applications on file will be told the exact dates of these appointments at least two weeks in advance. Application forms may be secured from the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, 630 West 168th Street, New York 32, N.Y.

REGISTRATION

After their applications have been approved by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine, students must register in person at the Office of the Registrar, B–405, 630 West 168th Street, New York 32, N.Y., on June 30.

FEES

The fees for the entire three-year course of graduate training including application for the certificate and the degree total $2,625, as follows:

a) University fee

$20 for each Winter and Spring Session or any part thereof

Total for three-year period $ 120

b) Tuition fee

$825 for each year, payable semiannually at beginning of each Winter and Spring Session

Total for three-year period	$2,475
c) Fee for certificate	10
d) Fee for application for the degree	20
TOTAL	$2,625

Students who have not fulfilled the requirements for certification within the minimum three-year period may be enrolled on a half-time basis with fees as follows:

a) University fee

$20 for each Winter and Spring Session or any part thereof

b) Tuition fee

$206.25 for each term, payable semiannually at the beginning of each Winter and Spring Session

Personal analysis is not a part of graduate training, and charges therefor are not included in the fees listed above.

University fees (not refundable) and tuition fees are payable semiannually in advance. Registration will not be complete until such fees are paid. Checks must be drawn to the order of Columbia University and presented to the Bursar.

STUDENT AID

A limited number of training fellowships are available to deserving students. For further information consult the Administrative Office of the Clinic, 722 West 168th Street.

ACADEMIC DISCIPLINE

The continuance of each student upon the rolls of the University, the receipt by him of academic credits, his graduation, and the conferring of any degree or the granting of any certificate are strictly subject to the disciplinary powers of the University, which is free to cancel his registration at any time on any grounds which it deems advisable. The disciplinary authority of the University is vested in the President in such cases as he deems proper, and, subject to the reserved powers of the President, in the dean of each faculty and the director of the work of each administrative board.

PROGRAM

The University reserves the right to withdraw or modify the courses of instruction or to change the instructors as may be necessary.

FIRST YEAR

During the first year the student's time is divided between work in the Clinic (*101* through *110*) and work in a collaborating mental hospital (*111*).

101. Principles and techniques of psychiatric examination (introductory course). 8 hours (Sept.). Dr. Hoch.

Th. 11–12.

102. Adaptational psychodynamics of healthy and disordered behavior. 72 hours (Sept.–June). Dr. Rado.

Th. 9–11.

Motivation and control; the adaptational framework of meaning. The psychodynamic cerebral system: self-reporting and nonreporting ranges. Levels of integration. The action-self; thought-pictures of self. Memory, learning, creative imagination, goal-directed activity; expectations, automatization of patterns. Hedonic control, repression, pain-barrier, social-pain guard. Cultural self-realization: needs and desires; opportunities and responsibilities; success and failure; actual and illusory goal fulfillment. Life cycle: infantile dependence, adult independence, senile dependence. Emergency control, conscience; sexual differentiation and behavior; group membership behavior; behavior in the alimentary, evacuative, manipulative, locomotive, etc., areas. Emergency dyscontrol; adaptive impairment, transgressive conduct, and adaptive incompetence; behavior dynamics of the over-reactive, moodcyclic, schizotypal, extractive, lesional, and narcotic disorders; failures in war-adaptation.

103. Intramural psychiatry. 32 hours (Oct.–June). Dr. Hoch.

Th. 11–12.

Clinicopathologic review of the psychoses. Techniques of intramural therapy; pharmacologic, electric, and surgical procedures. Review of current literature.

104. The techniques of psychotherapy. 24 hours (Feb.–May). Dr. Rado.

Tu. 9–11.

Psychoanalytic techniques of examination. Adaptational analysis of dreams. Treatment behavior and life performance. Levels and patterns of cooperation. Reconstructive psychoanalytic therapy: (*a*) the classical techniques; (*b*) the adaptational technique. Reparative methods of psychotherapy: (*a*) hypnotherapy; (*b*) methods using suggestive, supportive, educative, and other measures in the waking state; (*c*) methods combined with pharmacological electric, and surgical procedures. Choice of method; indications and contraindications for each method.

105. Historic development of Freud's classical psychodynamics. 32 hours (Sept–Jan.). Dr. Ovesey.

Tu. 9–11.

106. Genetic mechanisms in behavior. 16 hours (Feb.–May). Dr. Kallmann.

Tu. 11–12.

107. Neurological foundations of behavior. 32 hours (Sept.–Jan.). Drs. Merritt, Friedman, Root, and associates.

Tu. 11–12; S. 11–1.

Review of structure, function, and dysfunction of the nervous system, with special emphasis upon the cerebrum.

108. Neurological case demonstrations. 16 hours (Sept.–Jan.). Drs. Merritt, Friedman, and associates.

S. 11–1.

These demonstrations are a corollary to course *107*.

109. Psychological testing of performance. 10 hours (Feb.–April). Dr. Zubin.

S. 11–12.

110. Case demonstrations. 64 hours (Sept.–May). Dr. Goldman and staff.

S. 9–11.

Presentation of cases for discussion: psychoanalytic technique of clinical examination. Clinical pictures and gross psychodynamics. Correlation of pathologic findings in the psychodynamic and physiologic functions of the organism. Evaluation of present impairment of function in the light of developmental history.

111. Supervised residency work in intramural psychiatry.

From July 1 of the first year to June 30 of the second year, in the New York State Psychiatric Institute or in another hospital approved by Columbia University.

SECOND YEAR

During the second year the student's time is divided between work in the Clinic (*201* through *210*) and work in a collaborating mental hospital (*211*).

201. Comprehensive medicine. 40 hours (Sept.–Feb.). Dr. Daniels, other members of the staff, and guest lecturers from various medical specialties.

Th. 9–11.

Psychodynamic aspect of the organism in physical disease. The emotional factors in the pathology and treatment of patients suffering from gastrointestinal, cardiovascular, respiratory, metabolic, endocrine, muscular-skeletal, allergic, dermatologic, etc., disorders.

202. Anthropological mechanisms in behavior. 16 hours (Feb.–March). Dr. Kardiner.

Tu. 9–11.

Comparative analysis of cultures.

203. Psychoanalytic study and treatment of children. 16 hours (April–May). Dr. Ackerman.

Tu. 9–11.

204. The techniques of psychotherapy. (*104* continued.) 32 hours (Sept.–Jan.). Dr. Rado.

Tu. 9–11.

205. Biochemical mechanisms in behavior. 12 hours (March–April). Dr. Waelsch.

Th. 9–11.

206. Cerebral mechanisms in behavior. 12 hours (April–May). Instructor to be announced.

Th. 9–11.

207. Supervised work in the therapeutic services of the Clinic.

Required Clinical Experience:

1. *Reconstructive Psychoanalytic Therapy in the Service for Outpatients.* 18 months, from Dec. of the second year to May of the third year, time to be arranged:

a) For the first 6 months, 2 cases, about 10 hours weekly.
b) For the following 12 months, 4 cases, about 20 hours weekly.

2. *Reparative Methods of Psychotherapy.* 6 hours weekly, time to be arranged. (Between Sept. of the second year and May of the third year, by rotation after Nov. of the second year.)

a) In the Service for Inpatients (Sept.–Nov. of the second year). 2 months.
b) In the Service for Outpatients (between Nov. of the second year and May of the third year), by assignment. 8 months.
c) In the Service for Medical Patients (between Feb. of the second year and March of the third year), by assignment. 6 months.
d) In the Service for Children (between Nov. of the second year and May of the third year), by assignment. 2 months.

Students must keep a comprehensive, session-by-session clinic record of each case assigned to them for treatment. These records are subject to final approval by the Chiefs of Services and remain the property of the Clinic.

Supervision:

In each service, during the work periods indicated above, students will be seen individually or in small sections by their supervising instructors. Unless otherwise indicated, time to be arranged.

1. *Supervision of Reconstructive Psychoanalytic Therapy.* About one hour weekly in the first six months; about two hours weekly in the following twelve months. Members of staff.

2. *Supervision of Reparative Methods of Psychotherapy.*

a) Service for Inpatients. Th. 11–1. Dr. Cattell.
b) Service for Outpatients. Tu. Th. 11–1. Drs. Buchenholz, Easser, Glueck, Goldman, Karush, Klein, Ovesey, Sapirstein.
c) Service for Medical Patients. Th. 11–1. Drs. Daniels, Bruch, and Moulton.
d) Service for Children. Tu. Th. 11–1. Dr. Ackerman.

In addition, the therapeutic work of every student will be reviewed from time to time:

a) In case demonstrations and clinical conferences by the instructors in charge, S. 9–11.
b) In supervisory conferences, S. 11–1. Dr. Rado and staff.

210. Clinical conferences. 128 hours (Sept.–May). Second and third years. Dr. Klein and staff.

S. 9–11.

Presentation of cases for the discussion of minute psychodynamics and problems of therapeutic technique. Criteria for choice of method and evaluation of results.

211. Supervised residency work in intramural psychiatry. (*111* continued.)

THIRD YEAR

During the third year the student's full time is spent in the Clinic.

301. Seminar on current literature. 20 hours (Sept.–Nov.). Dr. Sapirstein.

Th. 9–11.

302. Methodology. 20 hours (Sept.–Nov.). Dr. Kardiner.

Tu. 9–11.

Guiding preconceptions and methods of psychological research. Semantics. Synopsis of terminologies.

307. Supervised work in the therapeutic services of the Clinic. (Parts 1 and 2 of *207* continued.)

3. *Diagnostic Work.* Assignment to the Admissions Office of the Outpatient Service. 1 hour weekly. (Between Sept. and May, by rotation.) 4 months.

Supervision of diagnostic work. 1 hour weekly. Drs. Karush, Easser, Gidro-Frank, Glueck, Kennedy, and Strahl.

309. Research symposia. 6 hours (Oct.–May). In collaboration with the Department of Experimental Psychiatry of the New York State Psychiatric Institute. Drs. Rado, Hoch, and staff.

Time to be arranged.

310. Clinical conferences. (*210* continued.)

QUALIFYING EXAMINATIONS

1) February of the second year, theoretical examination in courses: *102, 103, 105,* and *107.*

2) June of the third year, theoretical examination in courses: *201, 202, 203, 204,* and *302.*

3) June of the third year, or later, upon successful completion of required clinical experience and the student's personal analysis: clinical examination.

ADDITIONAL YEARS TOWARD COMPLETION OF REQUIREMENTS

Students in good standing who have not fulfilled the requirements for certification by June of their third year will be registered in the University, term by term, at half the regular tuition, until they are eligible to complete the qualifying examinations. During this time their Clinic assignments will include:

407. Supervised work in the therapeutic services of the Clinic. (Parts 1 and *2b* of *207* continued.)

410. Clinical conferences. 64 hours (Sept.–May). Dr. Kardiner and staff.

S. 9–11.

1. Babies Hospital
2. Presbyterian Hospital
   Sloane Hospital
   New York Orthopaedic Hospital
3. Harkness Pavilion
4. Power plant
5. College of Physicians and Surgeons
6. Vanderbilt Clinic
   School of Dental and Oral Surgery
7. Washington Heights Health and Teaching Center, New York City Department of Health
   School of Public Health
8. Institute of Ophthalmology
9. Maxwell Hall
10. Neurological Institute
11. New York State Psychiatric Institute
    Psychoanalytic Clinic
12. Bard Hall
13, 16. Storage
14. Shops
15. Housing
17. Francis Delafield Hospital, New York City Department of Hospitals
18. Edward S. Harkness Memorial Hall

STACKS COPY 2
COLUMBIA UNIVERSITY LIBRARY

Columbia University

BULLETIN OF INFORMATION

Fifty-fifth Series, No. 44 November 6, 1955

NOT TO BE TAKEN FROM THE LIBRARY

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

1955-1956

NOT TO BE TAKEN FROM THE LIBRARY

COLUMBIA-PRESBYTERIAN MEDICAL CENTER
630 WEST 168TH STREET • NEW YORK 32, N. Y.

Columbia University Bulletin of Information

Fifty-fifth Series, No. 44 November 6, 1955

Issued at Columbia University, Morningside Heights, New York 27, N.Y., weekly from January for forty-six consecutive issues. Reentered as second-class matter August 15, 1952, at the Post Office at New York, N.Y., under the Act of August 24, 1912. Acceptance for mailing at a special rate of postage provided for in Section 1103, Act of October 3, 1917, authorized.

The series includes the Report of the President to the Trustees and the Announcements of the several Colleges and Schools relating to the work of the next year. These are made as accurate as possible, but the right is reserved to make changes in detail as circumstances require. The current number of any of these Announcements will be sent upon written application to the Office of University Admissions, 322 University Hall, Columbia University, New York 27, N.Y. Copies may be obtained in person from the Office of the Secretary, 213 Low Memorial Library.

C. U. P. 5,400—1955

Applications should be submitted before January 1 of year for which candidate is applying.

Program of lectures and other required work begins Monday of week following Labor Day.

PRINTED FOR THE UNIVERSITY BY
COLUMBIA UNIVERSITY PRESS

FACULTY OF MEDICINE

OFFICERS OF THE FACULTY

GRAYSON KIRK, Ph.D., LL.D. . . . . *President of the University*
JOHN A. KROUT, Ph.D., L.H.D., LL.D. . . . *Vice President and Provost of the University*
WILLARD C. RAPPLEYE, A.M., M.D., Sc.D., Med.Sc.D. . . . *Vice President in Charge of Medical Affairs; Dean of the Faculty of Medicine*

STAFF OF THE PSYCHOANALYTIC CLINIC

LAWRENCE C. KOLB, M.D., *Professor of Psychiatry; Executive Officer, Department of Psychiatry*
ABRAM KARDINER, M.D., *Clinical Professor of Psychiatry; Director of the Clinic*
GEORGE E. DANIELS, M.D., *Clinical Professor of Psychiatry; Associate Director of the Clinic*
GEORGE S. GOLDMAN, M.D., *Associate Clinical Professor of Psychiatry; Assistant Director of the Clinic*
DAVID M. LEVY, M.D., *Clinical Professor of Psychiatry*
SANDOR RADO, M.D., *Sandor Rado Lecturer, 1955–1956*

NATHAN W. ACKERMAN, M.D., *Associate Clinical Professor of Psychiatry*
VIOLA W. BERNARD, M.D., *Assistant Clinical Professor of Psychiatry*
HILDE BRUCH, M.D., *Associate Clinical Professor of Psychiatry*
BRUCE BUCHENHOLZ, M.D., *Assistant Clinical Professor of Psychiatry*
JAMES P. CATTELL, M.D., *Assistant Clinical Professor of Psychiatry*
MAX COHEN, M.D., *Instructor in Psychiatry*
JOHN A. COOK, M.D., *Instructor in Psychiatry*
H. DONALD DUNTON, M.D., *Instructor in Psychiatry*
BARBARA R. EASSER, M.D., *Associate in Psychiatry*
LOTHAR GIDRO-FRANK, M.D., *Instructor in Psychiatry*
RODMAN GILDER, M.D., *Associate in Psychiatry*
ALVIN I. GOLDFARB, M.D., *Instructor in Psychiatry*
WILLIAM GOLDFARB, M.D., *Associate in Psychiatry*
H. LEE HALL, M.D., *Associate in Psychiatry*
IRVING B. HARRISON, M.D., *Instructor in Psychiatry*
CHARLES C. HOGAN, M.D., *Instructor in Psychiatry*
JEAN D. JAMESON, M.D., *Instructor in Psychiatry*
SAUL H. KARLEN, M.D., *Associate in Psychiatry*
AARON KARUSH, M.D., *Assistant Clinical Professor of Psychiatry*
JANET A. KENNEDY, M.D., *Instructor in Psychiatry*
HENRIETTE R. KLEIN, M.D., *Associate Clinical Professor of Psychiatry*
JOSEPH M. LUBART, M.D., *Instructor in Psychiatry*
ANGEL N. MIRANDA-RIVERA, M.D., *Instructor in Psychiatry*
LEON MOSES, M.D., *Associate in Psychiatry*
RUTH E. MOULTON, M.D., *Assistant Clinical Professor of Psychiatry*
LIONEL OVESEY, M.D., *Assistant Clinical Professor of Psychiatry*
MILTON R. SAPIRSTEIN, M.D., *Assistant Clinical Professor of Psychiatry*
ELIAS SAVITSKY, M.D., *Instructor in Psychiatry*
ROBERT A. SENESCU, M.D., *Instructor in Psychiatry*
DANIEL SHAPIRO, M.D., *Associate in Psychiatry*
CHARLES W. SOCARIDES, M.D., *Instructor in Psychiatry*
MARGARET O. STRAHL, M.D., *Instructor in Psychiatry*
JOHN J. WEBER, M.D., *Associate in Psychiatry*

COLLABORATING STAFF

PAUL GOOLKER, M.D., *Lecturer in Psychiatry*
PAUL H. HOCH, M.D., *Associate Professor of Clinical Psychiatry*
FRANZ J. KALLMANN, M.D., *Professor of Psychiatry* (Genetics)
EXIE E. WELSCH, M.D., *Associate in Psychiatry*
JOSEPH ZUBIN, Ph.D., *Adjunct Professor of Psychology*

LECTURERS

HERBERT BIRCH, Ph.D.
KURT GOLDSTEIN, M.D.

ASSOCIATE PSYCHOANALYSTS

GRACE BAKER, M.D.
FRANZ S. COHN, M.D.
RICHARD L. FRANK, M.D.
EDITH JACOBSON, M.D.
EUGENE MILCH, M.D.
BELA MITTELMANN, M.D.
ROBERT A. SAVITT, M.D.
HERMAN SHLIONSKY, M.D.
MAX STERN, M.D.

THE PSYCHOANALYTIC CLINIC FOR TRAINING AND RESEARCH

The Psychoanalytic Clinic for Training and Research, established in the Department of Psychiatry of Columbia University in January, 1945, has the following objectives:

1. The training of qualified physicians in the psychoanalytic method of treating patients who have various forms of adaptational failure known as psychiatric disorders.

2. Fundamental research in the general field of psychoanalytic medicine and in related fields.

This training includes an evolutionary approach to human adaptation, a survey of the organic substrata of behavior, the relation of adaptational failure and stress to bodily disease, the cultural determinants of behavior, and the concept of mental health.

The highest emphasis falls on psychodynamics, the laws of adaptation, the vicissitudes of adaptation under various forms of stress, and on the known methods of modifying disordered adaptation.

The course of training covers a period of not less than four years and includes (*a*) didactic lectures, (*b*) clinical conferences and demonstrations of the various clinical syndromes, and (*c*) intensive, systematic training in therapy under supervision.

A personal analysis is a basic and indispensable preparation for psychoanalytic training. In this analysis the prospective student undertakes a penetrating psychological study of himself. He is expected to explore resolutely and thoroughly the unconscious reaches of his mind, trace his development back to the formative experiences of his childhood, and arrive at a better knowledge and more realistic appraisal of himself as an individual and as a product of a given period and culture. He is expected to overcome his personal difficulties and acquire a greater measure of self-direction, psychological and critical independence, and a more mature outlook on life.

Personal analysis is a medical procedure. It is safeguarded by the Hippocratic oath of the physician, and by the laws, regulations, and ethical standards governing the practice of medicine.

Upon the satisfactory completion of this course of training—including written, oral, and practical examinations in the theory and practice of psychoanalytic medicine and the related basic sciences—a Certificate of Training in Psychoanalytic Medicine is awarded by Columbia University.

Students who, in addition to this course of training, undertake a full year of basic research, either completed or contemplated, may submit an application, to be considered by the Committee on Graduate Clinical Instruction, for registration for the degree of Doctor of Medical Science. Further information may be obtained from the Office of the Associate Dean, Graduate Medicine, 630 West 168th Street, New York 32, N.Y.

For the purposes of training and research, and also to serve the needs of the community, the Clinic maintains three therapeutic services: (*a*) a service for outpatients, (*b*) a service for medical patients, and (*c*) a service for children. These services are located at the New York State Psychiatric Institute, the Vanderbilt Clinic, and Babies Hospital at the Columbia-Presbyterian Medical Center.

REQUIREMENTS FOR ADMISSION

1. Graduation from a medical school approved by Columbia University.

2. Completion of an internship of not less than one year in a hospital approved by Columbia University.

3. Completion of at least one year of psychiatric residency in a hospital approved by Columbia University.

4. Completion of a personal analysis with a psychoanalyst accredited by this Clinic is a preferred requirement.

Prospective applicants should consult the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, for preliminary approval of their contemplated personal analyses. Such preliminary approval does not constitute admission to graduate training. Otherwise acceptable students may be allowed to complete their personal analyses during the period of graduate training.

5. Approval of application by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine.

APPLICATIONS

Applications for admission to training must be submitted in duplicate before January 1 of the year for which the applicant wishes to be considered for admission. Applications for future training will be received throughout the year. After filing application blanks, every prospective candidate must see members of the Committee on Admissions in person and take psychological tests, for which the fee is $25. Those with applications on file will be told the exact dates of these appointments at least two weeks in advance. Application forms may be secured from the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, 630 West 168th Street, New York 32, N.Y.

REGISTRATION

After their applications have been approved by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine, students must register in person at the Office of the Registrar, B–405, 630 West 168th Street, New York 32, N.Y.

FEES

The fees for the course of graduate training are as follows:

a) University fee for each winter and spring session or any part thereof	$ 20
b) Tuition fee for each year, payable semiannually at beginning of each winter and spring session	825
c) Fee for application for the certificate	10
d) Fee for application for the Med.Sc.D. degree certificate	20

Students who have not fulfilled the requirements for certification within the minimum four-year period may be enrolled on a half-time basis with fees as follows:

a) University fee for each winter and spring session or any part thereof	$ 20.00
b) Tuition fee for each term, payable semiannually at the beginning of each winter and spring session	206.25

Personal analysis is not a part of graduate training, and charges therefor are not included in the fees listed above.

University fees (not refundable) and tuition fees are payable semiannually in advance. Registration will not be complete until these fees are paid. Checks must be drawn to the order of Columbia University and presented to the Bursar.

STUDENT AID

A limited number of training fellowships are available to deserving students. For further information consult the Administrative Office of the Clinic, 722 West 168th Street.

CREDIT FOR COURSES PREVIOUSLY COMPLETED

Students may be granted credit for courses that have been satisfactorily completed elsewhere, if such courses are considered by the Director to be equivalent to those given in this Clinic.

ACADEMIC DISCIPLINE

The continuance of each student upon the rolls of the University, the receipt by him of academic credits, his graduation, and the conferring of any degree or the granting of any certificate are strictly subject to the disciplinary powers of the University, which is free to cancel his registration at any time on any grounds which it deems advisable. The disciplinary authority of the University is vested in the President in such cases as he deems proper, and, subject to the reserved powers of the President, in the dean of each faculty and the director of the work of each administrative board.

PROGRAM

The University reserves the right to withdraw or modify the courses of instruction or to change the instructors as may be necessary.

FIRST YEAR

101. Historic development of Freud's classical psychodynamics. 32 hours (September–January). Dr. Ovesey.

M. 11–1.

102a. Psychodynamics: psychoanalytic theory of human adaptation. 32 hours (September–January). Dr. Karush.

Tu. 11–1.

The adaptational frame of reference. The motivational context. Conscious and unconscious dynamic processes. Levels of integration. Reparative processes. Development of the Self. Emergency behavior. Development of conscience. Behavior in alimentary, evacuative, sexual, and manipulative areas. Social integration of the individual.

102b. Psychodynamics: psychoanalytic theory of disordered adaptation. 32 hours (February–May). Dr. Ovesey.

M. 11–1.

Dynamics of conflict; traumatic neurosis; phobic, obsessive-compulsive, hysterical, mood-cyclic, and paranoid reactions; disorders of sexual behavior; disorders of the socio-sexual role; sociopathic behavior; drug addiction; psychotherapeutic considerations.

103a. Introduction to psychoanalytic therapy: history of psychoanalytic therapy. 16 hours (February–March). Dr. Klein.

Tu. 11–1.

103b. Introduction to psychoanalytic therapy: the data of psychoanalytic technique. 16 hours (April–May). Dr. Goldman.

Tu. 11–1.

Direct experience. Observed behavior. The utilization of free associations, dreams, "acting out," etc.

104. The organism: its nature, organization, and responses. 24 hours (September–December). Dr. Goldstein.

Th. 11–1.

Reactions of the organism to isolated defects. The organismic response to interference with established mechanisms of satisfaction. Mechanisms of adaptation in relation to organic substrata. Goals of adaptation.

105. Animal behavior and human psychology. 24 hours (February–April). Dr. Birch.

Th. 11–1.

The meaning of adaptation as studied in the evolutionary scale. The concept of instinct in the light of the evolution of modifiability of adaptation. Evolution of emotion, social relations, communication and maladaptation. The human animal.

106. Intramural psychiatry. 32 hours (September–May). Dr. Hoch.

S. 11–12.

Clinicopathologic review of the psychoses. Techniques of intramural therapy; pharmacologic, electric, and surgical procedures. Review of current literature.

107. Developmental trends in psychoanalysis: Adler, Jung, Ferenczi, Abraham, etc. 16 hours (February–May). Dr. Sapirstein.

S. 12–1.

108. Biometric methods in psychopathology. 8 hours (December–January). Dr. Zubin.
Th. 11–1.

109. Genetics and human behavior. 8 hours (April–May). Dr. Kallmann.
Th. 11–1.

110. Case demonstrations; interview techniques. 64 hours (September–May). Drs. Goldman, Shapiro, Buchenholz, Easser, Karlen, Karush, and Klein.
S. 9–11.

Demonstration and discussion of interview techniques. Observation and perception of verbal and nonverbal communication. Management of interview. Delineation of clinical picture and gross psychodynamics.

SECOND YEAR

201. Technique of psychoanalytic therapy. 64 hours (September–May). Dr. Kardiner.
M. 11–1.

Introduction to psychoanalytic therapy. The technique of modifying human adaptation. The strategy and goals of treatment as illustrated by study of the course of treatment of completed cases. The factors in patient and therapist that influence outcome. Criteria for evaluating progress, and examination of typical obstacles to alteration.

202. Comprehensive medicine. 32 hours (September–January). Dr. Daniels and other members of the staff.
Th. 11–1.

Psychodynamic aspects of the organism in physical disease. Emotional factors in the pathology and treatment of patients suffering from gastrointestinal, cardiovascular, respiratory, metabolic, endocrine, musculo-skeletal, allergic, dermatologic, and other disorders.

203. Psychoanalytic study of children. 16 hours (February–March). Dr. Ackerman.
Th. 11–1.

Definition of the common disorders of childhood; an adaptational view of child development. History, principles, and techniques of child psychotherapy.

204. Reparative psychotherapy. 16 hours (April–May). Dr. Goldman.
Th. 11–1.

The adaptational approach to psychotherapy. Goals of reparative psychotherapy; indications, methods, and maneuvers.

205. Supervision: reconstructive psychoanalytic therapy. One hour weekly in the first six months; two hours weekly thereafter. Time to be arranged. Members of the staff.

Three cases to be treated by reconstructive psychoanalytic therapy; the first two cases to be started in December of the second year or when the student is considered adequately prepared; the third case to be started six months later or when the student is adequately prepared. Patients are to be seen four or five times per week and carried to point of maximum improvement. Each student will have two supervisors. Minimum requirement: 150 supervisory sessions.

206. Supervision: reparative psychotherapy. 128 hours (September–May). Supervisors: Drs. Buchenholz, Easser, Hall, Karush, Ovesey, Sapirstein, Shapiro, and Weber.
Tu. S. 11–1.

Two cases to be treated, each patient to be seen approximately twice a week. Each case to be supervised by a different instructor. Supervision in small sections.

Students are assigned to this course in second or third year, and in the alternate year are assigned to course *207*.

207. Supervision: psychotherapy of medical patients. 128 hours (September–May). Supervisors: Drs. Daniels, Bernard, Bruch, Lubart, Miranda-Rivera, Moses, and Moulton.
Tu. 11–1, Th. 9–11.

About three cases to be treated, each patient to be seen an average of twice a week. Individual supervision.

Students are assigned to this course in second or third year, and in the alternate year are assigned to course *206*.

210a. Clinical conferences. 44 hours (September–May). Drs. Hall, Senescu, Baker, Karush, Ovesey, and Savitt.

S. 9–11.

Presentation of cases for discussion of minute psychodynamics. Consideration of strategic and tactical problems in therapeutic technique.

210b. Clinical conferences: children. 20 hours (September–May; interspersed with *210a*). Drs. Ackerman, Bruch, Dunton, Gilder, W. Goldfarb, Jameson, and Miranda-Rivera.

S. 9–11.

Presentation of child patients for discussion of clinical syndromes, problems of emotional development and of therapy.

THIRD YEAR

301. Methodology. 16 hours (September–November). Drs. Buchenholz and W. Goldfarb.

M. 11–1.

An examination of the operational value of psychoanalytic concepts. Criteria for evaluating validity of theory. Basic concepts for psychoanalytic research.

302. Cultural determinants of behavior. 16 hours (November–January). Dr. Buchenholz.

M. 11–1.

Study of several cultures from the point of view of adaptive significance of their mores, their effect on ontogenesis and on the adult personality; the role of mores and personality in maintenance of social equilibrium; indicators of collapse of social homeostasis.

303. Tactics in psychoanalytic therapy. 16 hours (September–November). Dr. Ackerman.

Th. 11–1.

Special problems connected with the patient-therapist relationship; consideration of all factors deterring or distorting therapeutic progress which appear in patient, therapist, or in the interaction process.

304. Seminar on current psychoanalytic literature. 16 hours (November–January). Dr. Sapirstein.

Th. 11–1.

305. Supervision: reconstructive psychoanalytic therapy. (*205* continued.)

306. Supervision: reparative psychotherapy. (*206* continued.)

307. Supervision: psychotherapy of medical patients. (*207* continued.)

309. Supervision: diagnosis. Assignment to the Admissions Office of Outpatient Service between February of the third year and January of the fourth year, by rotation, four months. Supervisors: Drs. Karush, Cohen, Easser, Harrison, Kennedy, and Strahl.

Th. 11–1.

Required clinical experience: One patient to be worked up diagnostically per week and one supervisory session per week.

310. Clinical conferences. 64 hours (September–May). Drs. Klein, Hogan, Kardiner, and Goldman. (*210a* continued.)

S. 9–11.

311. Sandor Rado Lectures, 1955–1956: Advanced psychodynamics. 32 hours (February–May). Dr. Sandor Rado.

M. 11–1.

FOURTH YEAR

401. Analysis of clinical observations of behavior. 16 hours (September–November). Dr. Levy.

Tu. 11–1.

A study of developmental psychodynamics.

405. Supervision: reconstructive psychoanalytic therapy. (*305* continued.)

408. Supervision: psychotherapy of children. 64 hours (September–May). Drs. Ackerman, Bruch, Dunton, Gilder, W. Goldfarb, Levy, Miranda-Rivera, Welsch.

M. 11–1.

An average of two or three patients will be treated. Supervision to be carried out in small sections.

409. Supervision: diagnosis. (*309* continued.)

410. Clinical conferences. 64 hours (September–May). Drs. Sapirstein, Miranda-Rivera, Ackerman, and Ovesey. (*310* continued.)

S. 9–11.

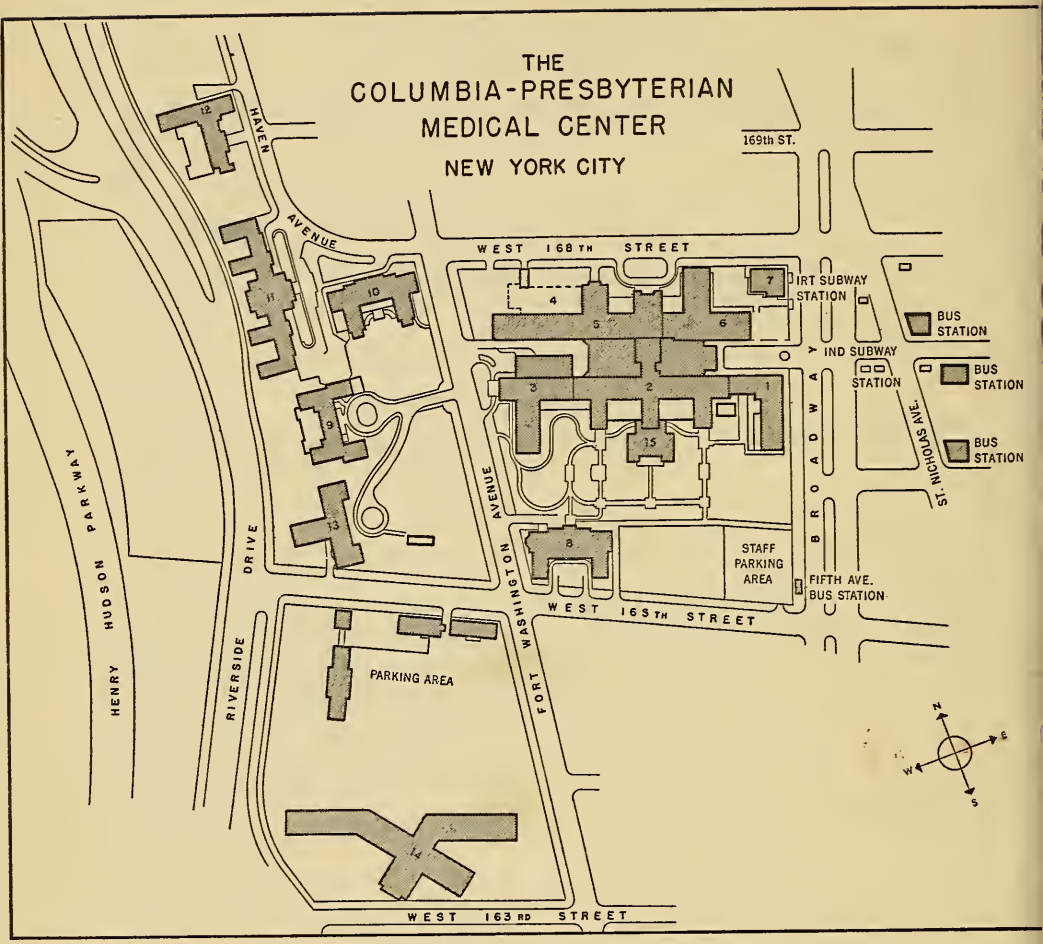
ADDITIONAL YEARS TOWARD COMPLETION OF REQUIREMENTS

Students in good standing who have not fulfilled the requirements for certification by June of their fourth year will be registered in the University, term by term, at half the regular tuition, until they are eligible to complete the qualifying examinations. During this time their Clinic assignments will include:

505. Supervision: reconstructive psychoanalytic therapy. (*405* continued.)

510. Clinical conferences. 64 hours (September–May). (*410* continued.)

S. 9–11.



1. BABIES HOSPITAL
2. PRESBYTERIAN HOSPITAL
   N. Y. ORTHOPAEDIC HOSPITAL
   SLOANE HOSPITAL
   SQUIER UROLOGICAL CLINIC
3. HARKNESS PAVILION
4. POWER HOUSE
5. COLLEGE OF PHYSICIANS AND SURGEONS
6. VANDERBILT CLINIC
   SCHOOL OF DENTAL AND ORAL SURGERY
7. N. Y. CITY DEPT. OF HEALTH
   SCHOOL OF PUBLIC HEALTH AND
   ADMINISTRATIVE MEDICINE
8. INSTITUTE OF OPHTHALMOLOGY
9. MAXWELL HALL
10. NEUROLOGICAL INSTITUTE
11. N. Y. STATE PSYCHIATRIC INSTITUTE
    AND HOSPITAL
    PSYCHOANALYTIC CLINIC
12. BARD HALL
13. HARKNESS MEMORIAL HALL
14. FRANCIS DELAFIELD HOSPITAL, N.Y.C.
15. PAULINE A. HARTFORD MEMORIAL CHAPEL

COLUMBIA UNIVER.
MEDICAL LIBRARY

Columbia University

BULLETIN OF INFORMATION

Fifty-sixth Series, No. 42 October 20, 1956

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

1956-1957

COLUMBIA-PRESBYTERIAN MEDICAL CENTER
722 WEST 168TH STREET • NEW YORK 32, N.Y.

Columbia University Bulletin of Information

Fifty-sixth Series, No. 42 October 20, 1956

Issued at Columbia University, Morningside Heights, New York 27, N.Y., weekly from January for forty-six consecutive issues. Reentered as second-class matter August 15, 1952, at the Post Office at New York, N.Y., under the Act of August 24, 1912. Acceptance for mailing at a special rate of postage provided for in Section 1103, Act of October 3, 1917, authorized.

The series includes the Report of the President to the Trustees and the Announcements of the several Colleges and Schools relating to the work of the next year. These are made as accurate as possible, but the right is reserved to make changes in detail as circumstances require. The current number of any of these Announcements will be sent upon written application to the Office of University Admissions, 322 University Hall, Columbia University, New York 27, N.Y. Copies may be obtained in person from the Office of the Secretary, 213 Low Memorial Library.

C. U. P. 5,400—1956

Applications should be submitted before January 1 of year for which candidate is applying.

Registration: June 25 and 26, 1956.

Program of lectures and other required work begins Monday of the week following Labor Day.

PRINTED FOR THE UNIVERSITY BY
COLUMBIA UNIVERSITY PRESS

FACULTY OF MEDICINE

OFFICERS OF THE FACULTY

GRAYSON KIRK, Ph.D., LL.D. . . . . *President of the University*
JOHN A. KROUT, Ph.D., L.H.D., LL.D. . . . *Vice President and Provost of the University*
WILLARD C. RAPPLEYE, A.M., M.D., Sc.D., Med.Sc.D. . . . . *Vice President in Charge of Medical Affairs; Dean of the Faculty of Medicine*

STAFF OF THE PSYCHOANALYTIC CLINIC

LAWRENCE C. KOLB, M.D., *Professor of Psychiatry; Executive Officer, Department of Psychiatry*
ABRAM KARDINER, M.D., *Clinical Professor of Psychiatry; Director of the Clinic*
GEORGE E. DANIELS, M.D., *Clinical Professor of Psychiatry; Associate Director of the Clinic*
GEORGE S. GOLDMAN, M.D., *Associate Clinical Professor of Psychiatry; Assistant Director of the Clinic*
DAVID M. LEVY, M.D., *Clinical Professor of Psychiatry*
JOHN A. P. MILLET, M.D., *Lecturer in Psychiatry*

NATHAN W. ACKERMAN, M.D., *Associate Clinical Professor of Psychiatry*
HILDE BRUCH, M.D., *Associate Clinical Professor of Psychiatry*
BRUCE BUCHENHOLZ, M.D., *Assistant Clinical Professor of Psychiatry*
JAMES P. CATTELL, M.D., *Assistant Clinical Professor of Psychiatry*
MAX COHEN, M.D., *Instructor in Psychiatry*
H. DONALD DUNTON, M.D., *Associate in Psychiatry*
BARBARA R. EASSER, M.D., *Associate in Psychiatry*
SAMUEL L. FEDER, M.D., *Instructor in Psychiatry*
LOTHAR GIDRO-FRANK, M.D., *Instructor in Psychiatry*
RODMAN GILDER, M.D., *Associate in Psychiatry*
ALVIN I. GOLDFARB, M.D., *Instructor in Psychiatry*
WILLIAM GOLDFARB, M.D., *Associate in Psychiatry*
H. LEE HALL, M.D., *Associate in Psychiatry*
IRVING B. HARRISON, M.D., *Instructor in Psychiatry*
CHARLES C. HOGAN, M.D., *Instructor in Psychiatry*
JEAN D. JAMESON, M.D., *Instructor in Psychiatry*
SAUL H. KARLEN, M.D., *Associate in Psychiatry*
AARON KARUSH, M.D., *Assistant Clinical Professor of Psychiatry*
JANET A. KENNEDY, M.D., *Instructor in Psychiatry*
HENRIETTE R. KLEIN, M.D., *Associate Clinical Professor of Psychiatry*
JOSEPH M. LUBART, M.D., *Instructor in Psychiatry*
LEON MOSES, M.D., *Associate in Psychiatry*
RUTH E. MOULTON, M.D., *Assistant Clinical Professor of Psychiatry*
LIONEL OVESEY, M.D., *Assistant Clinical Professor of Psychiatry*
ELIAS SAVITSKY, M.D., *Instructor in Psychiatry*
ROBERT A. SENESCU, M.D., *Associate in Psychiatry*
DANIEL SHAPIRO, M.D., *Associate in Psychiatry*
MARGARET O. STRAHL, M.D., *Instructor in Psychiatry*
JOHN J. WEBER, M.D., *Associate in Psychiatry*

COLLABORATING STAFF

VIOLA W. BERNARD, M.D., *Assistant Clinical Professor of Psychiatry*
PAUL GOOLKER, M.D., *Lecturer in Psychiatry*
PAUL H. HOCH, M.D., *Profesor of Clinical Psychiatry*
FRANZ J. KALLMANN, M.D., *Professor of Psychiatry* (Genetics)
HEINRICH B. WAELSCH, M.D., Ph.D., *Professor of Biochemistry*
EXIE E. WELSCH, M.D., *Associate in Psychiatry*
JOSEPH ZUBIN, Ph.D., *Professor of Psychology* (Biometrics)

LECTURERS

HERBERT BIRCH, Ph.D.
KURT GOLDSTEIN, M.D.

ASSOCIATE PSYCHOANALYSTS

GRACE BAKER, M.D.
FRANZ S. COHN, M.D.
RICHARD L. FRANK, M.D.
EDITH JACOBSON, M.D.
EUGENE MILCH, M.D.
BELA MITTELMANN, M.D.
SANDOR RADO, M.D.
ROBERT A. SAVITT, M.D.
MILTON R. SAPIRSTEIN, M.D.
HERMAN SHLIONSKY, M.D.
MAX STERN, M.D.

SANDOR RADO LECTURER, 1956–1957

To be announced

THE PSYCHOANALYTIC CLINIC FOR TRAINING AND RESEARCH

The Psychoanalytic Clinic for Training and Research, established in the Department of Psychiatry of Columbia University in January, 1945, has the following objectives:

1. The training of qualified physicians in the psychoanalytic method of treating patients who have various forms of adaptational failure known as psychiatric disorders.

2. Fundamental research in the general field of psychoanalytic medicine and in related fields.

This training includes an evolutionary approach to human adaptation, a survey of the organic substrata of behavior, the relation of adaptational failure and stress to bodily disease, the cultural determinants of behavior, and the concept of mental health.

The highest emphasis falls on psychodynamics, the laws of adaptation, the vicissitudes of adaptation under various forms of stress, and on the known methods of modifying disordered adaptation.

The course of training covers a period of not less than four years and includes (*a*) didactic lectures, (*b*) clinical conferences and demonstrations of the various clinical syndromes, and (*c*) intensive, systematic training in therapy under supervision.

A personal analysis is a basic and indispensable preparation for psychoanalytic training. In this analysis the student undertakes a penetrating psychological study of himself. He is expected to explore resolutely and thoroughly the unconscious reaches of his mind, trace his development back to the formative experiences of his childhood, and arrive at a better knowledge and more realistic appraisal of himself as an individual and as a product of a given period and culture. He is expected to overcome his personal difficulties and acquire a greater measure of self-direction, psychological and critical independence, and a more mature outlook on life.

Personal analysis is a medical procedure. It is safeguarded by the Hippocratic oath of the physician, and by the laws, regulations, and ethical standards governing the practice of medicine.

Upon the satisfactory completion of this course of training—including written, oral, and practical examinations in the theory and practice of psychoanalytic medicine—a Certificate of Training in Psychoanalytic Medicine is awarded by Columbia University.

Candidates for the certificate, in addition to this course of training, may undertake a full year of basic research. These candidates may submit an application, to be considered by the Committee on Graduate Clinical Instruction, for registration for the degree of Doctor of Medical Science. Further information may be obtained from the Office of the Associate Dean, Graduate Medicine, 630 West 168th Street, New York 32, N.Y.

For the purposes of training and research, and also to serve the needs of the community, the Clinic maintains three therapeutic services: (*a*) a service for outpatients, (*b*) a service for medical patients, and (*c*) a service for children. These services are located at the New York State Psychiatric Institute, the Vanderbilt Clinic, and Babies Hospital at the Columbia-Presbyterian Medical Center.

REQUIREMENTS FOR ADMISSION

1. Graduation from a medical school approved by Columbia University.

2. Completion of an internship of not less than one year in a hospital approved by Columbia University.

3. Completion of at least one year of psychiatric residency in a hospital approved by Columbia University. Applicants with psychiatric residency in the New York State Psy-

chiatric Institute will receive preference, but applicants with other residencies and applicants who have completed their residencies will also be accepted.

Prospective applicants should consult the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, for preliminary approval of their contemplated personal analyses. This preliminary approval does not constitute admission to graduate training. Otherwise acceptable students may be allowed to complete their personal analyses during the period of graduate training.

4. Approval of application by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine.

APPLICATIONS

Applications for admission to training must be submitted in duplicate before January 1 of the year for which the applicant wishes to be considered for admission. Applications for future training will be received throughout the year. After filing application blanks, every prospective candidate must see members of the Committee on Admissions in person and take psychological tests, for which the fee is $25. Those with applications on file will be told the exact dates of these appointments at least two weeks in advance. Application forms may be secured from the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, 722 West 168th Street, New York 32, N.Y.

REGISTRATION

After their applications have been approved by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine, candidates must register in person at the Office of the Registrar, B–405, 630 West 168th Street, New York 32, N.Y., on June 25 or 26.

FEES

The fees for the course of graduate training are as follows:

a) University fee for each winter and spring session or any part thereof	$ 24
b) Tuition fee for each year, payable semiannually at beginning of each winter and spring session	900

Candidates who have not fulfilled the requirements for certification within the minimum four-year period may be enrolled on a half-time basis with fees as follows:

a) University fee for each winter and spring session or any part thereof	$ 24
b) Tuition fee for each term, payable semiannually at the beginning of each winter and spring session	225

University fees (not refundable) and tuition fees are payable semiannually in advance. Registration will not be complete until these fees are paid. Checks must be drawn to the order of Columbia University and presented to the Bursar.

LOAN FUND

Limited financial assistance is available to candidates. For further information, consult the Administrative Office of the Clinic, 722 West 168th Street.

CREDIT FOR COURSES PREVIOUSLY COMPLETED

Candidates may be granted credit for courses that have been satisfactorily completed elsewhere, if such courses are considered by the Director to be equivalent to those given in this Clinic.

ACADEMIC DISCIPLINE

The continuance of each candidate upon the rolls of the University, the receipt by him of academic credits, his graduation, and the conferring of any degree or the granting of any certificate are strictly subject to the disciplinary powers of the University, which is free to cancel his registration at any time on any grounds which it deems advisable. The disciplinary authority of the University is vested in the President in such cases as he deems proper, and, subject to the reserved powers of the President, in the dean of each faculty and the director of the work of each administrative board.

PROGRAM

The University reserves the right to withdraw or modify the courses of instruction or to change the instructors as may be necessary.

PERSONAL ANALYSIS

The personal analysis of candidates may be begun after notification of admission to the Clinic. It is to be carried out by a psychoanalyst accredited for this purpose by the Psychoanalytic Clinic for Training and Research. The analysis must be completed prior to graduation. Arrangements for payment of fees for personal analysis are made privately by the candidate and the analyst. The maximum fee is $15 per analytic session. All candidates should consult the student adviser, Dr. Weber, before entering into final arrangements with a training analyst.

FIRST YEAR

101. Introduction to psychoanalytic training. 6 hours (September). Dr. Kardiner.
Th. 11–1.

102. Historic development of Freud's classical psychodynamics. 32 hours (September–January). Dr. Ovesey.
M. 11–1.

103a. Psychodynamics: psychoanalytic theory of human adaptation. 32 hours (September–January). Dr. Karush.
Tu. 11–1.

The adaptational frame of reference. The motivational context. Conscious and unconscious dynamic processes. Levels of integration. Reparative processes. Development of the Self. Emergency behavior. Development of conscience. Behavior in alimentary, evacuative, sexual, and manipulative areas. Social integration of the individual.

103b. Psychodynamics: psychoanalytic theory of disordered adaptation. 32 hours (February–May). Dr. Ovesey.
M. 11–1.

Dynamics of conflict; traumatic neurosis; phobic, obsessive-compulsive, hysterical, mood-cyclic, and paranoid reactions; disorders of sexual behavior; disorders of the socio-sexual role; sociopathic behavior; drug addiction; psychotherapeutic considerations.

104a. Introduction to psychoanalytic therapy: history of psychoanalytic therapy. 16 hours (January–February). Dr. Klein.
Th. 11–1.

104b. Introduction to psychoanalytic therapy: the data of psychoanalytic technique. 16 hours (March–May). Dr. Goldman.
Tu. 11–1.

Direct experience. Observed behavior. The utilization of free associations, dreams, "acting out," etc.

105. The organism: its nature, organization, and responses. 16 hours (January–March). Dr. Goldstein.
Tu. 11-1.

Reactions of the organism to isolated defects. The organismic response to interference with established mechanisms of satisfaction. Mechanisms of adaptation in relation to organic substrata. Goals of adaptation.

106. Animal behavior and human psychology. 24 hours (February–May). Dr. Birch.
Th. 11–1.

The meaning of adaptation as studied in the evolutionary scale. The concept of instinct in the light of the evolution of modifiability of adaptation. Evolution of emotion, social relations, communication and maladaptation. The human animal.

107. Intramural psychiatry. 32 hours (September–May). Dr. Cattell.
S. 11–12.

Clinicopathologic review of the psychoses. Techniques of intramural therapy; pharmacologic, electric, and surgical procedures. Review of current literature.

108. Basic science courses (elective). These courses are given by the Department of Psychiatry of Columbia University as part of the Postgraduate Course in Neurology and Psychiatry. They are recommended to students who have not had equivalent instruction previously.

108a. Biochemistry and human behavior. 10 hours (October–December). Dr. Waelsch.
Th. 10–11.

108b. Genetics and human behavior. 10 hours (October–December). Dr. Kallmann.
Th. 11–12.

108c. Biometric methods in psychopathology. 10 hours (October–December). Dr. Zubin.
Th. 12–1.

110. Case demonstrations; interview techniques. 64 hours (September–May). Drs. Buchenholz, Feder, W. Goldfarb, Goldman, Karlen, Karush, Klein, and Shapiro.
S. 9–11.

Demonstration and discussion of interview techniques. Observation and perception of verbal and nonverbal communication. Management of interview. Delineation of clinical picture and gross psychodynamics.

SECOND YEAR

201. Technique of psychoanalytic therapy. 64 hours (September–May). Dr. Kardiner.
M. 11–1.

Introduction to psychoanalytic therapy. The technique of modifying human adaptation. The strategy and goals of treatment as illustrated by study of the course of treatment of completed cases. The factors in patient and therapist that influence outcome. Criteria for evaluating progress, and examination of typical obstacles to alteration.

202. Comprehensive medicine. 32 hours (September–January). Dr. Daniels, Dr. Moses, and other members of the staff.
Th. 11–1.

Psychodynamic aspects of the organism in physical disease. Emotional factors in the pathology and treatment of patients suffering from gastrointestinal, cardiovascular, respiratory, metabolic, endocrine, musculo-skeletal, allergic, dermatologic, and other disorders.

203. Psychoanalytic study of children. 16 hours (February–March). Dr. Ackerman.
Th. 11–1.

Definition of the common disorders of childhood; an adaptational view of child development. History, principles, and techniques of child psychotherapy.

204. Reparative psychotherapy. 16 hours (April–May). Dr. Goldman.
Th. 11–1.

The adaptational approach to psychotherapy. Goals of reparative psychotherapy; indications, methods, and maneuvers.

205. Supervision: reconstructive psychoanalytic therapy. Two hours weekly. Time to be arranged. Members of the staff.

Three cases are to be treated by reconstructive psychoanalytic therapy: the first two cases are to be started in December of the second year or when the student is considered adequately prepared; the third case is to be started six months later or when the student is adequately prepared. Patients are to be seen four or five times per week. Supervision is to be continued until the candidate has demonstrated adequate proficiency and independence to continue the analysis alone. At least one case is to be carried to termination. Each student will have two supervisors. Minimum requirement: 150 supervisory sessions.

206. Supervision: reparative psychotherapy. 128 hours (September–May). Supervisors: Drs. Buchenholz, Easser, Hall, Savitsky, Shapiro, and Weber.

Tu. S. 11–1.

Two cases to be treated, each patient to be seen approximately twice a week. Each case to be supervised by a different instructor. Supervision in small sections.

Students are assigned to this course in second or third year, and in the alternate year are assigned to course *207*.

207. Supervision: psychotherapy of medical patients. 128 hours (September–May). Supervisors: Drs. Cohen, Daniels, Gidro-Frank, A. Goldfarb, Lubart, Moses, and Moulton.

Tu. S. 11–1.

About three cases to be treated, each patient to be seen an average of twice a week. Individual supervision.

Students are assigned to this course in second or third year, and in the alternate year are assigned to course *206*.

210a. Clinical conferences. 44 hours (September–May). Drs. Baker, Hall, Karlen, Ovesey, and Senescu.

S. 9–11.

Presentation of cases for discussion of detailed psychodynamics. Consideration of strategic and tactical problems in therapeutic technique.

210b. Clinical conferences: children. 20 hours (September–May; interspersed with *210a*). Drs. Ackerman, Dunton, Gilder, W. Goldfarb, and Levy.

S. 9–11.

Presentation of child patients for discussion of clinical syndromes, problems of emotional development and of therapy.

211. Developmental trends in psychoanalysis: Adler, Jung, Ferenczi, Abraham, etc. 16 hours. *Not given in 1956–1957.*

THIRD YEAR

301. Methodology. 16 hours (September–November). Drs. Buchenholz and W. Goldfarb.

M. 11–1.

An examination of the operational value of psychoanalytic concepts. Criteria for evaluating validity of theory. Basic concepts for psychoanalytic research.

302. Cultural determinants of behavior. 16 hours (November–January). Dr. Buchenholz.

M. 11–1.

Study of several cultures from the point of view of adaptive significance of their mores, their effect on ontogenesis and on the adult personality; the role of mores and personality in maintenance of social equilibrium; indicators of collapse of social homeostasis.

303. Tactics in psychoanalytic therapy. 16 hours (September–November). Dr. Ackerman.

Th. 11–1.

Special problems connected with the patient-therapist relationship; consideration of all factors deterring or distorting therapeutic progress which appear in patient, therapist, or in the interaction process.

305. Supervision: reconstructive psychoanalytic therapy. (*205* continued.)

306. Supervision: reparative psychotherapy. (*206* continued.)

307. Supervision: psychotherapy of medical patients. (*207* continued.)

309. Supervision: diagnosis. Assignment to the Admissions Office of Outpatient Service between February of the third year and January of the fourth year, by rotation, four months. Supervisors: Drs. Karush, Cohen, Easser, Feder, Harrison, Kennedy, and Strahl.

Th. 11–1.

Required clinical experience: One patient to be worked up diagnostically per week and one supervisory session per week.

310. Clinical conferences. 64 hours (September–May). Drs. Buchenholz, Goldman, Hogan, and Kardiner. (*210a* continued.)
S. 9–11.

FOURTH YEAR

401. Analysis of clinical observations of behavior. 16 hours (September–November). Dr. Levy.
Tu. 11–1.
A study of developmental psychodynamics.

405. Supervision: reconstructive psychoanalytic therapy. (*305* continued.)

408. Supervision: psychotherapy of children. 64 hours (September–May). Drs. Ackerman, Dunton, Gilder, W. Goldfarb, Levy, and Welsch.
M. 11–1.
An average of two or three patients will be treated. Supervision to be carried out in small sections.

409. Supervision: diagnosis. (*309* continued.)

410. Clinical conferences. 64 hours (September–May). Drs. Ackerman, Easser, Klein, and Lubart. (*310* continued.)
S. 9–11.

ADDITIONAL YEARS TOWARD COMPLETION OF REQUIREMENTS

Students in good standing who have not fulfilled the requirements for certification by June of their fourth year will be registered in the University, term by term, at half the regular tuition, until they are eligible to complete the qualifying examinations. During this time their Clinic assignments will include:

505. Supervision: reconstructive psychoanalytic therapy. (*405* continued.)

510. Clinical conferences. 64 hours (September–May). (*410* continued.)
S. 9–11.

SPECIAL COURSES AT THE HOSPITALS OF THE DEPARTMENT OF MENTAL HYGIENE, STATE OF NEW YORK

Supervision of diagnostic and psychotherapeutic work is conducted by graduates of the Clinic at various hospitals of the Department of Mental Hygiene, State of New York. These courses of instruction have been arranged at the request of the Department of Mental Hygiene through the directors of the individual hospitals. The supervisors are as follows:

New York State Psychiatric Institute.

Grace Baker, M.D.
Bruce Buchenholz, M.D.
B. Ruth Easser, M.D.
Aaron Karush, M.D.
Lionel Ovesey, M.D.
John J. Weber, M.D.

Harlem Valley State Hospital

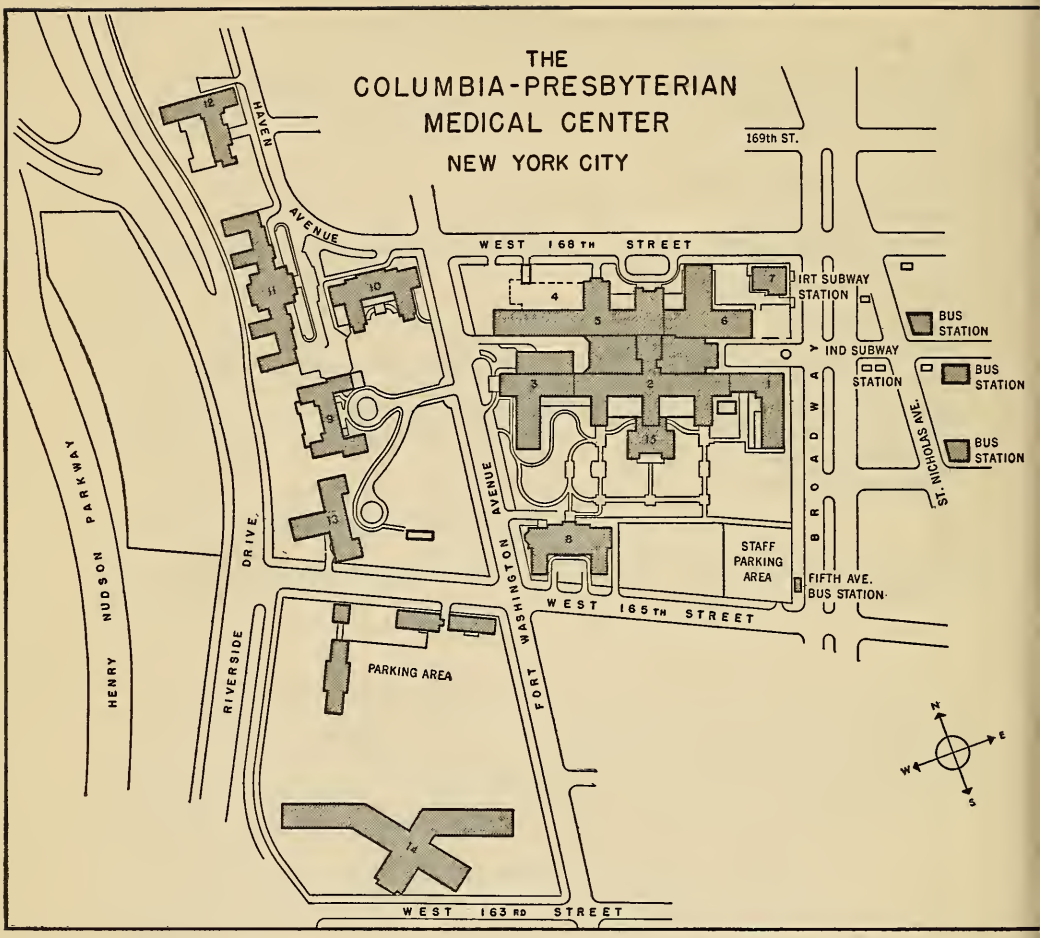
Robert A. Senescu, M.D.
Charles W. Socarides, M.D.

Hudson River State Hospital

Janet Kennedy, M.D.
Joseph M. Lubart, M.D.

Manhattan State Hospital

Julian Barish, M.D.
Max Cohen, M.D.
John A. Cook, M.D.
Howard Davidman, M.D.
George Naumburg, M.D.
Elias Savitsky, M.D.
Daniel Shapiro, M.D.



1. BABIES HOSPITAL
2. PRESBYTERIAN HOSPITAL
   N. Y. ORTHOPAEDIC HOSPITAL
   SLOANE HOSPITAL
   SQUIER UROLOGICAL CLINIC
3. HARKNESS PAVILION
4. POWER HOUSE
5. COLLEGE OF PHYSICIANS AND SURGEONS
6. VANDERBILT CLINIC
   SCHOOL OF DENTAL AND ORAL SURGERY
7. N. Y. CITY DEPT. OF HEALTH
   SCHOOL OF PUBLIC HEALTH AND
   ADMINISTRATIVE MEDICINE
8. INSTITUTE OF OPHTHALMOLOGY
9. MAXWELL HALL
10. NEUROLOGICAL INSTITUTE
11. N. Y. STATE PSYCHIATRIC INSTITUTE
    PSYCHOANALYTIC CLINIC
12. BARD HALL
13. HARKNESS MEMORIAL HALL
14. FRANCIS DELAFIELD HOSPITAL, N.Y.C.
15. PAULINE A. HARTFORD MEMORIAL CHAPEL

COLUMBIA UNIVERSITY
MEDICAL LIBRARY

Columbia University

BULLETIN OF INFORMATION

Fifty-seventh Series, No. 31 August 3, 1957

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

1957-1958

COLUMBIA-PRESBYTERIAN MEDICAL CENTER
722 WEST 168TH STREET · NEW YORK 32, N.Y.

Applications should be submitted before January 1 of year for which candidate is applying.

Registration: June 20 and 21, 1957.

Program of lectures and other required work begins Monday of the week following Labor Day.

COLUMBIA UNIVERSITY BULLETIN OF INFORMATION • SERIES 57 • NO. 31 • AUGUST 3, 1957 • 5,400 COPIES

Issued at Columbia University, Morningside Heights, New York 27, N.Y., weekly from January for forty-six consecutive issues. Reentered as second-class matter August 15, 1952, at the Post Office at New York, N.Y., under the Act of August 24, 1912. Acceptance for mailing at a special rate of postage provided for in Section 1103, Act of October 3, 1917, authorized.

PRINTED FOR THE UNIVERSITY BY COLUMBIA UNIVERSITY PRESS

FACULTY OF MEDICINE

Grayson Kirk, Ph.D., LL.D. . . . . *President of the University*
John A. Krout, Ph.D., L.H.D., LL.D. . . *Vice President and Provost of the University*
Willard C. Rappleye, A.M., M.D., Sc.D., Med.Sc.D. . . . . *Vice President in Charge of Medical Affairs; Dean of the Faculty of Medicine*

STAFF OF THE PSYCHOANALYTIC CLINIC

Lawrence C. Kolb, M.D. *Professor of Psychiatry; Executive Officer, Department of Psychiatry*
George E. Daniels, M.D. *Clinical Professor of Psychiatry; Director of the Clinic*

Nathan W. Ackerman, M.D. *Associate Clinical Professor of Psychiatry*
Grace Baker, M.D. *Associate in Psychiatry*
Hilde Bruch, M.D. *Associate Clinical Professor of Psychiatry*
*Max Cohen, M.D. *Associate in Psychiatry*
Louise Coleman, M.D. *Instructor in Psychiatry*
Arnold Cooper, M.D. *Instructor in Psychiatry*
H. Donald Dunton, M.D. *Assistant Clinical Professor of Psychiatry*
B. Ruth Easser, M.D. *Assistant Clinical Professor of Psychiatry*
Willard Gaylin, M.D. *Instructor in Psychiatry*
Lothar Gidro-Frank, M.D. *Associate in Psychiatry*
Alvin I. Goldfarb, M.D. *Associate in Psychiatry*
William Goldfarb, M.D. *Assistant Clinical Professor of Psychiatry*
George S. Goldman, M.D. *Associate Clinical Professor of Psychiatry*
H. Lee Hall, M.D. *Associate in Psychiatry*
*Irving B. Harrison, M.D. *Instructor in Psychiatry*
Charles C. Hogan, M.D. *Associate in Psychiatry*
Jean D. Jameson, M.D. *Instructor in Psychiatry*
Abram Kardiner, M.D. *Lecturer in Psychiatry*
Saul H. Karlen, M.D. *Associate in Psychiatry*
Aaron Karush, M.D. *Associate Clinical Professor of Psychiatry*
Janet A. Kennedy, M.D. *Instructor in Psychiatry*
Henriette R. Klein, M.D. *Associate Clinical Professor of Psychiatry*
David M. Levy, M.D. *Lecturer in Psychiatry*
Joseph M. Lubart, M.D. *Associate in Psychiatry*
Alfred A. Messer, M.D. *Instructor in Psychiatry*
John A. P. Millet, M.D. *Lecturer in Psychiatry*
Leon Moses, M.D. *Assistant Clinical Professor of Psychiatry*
Ruth E. Moulton, M.D. *Assistant Clinical Professor of Psychiatry*
Lionel Ovesey, M.D. *Associate Clinical Professor of Psychiatry*
Elias Savitsky, M.D. *Associate in Psychiatry*
Robert A. Senescu, M.D. *Assistant Clinical Professor of Psychiatry*
Daniel Shapiro, M.D. *Associate in Psychiatry*
Margaret O. Strahl, M.D. *Instructor in Psychiatry*
John J. Weber, M.D. *Assistant Clinical Professor of Psychiatry*

* On leave of absence.

COLLABORATING STAFF

Viola W. Bernard, M.D. *Associate Clinical Professor of Psychiatry*
Paul Goolker, M.D. *Lecturer in Psychiatry*
Paul H. Hoch, M.D. *Professor of Clinical Psychiatry*
Franz J. Kallmann, M.D. *Professor of Psychiatry* (Genetics)
Heinrich B. Waelsch, M.D., Ph.D. *Professor of Biochemistry*
Exie E. Welsch, M.D. *Associate in Psychiatry*
Joseph Zubin, Ph.D. *Professor of Psychology* (Biometrics)

VISITING LECTURERS

Herbert Birch, Ph.D.
Kurt Goldstein, M.D.

ASSOCIATE PSYCHOANALYSTS

Franz S. Cohn, M.D.
Richard L. Frank, M.D.
Edith Jacobson, M.D.
Bela Mittelmann, M.D.
Sandor Rado, M.D.
Milton R. Sapirstein, M.D.
Max Stern, M.D.

CLINIC SOCIAL WORKERS

Mrs. Bluma Swerdloff
Mrs. Nettie Terestman

SANDOR RADO LECTURER, 1957–1958

To be announced

COLLABORATING STAFF FOR STATE HOSPITAL TRAINING PROGRAM

New York State Psychiatric Institute

Grace Baker, M.D.
B. Ruth Easser, M.D.
Aaron Karush, M.D.
Lionel Ovesey, M.D.
John J. Weber, M.D.

Harlem Valley State Hospital

Alfred A. Messer, M.D.
Elias Savitsky, M.D.
Robert A. Senescu, M.D.

Hudson River State Hospital

Joseph M. Lubart, M.D.

Manhattan State Hospital

Andre Ballard, M.D.
Howard Davidman, M.D.
Elizabeth B. Davis, M.D.
Alvin Polatin, M.D.
Daniel Shapiro, M.D.
Jack Sheps, M.D.

THE PSYCHOANALYTIC CLINIC FOR TRAINING AND RESEARCH

The Psychoanalytic Clinic for Training and Research, established in the Department of Psychiatry of Columbia University in January, 1945, has the following objectives:

1. The training of qualified physicians in the psychoanalytic method of treating patients who have various forms of adaptational failure known as psychiatric disorders.

2. Fundamental research in the general field of psychoanalytic medicine and in related fields.

This training includes an evolutionary approach to human adaptation, a survey of the organic substrata of behavior, the relation of adaptational failure and stress to bodily disease, the cultural determinants of behavior, and the concept of mental health.

The highest emphasis falls on psychodynamics, the laws of adaptation, the vicissitudes of adaptation under various forms of stress, and on the known methods of modifying disordered adaptation.

The course of training covers a period of not less than four years and includes (*a*) didactic lectures, (*b*) clinical conferences and demonstrations of the various clinical syndromes, and (*c*) intensive, systematic training in therapy under supervision.

A personal analysis is a basic and indispensable preparation for psychoanalytic training. In this analysis the student undertakes a penetrating psychological study of himself. He is expected to explore resolutely and thoroughly the unconscious reaches of his mind, trace his development back to the formative experiences of his childhood, and arrive at a better knowledge and more realistic appraisal of himself as an individual and as a product of a given period and culture. He is expected to overcome his personal difficulties and acquire a greater measure of self-direction, psychological and critical independence, and a more mature outlook on life.

Personal analysis is a medical procedure. It is safeguarded by the Hippocratic oath of the physician, and by the laws, regulations, and ethical standards governing the practice of medicine.

Upon the satisfactory completion of this course of training—including written, oral, and practical examinations in the theory and practice of psychoanalytic medicine—a Certificate of Training in Psychoanalytic Medicine is awarded by Columbia University.

Candidates for the certificate, in addition to this course of training, may undertake a full year of basic research. These candidates may submit an application, to be considered by the Committee on Graduate Clinical Instruction, for registration for the degree of Doctor of Medical Science. Further information may be obtained from the Office of the Associate Dean, Graduate Medicine, 630 West 168th Street, New York 32, N.Y.

For the purposes of training and research, and also to serve the needs of the community, the Clinic maintains three therapeutic services: (*a*) a service for outpatients, (*b*) a service for medical patients, and (*c*) a service for children. These services are located at the New York State Psychiatric Institute, the Vanderbilt Clinic, and Babies Hospital at the Columbia-Presbyterian Medical Center.

REQUIREMENTS FOR ADMISSION

1. Graduation from a medical school approved by Columbia University.

2. Completion of an internship of not less than one year in a hospital approved by Columbia University.

3. Completion of at least one year of psychiatric residency in a hospital approved by

Columbia University. Applicants with psychiatric residency in the New York State Psychiatric Institute will receive preference, but applicants with other residencies and applicants who have completed their residencies will also be accepted.

Prospective applicants should consult the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, for preliminary approval of their contemplated personal analyses. This preliminary approval does not constitute admission to graduate training. Otherwise acceptable students may be allowed to complete their personal analyses during the period of graduate training.

4. Approval of application by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine.

Advanced standing. Candidates may be granted credit for courses that have been satisfactorily completed elsewhere if such courses are considered by the Director to be equivalent to those given in this Clinic.

APPLICATIONS

Applications for admission to training must be submitted in duplicate before January 1 of the year for which the applicant wishes to be considered for admission. Applications for future training will be received throughout the year. After filing application blanks, every prospective candidate must see members of the Committee on Admissions in person and take psychological tests, for which the fee is $25. Those with applications on file will be told the exact dates of these appointments at least two weeks in advance. Application forms may be secured from the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, 722 West 168th Street, New York 32, N.Y.

REGISTRATION AND FEES

After their applications have been approved by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine, candidates must register in person at the Office of the Registrar, B–405, 630 West 168th Street, New York 32, N.Y., on June 20 or 21.

The University and tuition fees for the course of graduate training are $948 for the academic year. Candidates who have not fulfilled the certification requirements within the minimum four-year period may be enrolled on a half-time basis with University and tuition fees of $498 for the academic year. The University fee of $48 (not refundable) and the tuition fee are payable semiannually in advance, at the beginning of each winter and spring session. Registration will not be complete until these fees are paid. Checks must be drawn to the order of Columbia University.

Loan fund. Limited financial assistance is available to candidates. For further information, consult the Administrative Office of the Clinic, 722 West 168th Street.

ACADEMIC DISCIPLINE

The continuance of each candidate upon the rolls of the University, the receipt by him of academic credits, his graduation, and the conferring of any degree or the granting of any certificate are strictly subject to the disciplinary powers of the University, which is free to cancel his registration at any time on any grounds which it deems advisable. The disciplinary authority of the University is vested in the President in such cases as he deems proper, and, subject to the reserved powers of the President, in the dean of each faculty and the director of the work of each administrative board.

PROGRAM

The University reserves the right to withdraw or modify the courses of instruction or to change the instructors as may be necessary.

PERSONAL ANALYSIS

The personal analysis of candidates may be begun after notification of admission to the Clinic. It is to be carried out by a psychoanalyst accredited for this purpose by the Psychoanalytic Clinic for Training and Research. The analysis must be completed prior to graduation. Arrangements for payment of fees for personal analysis are made privately by the candidate and the analyst. The maximum fee is $15 per analytic session. All candidates should consult the student adviser, Dr. Weber, before entering into final arrangements with a training analyst.

FIRST YEAR

101. Introduction to psychoanalytic training. 6 hours (September). Dr. Daniels and members of the staff.

Th. 11–1.

102. Historical development of Freudian theory. 32 hours (September–January). Dr. Ovesey.

M. 11–1.

103a. Psychodynamics: psychoanalytic theory of human adaptation. 32 hours (September–January). Dr. Karush.

Tu. 11–1.

The adaptational frame of reference. The motivational context. Conscious and unconscious dynamic processes. Levels of integration. Reparative processes. Development of the Self. Emergency behavior. Development of conscience. Behavior in alimentary, evacuative, sexual, and manipulative areas. Social integration of the individual.

103b. Psychodynamics: psychoanalytic theory of disordered adaptation. 32 hours (February–May). Dr. Ovesey.

M. 11–1.

Dynamics of conflict; mechanisms of defense; traumatic, phobic, obsessive-compulsive, hysteric, depressive, and paranoid reactions; disorders of sexual behavior; disorders of the socio-sexual role; mechanisms of magical repair; psychotherapeutic considerations.

104a. Introduction to psychoanalytic therapy: history of psychoanalytic therapy. 16 hours (January–February). Dr. Klein.

Th. 11–1.

104b. Introduction to psychoanalytic therapy: the data of psychoanalytic technique. 16 hours (March–May). Dr. Goldman.

Tu. 11–1.

Direct experience. Observed behavior. The utilization of free associations, dreams, "acting out," and other data in psychoanalytic therapy.

105. The organism: its nature, organization, and responses. 16 hours (January–March). Dr. Goldstein.

Tu. 11–1.

Reactions of the organism to isolated defects. The organismic response to interference with established mechanisms of satisfaction. Mechanisms of adaptation in relation to organic substrata. Goals of adaptation.

106. Animal behavior and human psychology. 24 hours (February–May). Dr. Birch.
Th. 11–1.

The meaning of adaptation as studied in the evolutionary scale. The concept of instinct in the light of the evolution of modifiability of adaptation. Evolution of emotion, social relations, communication, and maladaptation. The human animal.

107. Psychodynamics of the major psychoses. 16 hours (February–May). Dr. Senescu.
S. 11–12.

The development and clinical picture of the major psychoses. Review of clinical syndromes from an adaptational point of view. Survey of recent literature.
This course is open to second- and third-year residents of the Psychiatric Institute.

108. Basic science courses (elective). These courses are given by the Department of Psychiatry of Columbia University as part of the Postgraduate Course in Neurology and Psychiatry. They are recommended to students who have not had equivalent instruction previously.

108a. Biochemistry and human behavior. 10 hours (October–December). Dr. Waelsch.
Th. 10–11.

108b. Genetics and human behavior. 10 hours (October–December). Dr. Kallmann.
Th. 11–12.

108c. Biometric methods in psychopathology. 10 hours (October–December). Dr. Zubin.
Th. 12–1.

110. Case demonstrations; interview techniques. 64 hours (September–May). Drs. Ackerman, W. Goldfarb, Goldman, Karlen, Klein, and Shapiro.
S. 9–11.

Demonstration and discussion of interview techniques. Observation and perception of verbal and nonverbal communication. Management of interview. Delineation of clinical picture and gross psychodynamics.

SECOND YEAR

201. Technique of psychoanalytic therapy. 64 hours (September–May). Dr. Kardiner.
M. 11–1.

Introduction to psychoanalytic therapy. The technique of modifying human adaptation. The strategy and goals of treatment as illustrated by study of the course of treatment of completed cases. The factors in patient and therapist that influence outcome. Criteria for evaluating progress, and examination of typical obstacles to alteration.

202. Comprehensive medicine. 32 hours (September–January). Dr. Daniels, Dr. Moses, and other members of the staff.
Th. 11–1.

Psychodynamic aspects of the organism in physical disease. Emotional factors in the pathology and treatment of patients suffering from gastrointestinal, cardiovascular, respiratory, metabolic, endocrine, musculo-skeletal, allergic, dermatologic, and other disorders.

203. Psychoanalytic study of children. 16 hours (April–May). Dr. Ackerman.
Th. 11–1.

Definition of the common disorders of childhood; an adaptational view of child development. History, principles, and techniques of child psychotherapy.

204. Reparative psychotherapy. 16 hours (February–March). Dr. Goldman.
Th. 11–1.

The adaptational approach to psychotherapy. Goals of reparative psychotherapy; indications, methods, and maneuvers.

205. Supervision: reconstructive psychoanalytic therapy. Two hours weekly. Time to be arranged. Members of the staff.

Three cases are to be treated by reconstructive psychoanalytic therapy: the first two cases are to be started in December of the second year or when the candidate is considered adequately prepared; the third case is to be started six months later or when the candidate is adequately prepared. Patients are to be seen four or five times per week. Supervision is to be continued until the candidate has demonstrated adequate proficiency and independence to continue the analysis alone. At least one case should be carried to termination. Each student will have two supervisors. Minimum requirement: 150 supervisory sessions.

206. Supervision: reparative psychotherapy. 128 hours (September–May). Supervisors: Drs. Cooper, Easser, Gaylin, Hall, Savitsky, Shapiro, and Weber.

Tu. S. 11–1.

Two cases to be treated, each patient to be seen approximately twice a week. Each case to be supervised by a different instructor. Supervision in small sections.

Candidates are assigned to this course in second or third year, and in the alternate year are assigned to course 207.

207. Supervision: psychotherapy of medical patients. 128 hours (September–May). Supervisors: Drs. Bruch, Daniels, Gidro-Frank, A. Goldfarb, Lubart, Moses, and Moulton.

Tu. S. 11–1.

About three cases to be treated, each patient to be seen an average of twice a week. Individual supervision.

Candidates are assigned to this course in second or third year, and in the alternate year are assigned to course 206.

210a. Clinical conferences. 44 hours (September–May). Drs. Daniels, Hall, Ovesey, Senescu, and Weber.

S. 9–11.

Presentation of cases for discussion of detailed psychodynamics. Consideration of strategic and tactical problems in therapeutic technique.

210b. Clinical conferences: children. 20 hours (April–May). Drs. Ackerman, Dunton, W. Goldfarb, and Levy.

S. 9–11.

Presentation of child patients for discussion of clinical syndromes, problems of emotional development and of therapy.

THIRD YEAR

301. Methodology. 16 hours (September–November). Dr. W. Goldfarb.

M. 11–1.

An examination of the operational value of psychoanalytic concepts. Criteria for evaluating validity of theory. Basic concepts for psychoanalytic research.

302. Cultural determinants of behavior. 16 hours (November–January). Dr. Lubart.

M. 11–1.

A comparative study of human adaptation in several different cultures.

303. Tactics in psychoanalytic therapy. 16 hours (September–November). Dr. Ackerman.

Th. 11–1.

Special problems connected with the patient-therapist relationship; consideration of all factors deterring or distorting therapeutic progress which appear in patient, therapist, or in the interaction process.

304. Developmental trends in psychoanalysis. 16 hours (November–January). Dr. Cooper. *Not given in 1957–1958.*

305. Supervision: reconstructive psychoanalytic therapy. (205 continued.)

306. Supervision: reparative psychotherapy. (*206* continued.)

307. Supervision: psychotherapy of medical patients. (*207* continued.)

309. Supervision: diagnosis. Assignment to the Admissions Office of Outpatient Service between February of the third year and January of the fourth year, by rotation, four months. Supervisors: Drs. Karush, Coleman, Easser, Kennedy, Messer, and Strahl.

Th. 11–1.

Required clinical experience: One patient to be worked up diagnostically per week and one supervisory session per week.

310. Clinical conferences. 64 hours (September–May). Drs. Baker, Easser, Goldman, Jameson, Kardiner, and Karush. (*210a* continued.)

S. 9–11.

FOURTH YEAR

401 Analysis of clinical observations of behavior. 16 hours (September–November). Dr. Levy.

Tu. 11–1.

A study of developmental psychodynamics.

405. Supervision: reconstructive psychoanalytic therapy. (*305* continued.)

408. Supervision: psychotherapy of children. 64 hours (September–May). Drs. Ackerman, Dunton, W. Goldfarb, Levy, and Welsch.

M. 11–1.

An average of two or three patients will be treated. Supervision to be carried out in small sections.

409. Supervision: diagnosis. (*309* continued.)

410a. Clinical conferences. 32 hours (September–January). Drs. Ackerman, Klein, and Lubart. (*310* continued.)

S. 9–11.

410b. Research trends in psychoanalytic medicine. 32 hours (January–May). Members of the staff and guests.

S. 9–11.

Informal seminars conducted by specialists in various fields.

ADDITIONAL YEARS TOWARD COMPLETION OF REQUIREMENTS

Students in good standing who have not fulfilled the requirements for certification by June of their fourth year will be registered in the University, term by term, at half the regular tuition, until they are eligible to complete the qualifying examinations. During this time their Clinic assignments will include:

505. Supervision: reconstructive psychoanalytic therapy. (*405* continued.)

510. Clinical conferences. 64 hours (September–May). (*410* continued.)

S. 9–11.

510b. Research trends in psychoanalytic medicine. 32 hours (January–May). (*410b* continued.)

Columbia University

BULLETIN

Fifty-eighth Series, No. 28 June 28, 1958

FACULTY OF MEDICINE

The Psychoanalytic Clinic for Training and Research

GRADUATE TRAINING FOR QUALIFIED PHYSICIANS

1958-1959

COLUMBIA-PRESBYTERIAN MEDICAL CENTER
722 WEST 168TH STREET • NEW YORK 32, N.Y.

Applications should be submitted before January 1 of year for which candidate is applying.

Registration: June 19 and 20, 1958.

Program of lectures and other required work begins Monday of the week following Labor Day.

COLUMBIA UNIVERSITY BULLETIN • SERIES 58 • NO. 26 • JUNE 28, 1958 • 5,400 COPIES

Issued at Columbia University, Morningside Heights, New York 27, N.Y., weekly from January for forty-four consecutive issues. Second-class mail privileges authorized at New York, N.Y., under the Act of August 24, 1912.

PRINTED FOR THE UNIVERSITY BY COLUMBIA UNIVERSITY PRESS

FACULTY OF MEDICINE

Grayson Kirk, Ph.D., LL.D. . . . . *President of the University*

John A. Krout, Ph.D., L.H.D., LL.D. . . . . *Vice President of the University*

Howard C. Taylor, Ph.B., M.D. . . . . *Vice President in Charge of Medical Affairs; Dean of the Faculty of Medicine*

STAFF OF THE PSYCHOANALYTIC CLINIC

Lawrence C. Kolb, M.D. *Professor of Psychiatry; Chairman, Department of Psychiatry*

George E. Daniels, M.D. *Clinical Professor of Psychiatry; Director of the Clinic*

Nathan W. Ackerman, M.D. *Associate Clinical Professor of Psychiatry*
Grace Baker, M.D. *Associate in Psychiatry*
Hilde Bruch, M.D. *Associate Clinical Professor of Psychiatry*
Louise Coleman, M.D. *Instructor in Psychiatry*
Arnold Cooper, M.D. *Instructor in Psychiatry*
H. Donald Dunton, M.D. *Assistant Clinical Professor of Psychiatry*
B. Ruth Easser, M.D. *Assistant Clinical Professor of Psychiatry*
Willard Gaylin, M.D. *Instructor in Psychiatry*
Lothar Gidro-Frank, M.D. *Associate in Psychiatry*
Alvin I. Goldfarb, M.D. *Associate in Psychiatry*
William Goldfarb, M.D. *Assistant Clinical Professor of Psychiatry*
George S. Goldman, M.D. *Associate Clinical Professor of Psychiatry*
H. Lee Hall, M.D. *Associate in Psychiatry*
Abram Kardiner, M.D. *Lecturer in Psychiatry*
Saul H. Karlen, M.D. *Associate in Psychiatry*
Aaron Karush, M.D. *Associate Clinical Professor of Psychiatry*
Henriette R. Klein, M.D. *Associate Clinical Professor of Psychiatry*
Stanley R. Lesser, M.D. *Lecturer in Psychiatry*
David M. Levy, M.D. *Lecturer in Psychiatry*
Joseph M. Lubart, M.D. *Associate in Psychiatry*
Alfred A. Messer, M.D. *Instructor in Psychiatry*
John A. P. Millet, M.D. *Lecturer in Psychiatry*
Leon Moses, M.D. *Assistant Clinical Professor of Psychiatry*
Ruth E. Moulton, M.D. *Assistant Clinical Professor of Psychiatry*
Lionel Ovesey, M.D. *Associate Clinical Professor of Psychiatry*
Alvin H. Polatin, M.D. *Instructor in Psychiatry*
Elias Savitsky, M.D. *Associate in Psychiatry*
Robert A. Senescu, M.D. *Assistant Clinical Professor of Psychiatry*
Daniel Shapiro, M.D. *Associate in Psychiatry*
Margaret O. Strahl, M.D. *Instructor in Psychiatry*
C. Downing Tait, M.D. *Instructor in Psychiatry*
Richard Ward, M.D. *Instructor in Psychiatry*
John J. Weber, M.D. *Assistant Clinical Professor of Psychiatry*

COLLABORATING STAFF

Viola W. Bernard, M.D. *Associate Clinical Professor of Psychiatry*
Paul Goolker, M.D. *Lecturer in Psychiatry*
Paul H. Hoch, M.D. *Professor of Clinical Psychiatry*
Franz J. Kallmann, M.D. *Professor of Psychiatry* (Genetics)
Heinrich B. Waelsch, M.D., Ph.D. *Professor of Biochemistry*
Exie E. Welsch, M.D. *Associate in Psychiatry*
Joseph Zubin, Ph.D. *Professor of Psychology* (Biometrics)

VISITING LECTURER

Herbert Birch, Ph.D.

ASSOCIATE PSYCHOANALYSTS

Franz S. Cohn, M.D.
Richard L. Frank, M.D.
Edith Jacobson, M.D.
Bela Mittelmann, M.D.
Sandor Rado, M.D.
Milton R. Sapirstein, M.D.
Robert A. Savitt, M.D.
Max Stern, M.D.

CLINIC SOCIAL WORKERS

Mrs. Bluma Swerdloff
Mrs. Nettie Terestman

SANDOR RADO LECTURER, 1958–1959

To be announced

COLLABORATING STAFF FOR STATE HOSPITAL TRAINING PROGRAM

New York State Psychiatric Institute and The College of Physicians and Surgeons

Grace Baker, M.D.
John Cederquist, M.D.
H. Daniel DeWitt, M.D.
B. Ruth Easser, M.D.
Willard Gaylin, M.D.
Aaron Karush, M.D.
Roger MacKinnon, M.D.
Alvin Polatin, M.D.
Janet Rioch, M.D.
Robert Senescu, M.D.
Daniel Shapiro, M.D.
John J. Weber, M.D.

Harlem Valley State Hospital

Alfred A. Messer, M.D.
Elias Savitsky, M.D.

Hudson River State Hospital

Bertram August, M.D.
C. Downing Tait, M.D.

Manhattan State Hospital

Andre Ballard, M.D.
Elizabeth B. Davis, M.D.
Alvin Polatin, M.D.
Henry B. Richardson, M.D.
Daniel Shapiro, M.D.
Jack Sheps, M.D.

THE PSYCHOANALYTIC CLINIC FOR TRAINING AND RESEARCH

The Psychoanalytic Clinic for Training and Research, established in the Department of Psychiatry of Columbia University in January, 1945, has as its objectives the training of qualified physicians in the psychoanalytic method of treating patients who have various forms of adaptational failure known as psychiatric disorders; and fundamental research in the general field of psychoanalytic medicine and in related fields.

The teaching of psychoanalytic principles is carried out within an adaptational frame of reference. The phenomena of behavior are studied as adaptive processes of the human organism, both to his inner and outer environment. The training includes an evolutionary approach to human adaptation, a survey of the organic substrata of behavior, the relation of adaptational failure and stress to bodily disease, the cultural determinants of behavior, and a concept of mental health. The highest emphasis falls on psychodynamics, the laws of adaptation, the vicissitudes of adaptation under various forms of stress, and on the known methods of modifying disordered adaptation.

The course of training covers a period of not less than four years and includes (*a*) didactic lectures, (*b*) clinical conferences and demonstrations of the various clinical syndromes, and (*c*) intensive, systematic training in therapy under supervision.

A personal analysis is a basic and indispensable preparation for psychoanalytic training. In this analysis the student undertakes a penetrating psychological study of himself. He is expected to explore resolutely and thoroughly the unconscious reaches of his mind, trace his development back to the formative experiences of his childhood, and arrive at a better knowledge and more realistic appraisal of himself as an individual and as a product of a given period and culture. He is expected to overcome his personal difficulties and acquire a greater measure of self-direction, psychological and critical independence, and a more mature outlook on life. Personal analysis is a medical procedure. It is safeguarded by the Hippocratic oath of the physician, and by the laws, regulations, and ethical standards governing the practice of medicine.

Upon the satisfactory completion of this course of training—including written, oral, and practical examinations in the theory and practice of psychoanalytic medicine—a Certificate of Training in Psychoanalytic Medicine is awarded by Columbia University.

Candidates for the certificate, in addition to this course of training, may undertake a full year of basic research. These candidates may submit an application, to be considered by the Committee on Graduate Clinical Instruction, for registration for the degree of Doctor of Medical Science. Further information may be obtained from the Office of the Dean, 630 West 168th Street, New York 32, N.Y.

For the purposes of training and research, and also to serve the needs of the community, the Clinic maintains three therapeutic services: (*a*) a service for outpatients, (*b*) a service for medical patients, and (*c*) a service for children. These services are located at the New York State Psychiatric Institute, the Vanderbilt Clinic, and Babies Hospital at the Columbia-Presbyterian Medical Center.

REQUIREMENTS FOR ADMISSION

1. Graduation from a medical school approved by Columbia University.
2. Completion of an internship of not less than one year in a hospital approved by Columbia University.
3. Completion of at least one year of psychiatric residency in a hospital approved by Columbia University. Applicants with psychiatric residency in the New York State Psy-

chiatric Institute will receive preference, but applicants with other residencies and applicants who have completed their residencies will also be accepted.

Prospective applicants should consult the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, for preliminary approval of their contemplated personal analyses. This preliminary approval does not constitute admission to graduate training. Otherwise acceptable students may be allowed to complete their personal analyses during the period of graduate training.

4. Approval of application by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine.

Advanced standing. Candidates may be granted credit for courses that have been satisfactorily completed elsewhere if such courses are considered by the Director to be equivalent to those given in this Clinic.

APPLICATIONS

Applications for admission to training must be submitted in duplicate before January 1 of the year for which the applicant wishes to be considered for admission. Applications for future training will be received throughout the year. Application forms may be secured from the Psychoanalytic Clinic for Training and Research, Department of Psychiatry, Columbia University, 722 West 168th Street, New York 32, N.Y. The completed forms must be accompanied by the application fee of $10; this fee is not returnable and is not credited toward tuition. After filing application blanks, every prospective candidate must see members of the Committee on Admissions in person and take psychological tests, for which the fee is $25. Those with applications on file will be told the exact dates of these appointments at least two weeks in advance.

REGISTRATION AND FEES

After their applications have been approved by the Psychoanalytic Clinic for Training and Research, the Department of Psychiatry, and the Faculty of Medicine, candidates must register in person at the Office of the Registrar, 2–405, 630 West 168th Street, New York 32, N.Y., on June 19 or 20.

The University and tuition fees for the course of graduate training are $1,148 for the academic year. Candidates who have not fulfilled the certification requirements within the minimum four-year period may be enrolled on a half-time basis with University and tuition fees of $586 for the academic year. The University fee (not refundable) and the tuition fee are payable semiannually in advance, at the beginning of each winter and spring session. Registration will not be complete until these fees are paid.

Loan fund. Limited financial assistance is available to candidates. For further information, consult the Administrative Office of the Clinic, 722 West 168th Street.

ACADEMIC DISCIPLINE

The continuance of each candidate upon the rolls of the University, the receipt by him of academic credits, his graduation, and the conferring of any degree or the granting of any certificate are strictly subject to the disciplinary powers of the University, which is free to cancel his registration at any time on any grounds which it deems advisable. The disciplinary authority of the University is vested in the President in such cases as he deems proper, and, subject to the reserved powers of the President, in the dean of each faculty and the director of the work of each administrative board.

PROGRAM

The University reserves the right to withdraw or modify the courses of instruction or to change the instructors as may be necessary.

PERSONAL ANALYSIS

The personal analysis of candidates may be begun after notification of admission to the Clinic. It is to be carried out by a psychoanalyst accredited for this purpose by the Psychoanalytic Clinic for Training and Research. The analysis must be completed prior to graduation. Arrangements for payment of fees for personal analysis are made privately by the candidate and the analyst. The maximum fee is $15 per analytic session. All candidates should consult the student adviser, Dr. Hall, before entering into final arrangements with a training analyst.

FIRST YEAR

101. Introduction to psychoanalytic training. 6 hours (September). Dr. Daniels and members of the staff.

Th. 11–1.

102. Historical development of Freudian theory. 32 hours (September–January). Dr. Ovesey.

M. 11–1.

103a. Psychodynamics: psychoanalytic theory of human adaptation. 32 hours (September–January). Dr. Karush.

Tu. 11–1.

The adaptational frame of reference. The motivational context. Conscious and unconscious dynamic processes. Levels of integration. Reparative processes. Development of the Self. Emergency behavior. Development of conscience. Behavior in alimentary, evacuative, sexual, and manipulative areas. Social integration of the individual.

103b. Psychodynamics: psychoanalytic theory of disordered adaptation. 32 hours (February–May). Dr. Ovesey.

M. 11–1.

Dynamics of conflict; mechanism of defense; traumatic, phobic, obsessive-compulsive, hysteric, depressive, and paranoid reactions; disorders of sexual behavior; disorders of the socio-sexual role; mechanisms of magical repair; psychotherapeutic considerations.

103c. Seminar in psychodynamics (elective). 16 hours (September–January). Dr. Karush and members of the staff.

S. 11–12.

104a. Introduction to psychoanalytic therapy: history of psychoanalytic therapy. 16 hours (January–February). Dr. Klein.

Th. 11–1.

The basic principles underlying psychoanalytic technique will be considered from a theoretic and historic perspective.

104b. Introduction to psychoanalytic therapy: the data of psychoanalytic technique. 16 hours (March–May). Dr. Goldman.

Tu. 11–1.

Direct experience. Observed behavior. The utilization of free association, dreams, "acting out," and other data in psychoanalytic therapy.

105. Cultural determinants of behavior. 16 hours (January–March). Dr. Lubart.

Tu. 11–1.

A critical examination of Freudian sociology followed by a comparative study of human adaptation in in several different cultures.

106. Animal behavior and human psychology. 24 hours (February–May). Dr. Birch.
S. 11–1.

The meaning of adaptation as studied in the evolutionary scale. The concept of instinct in the light of the evolution of modifiability of adaptation. Evolution of emotion, social relations, communication, and maladaptation. The human animal.

107. The major psychoses. 24 hours (February–May). Dr. Senescu.
Th. 11–1.

The development and clinical picture of the major psychoses. Review of clinical syndromes from an adaptational point of view. Survey of recent literature.
This course is open to second- and third-year residents of the Psychiatric Institute.

108. Basic science courses (elective). These courses are given by the Department of Psychiatry of Columbia University as part of the Postgraduate Course in Neurology and Psychiatry. They are recommended to students who have not had equivalent instruction previously.

108a. Biochemistry and human behavior. 10 hours (October–December). Dr. Waelsch.
Th. 10–11.

108b. Genetics and human behavior. 10 hours (October–December). Dr. Kallmann.
Th. 11–12.

108c. Biometric methods in psychopathology. 10 hours (October–December). Dr. Zubin.
Th. 12–1.

110. Case demonstrations; interview techniques. 64 hours (September–May). Drs. Ackerman, Gaylin, Goldman, Karlen, Klein, Polatin, and Shapiro.
S. 9–11.

Demonstration and discussion of interview techniques. Observation and perception of verbal and nonverbal communication. Management of interview. Delineation of clinical picture and gross psychodynamics.

SECOND YEAR

201. Technique of psychoanalytic therapy. 64 hours (September–May). Dr. Kardiner.
M. 11–1.

Introduction to psychoanalytic therapy. The technique of modifying human adaptation. The strategy and goals of treatment as illustrated by study of the course of treatment of completed cases. The factors in patient and therapist that influence outcome. Criteria for evaluating progress, and examination of typical obstacles to alteration.

202. Comprehensive medicine. 32 hours (September–January). Dr. Daniels, Dr. Moses, and other members of the staff.
Th. 11–1.

Psychodynamic aspects of the organism in physical disease. Emotional factors in the pathology and treatment of patients suffering from gastrointestinal, cardiovascular, respiratory, metabolic, endocrine, musculo-skeletal, allergic, dermatologic, and other disorders.

203. Psychoanalytic study of children. 16 hours (April–May). Dr. Ackerman.
Th. 11–1.

Definition of the common disorders of childhood; an adaptational view of child development. History, principles, and techniques of child psychotherapy.

204. Reparative psychotherapy. 16 hours (February–March). Dr. Goldman.
Th. 11–1.

The adaptational approach to psychotherapy. Goals of reparative psychotherapy; indications, methods, and maneuvers.

205. Supervision: reconstructive psychoanalytic therapy. Two hours weekly. Time to be arranged. Members of the staff.

Three cases are to be treated by reconstructive psychoanalytic therapy; the first two cases are to be started in December of the second year or when the candidate is considered adequately prepared; the third case is to be started six months later or when the candidate is adequately prepared. Patients are to be seen four or five times per week. Supervision is to be continued until the candidate has demonstrated adequate proficiency and independence to continue the analysis alone. At least one case should be carried to termination. Each student will have two supervisors. Minimum requirement: 150 supervisory sessions.

206. Supervision: reparative psychotherapy. 128 hours (September–May). Supervisors: Drs. Cooper, Easser, Gaylin, Hall, Karlen, Lesser, Savitsky, Shapiro, and Weber.

Tu. S. 11–1.

Two cases to be treated, each patient to be seen approximately twice a week. Each case to be supervised by a different instructor. Supervision in small sections.

Candidates are assigned to this course in second or third year, and in the alternate year are assigned to course 207.

207. Supervision: psychotherapy of medical patients. 64 hours (September–May). Supervisors: Drs. Bruch, Daniels, Gidro-Frank, A. Goldfarb, Lubart, Millet, Moses, and Moulton.

Tu. S. 11–1.

About three cases to be treated, each patient to be seen an average of twice a week. Individual supervision.

Candidates are assigned to this course in second or third year, and in the alternate year are assigned to course 206.

210a. Clinical conferences. 44 hours (September–May). Drs. Daniels, Hall, Kolb, Ovesey, Senescu, and Tait.

S. 9–11.

Presentation of cases for discussion of detailed psychodynamics. Consideration of strategic and tactical problems in therapeutic technique.

210b. Clinical conferences: children. 20 hours (April–May). Drs. Ackerman, Dunton, W. Goldfarb, and Levy.

S. 9–11.

Presentation of child patients for discussion of clinical syndromes, problems of emotional development and of therapy.

THIRD YEAR

301. Methodology. 16 hours (September–November). Dr. W. Goldfarb.

M. 11–1.

An examination of the operational value of psychoanalytic concepts. Criteria for evaluating validity of theory. Basic concepts for psychoanalytic research.

302. Cultural determinants of behavior. 16 hours (November–January). Dr. Lubart.

M. 11–1.

To be given in 1958–1959 only; thereafter, in the first year.

A comparative study of human adaptation in several different cultures.

303. Tactics in psychoanalytic therapy. 16 hours (September–November). Dr. Ackerman.

Th. 11–1.

Special problems connected with the patient-therapist relationship; consideration of all factors deterring or distorting therapeutic progress which appear in patient, therapist, or in the interaction process.

304. Developmental trends in psychoanalysis. 16 hours (November–January). Dr. Cooper.

Th. 11–1.

The contributions of Adler, Jung, Ferenczi, Abraham, Rank, Horney, Sullivan, Hartmann, Kris, and Lowenstein.

305. Supervision: reconstructive psychoanalytic therapy. (*205* continued.)

306. Supervision: reparative psychotherapy. (*206* continued.)

307. Supervision: psychotherapy of medical patients. (*207* continued.)

309. Supervision: diagnosis. Assignment to the Admissions Office of Outpatient Service between February of the third year and January of the fourth year, by rotation, four months. Supervisors: Drs. Karush, Coleman, Easser, Messer, and Strahl.

Th. 11–1.

Required clinical experience: One patient to be worked up diagnostically per week and one supervisory session per week.

310. Clinical conferences. 64 hours (September–May). Drs. Easser, Goldman, Kardiner, Karush, Ward, and Weber. (*210a* continued.)

S. 9–11.

FOURTH YEAR

401. Analysis of clinical observations of behavior. 16 hours (September–November). Dr. Levy.

Tu. 11–1.

A study of developmental psychodynamics.

405. Supervision: reconstructive psychoanalytic therapy. (*305* continued.)

408. Supervision: psychotherapy of children. 64 hours (September–May). Drs. Ackerman, Dunton, W. Goldfarb, Levy, and Welsch.

M. 11–1.

An average of two or three patients will be treated. Supervision to be carried out in small sections.

409. Supervision: diagnosis. (*309* continued.)

410a. Clinical conferences. 32 hours (September–January). Drs. Ackerman, Klein, and Messer. (*310* continued.)

S. 9–11.

410b. Research trends in psychoanalytic medicine. 32 hours (January–May). Drs. Ovesey, and Shapiro, members of the staff, and guests.

S. 9–11.

Informal seminars conducted by specialists in various fields.

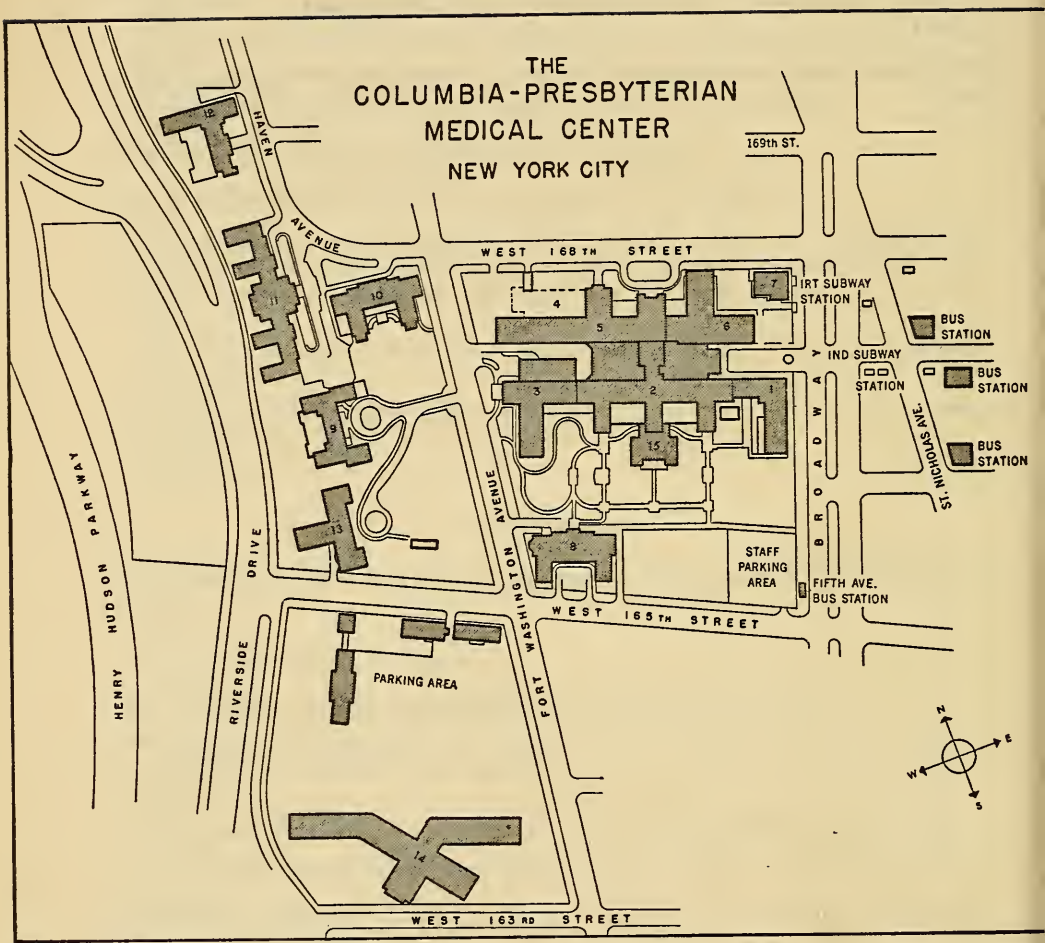
ADDITIONAL YEARS TOWARD COMPLETION OF REQUIREMENTS

Students in good standing who have not fulfilled the requirements for certification by June of their fourth year will be registered in the University, term by term, at half the regular tuition, until they are eligible to complete the qualifying examinations. During this time their clinic assignments will include:

505. Supervision: reconstructive psychoanalytic therapy. (*405* continued.)

510. Clinical conferences. 64 hours (September–May). (*410* continued.)
S. 9–11.

510b. Research trends in psychoanalytic medicine. 32 hours (January–May). (*410b* continued.)



1. BABIES HOSPITAL
2. PRESBYTERIAN HOSPITAL
   N. Y. ORTHOPAEDIC HOSPITAL
   SLOANE HOSPITAL
   SQUIER UROLOGICAL CLINIC
3. HARKNESS PAVILION
4. POWER HOUSE
5. COLLEGE OF PHYSICIANS AND SURGEONS
6. VANDERBILT CLINIC
   SCHOOL OF DENTAL AND ORAL SURGERY
7. N. Y. CITY DEPT. OF HEALTH
   SCHOOL OF PUBLIC HEALTH AND ADMINISTRATIVE MEDICINE
8. INSTITUTE OF OPHTHALMOLOGY
9. MAXWELL HALL
10. NEUROLOGICAL INSTITUTE
11. N. Y. STATE PSYCHIATRIC INSTITUTE
12. BARD HALL
13. HARKNESS MEMORIAL HALL
14. FRANCIS DELAFIELD HOSPITAL, N. Y. C.
15. PAULINE A. HARTFORD MEMORIAL CHAPEL